

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

Miles	Miles	Miles	Miles	Miles		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
						MX																	
						A													B			C	D
0	—	—	—	—	Treherbert	d																	
0½	—	—	—	—	Ynyswen	d																06 16	06 16
1¼	—	—	—	—	Treorchy	d																06 21	06 21
2¼	—	—	—	—	Ton Pentre	d																06 24	06 24
3¼	—	—	—	—	Ystrad Rhondda	a																06 26	06 26
—	—	—	—	—		d																06 28	06 28
4¼	—	—	—	—	Llwynypia	d																06 30	06 30
5¼	—	—	—	—	Tonypandy	d																06 33	06 33
6	—	—	—	—	Dinas Rhondda	d																06 35	06 35
7¼	—	—	—	—	Porth	a																06 38	06 38
—	—	—	—	—		d																06 39	06 39
8¼	—	—	—	—	Trehafof	d																06 42	06 42
—	—	0	—	—	Merthyr Tydfil	d																06 08	
—	—	1½	—	—	Pentre-bach	d																06 12	
—	—	2¼	—	—	Troed Y Rhiw	d																06 15	
—	—	4¼	—	—	Merthyr Vale	a																06 18	
—	—	—	—	—		d																06 20	
—	—	6¼	—	—	Quakers Yard	d																06 25	
—	—	—	—	0	Aberdare	d																05 51	
—	—	—	—	1½	Cwmbach	d																05 54	
—	—	—	—	2¼	Fernhill	d																06 02	
—	—	—	—	3¼	Mountain Ash	a																06 05	
—	—	—	—	—		d																06 06	
—	—	—	—	5	Penrhwiwceiber	d																06 09	
—	—	8¼	—	7¼	Abercynon	d																06 16	06 30
10¼	—	11¼	—	11	Pontypridd	a																06 14	06 24
—	—	—	—	—		d																06 15	06 24
11¼	—	—	—	—	Trefforest	d																06 18	06 27
14	—	—	—	—	Trefforest Estate	d																05 18	
16¼	—	—	—	—	Taffs Well	d																05 21	
18¼	—	—	—	0	Radyr	a																05 25	
—	—	—	—	—		d																05 29	
—	—	—	—	1½	Danescourt	d																05 33	
—	—	—	—	2	Fairwater	d																05 33	
—	—	—	—	2¼	Waun-gron Park	d																	
—	—	—	—	3¼	Ninian Park	d																	
19¼	—	—	—	—	Llandaf	d																05 36	
21¼	—	—	—	—	Cathays	d																05 40	
—	—	0	—	—	Rhymney	a																	
—	—	1	—	—	Pontlottyn	d																	
—	—	3¼	—	—	Tir-phil	d																	
—	—	4¼	—	—	Brithdir	d																	
—	—	6	—	—	Bargoed	a																	
—	—	—	—	—		d																	
—	—	6¼	—	—	Gilfach Fargoed	d																	
—	—	7¼	—	—	Pengam	d																	
—	—	9¼	—	—	Hengoed	d																	
—	—	10¼	—	—	Ystrad Mynach	d																	
—	—	13	—	—	Llanbradach	d																	
—	—	14¼	—	—	Energlyn & Churchill Park	d																	
—	—	15	—	—	Aber	d																	
—	—	15¼	—	—	Caerphilly	d																	
—	—	18¼	—	—	Lisvane & Thornhill	d																	06 11
—	—	19¼	—	—	Llanishen	d																	06 15
—	—	20¼	—	—	Heath High Level	d																	06 17
—	—	—	—	—		d																	06 20
—	—	0	—	—	Coryton	d																	06 45
—	—	0¼	—	—	Whitchurch (Cardiff)	d																	06 46
—	—	0¼	—	—	Rhiwbina	d																	06 48
—	—	1¼	—	—	Birchgrove	d																	06 50
—	—	1½	—	—	Ty Glas	d																	06 51
—	—	2¼	—	—	Heath Low Level	d																	06 54
22¼	22¼	4¼	—	—	Cardiff Queen Street	a																	
—	—	—	—	—		d	00 01																05 45
23	23¼	—	4¼	—	Cardiff Central	a																	05 45
—	—	—	—	—		d	00 05																05 49
24	24¼	—	—	—	Grangetown	d																	05 20
—	—	—	—	—		d																	05 42
—	—	26¼	—	—	Dingle Road	d																	05 46
—	—	27	—	—	Penarth	a																	05 50
25¼	—	—	—	—	Cogan	d																	05 54
26¼	—	—	—	—	Eastbrook	d																	05 59
27¼	—	—	—	—	Dinas Powys	d																	06 03
29¼	—	—	—	—	Cadoxton	d																	06 05
30¼	—	—	—	—	Barry Docks	d																	06 07
31¼	—	0	—	—	Barry	a																	06 11
32¼	—	—	—	—	Barry Island	a																	06 41
—	—	—	—	—		d																	06 44
—	—	3¼	—	—	Rhose Cardiff Int Airport	d		</															

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW	AW B	AW	AW	AW	AW A	AW	AW	AW B	AW	AW	AW	AW	AW A	AW	AW B	AW
Treherbert	d					06 46									07 16						07 45
Ynyswen	d					06 48									07 18						07 47
Treorchy	d					06 51									07 21						07 51
Ton Pentre	d					06 54									07 24						07 54
Ystrad Rhondda	a					06 56									07 26						07 56
	d					06 58									07 28						07 58
Llwynypia	d					07 00									07 30						08 00
Tonypanyd	d					07 03									07 33						08 03
Dinas Rhondda	d					07 05									07 36						08 05
Porth	a					07 08									07 39						08 08
	d					07 09									07 40						08 09
Trehafod	d					07 12									07 43						08 12
Merthyr Tydfil	d			06 38							07 08										07 38
Pentre-bach	d			06 42							07 12										07 42
Troed Y Rhiw	d			06 45							07 15										07 45
Merthyr Vale	a			06 48							07 18										07 48
	d			06 50							07 20										07 50
Quakers Yard	d			06 55							07 25										07 55
Aberdare	d					06 52									07 22						
Cwmbach	d					06 55									07 25						
Fernhill	d					06 58									07 28						
Mountain Ash	a					07 02									07 32						
	d					07 04									07 34						
Penrhiwceiber	d					07 07									07 37						
Abercynon	d			07 00							07 30					07 45					08 00
Pontypridd	a			07 07		07 19	07 24				07 38			07 49	07 55						08 08
	d			07 08		07 19	07 24				07 38			07 49	07 55						08 08
Trefforest	d			07 11		07 22	07 27				07 41			07 52	07 58						08 11
Trefforest Estate	d			07 15							07 45										08 15
Taffs Well	a			07 19		07 29	07 34				07 49			07 59	08 05						08 19
Radyr	a			07 23		07 33	07 38				07 53			08 03	08 09						08 23
	d			07 23		07 33	07 38				07 53			08 03	08 09	08 13					08 23
Danescourt	d					07 37								08 07							08 37
Fairwater	d					07 39								08 09							08 39
Waun-gron Park	d					07 41								08 11							08 41
Ninian Park	d					07 44								08 14							08 44
Llandaf	d			07 26		07 36	07 41				07 56			08 06		08 16					08 26
Cathays	d			07 31		07 40	07 46				08 01			08 11	08 15	08 20					08 31
Rhymney	d	06 30						07 00													07 24
Pontlottyn	d	06 33						07 03													07 27
Tir-phil	d	06 38						07 08													07 31
Brithdir	d	06 40						07 10													07 34
Bargoed	a	06 44						07 15													07 39
	d	06 44						07 15													07 43
Gilfach Fargoed	d	06 47		07 02				07 18			07 32										07 46
Pengam	d	06 49		07 04				07 18													07 49
Hengoed	d	06 53		07 07				07 20			07 37										07 53
Ystrad Mynach	d	06 56		07 10				07 24			07 40										07 56
Llanbradach	d	07 01		07 13				07 27			07 43										08 01
Energlyn & Churchill Park	d	07 04		07 18				07 31			07 48										08 05
Aber	d	07 07				07 22		07 38			07 52										08 08
Caerphilly	d	07 10				07 25		07 40			07 55										08 11
Lisvane & Thornhill	d	07 14				07 29		07 45			07 59										08 16
Llanishen	d	07 16				07 31		07 47			08 01										08 18
Heath High Level	d	07 19				07 34		07 50			08 04										08 21
Coryton	d		07 15							07 45											08 15
Whitchurch (Cardiff)	d		07 16							07 46											08 16
Rhiwbina	d		07 18							07 48											08 18
Birchgrove	d		07 20							07 50											08 20
Ty Glas	d		07 21							07 51											08 21
Heath Low Level	d		07 24							07 54											08 24
Cardiff Queen Street	a	07 25	07 31	07 35	07 40	07 45	07 50	07 56	08 00	08 05	08 10	08 15	08 20	08 25	08 28	08 31	08 35	08 40	08 45	08 50	08 55
	d	07 26	07 31	07 35	07 41	07 46	07 51	07 56	08 01	08 06	08 11	08 15	08 20	08 25	08 28	08 32	08 36	08 40	08 45	08 50	08 55
Cardiff Central	a	07 30	07 35	07 38	07 45	07 50	07 55	08 00	08 05	08 10	08 15	08 20	08 25	08 29	08 32	08 36	08 40	08 45	08 50	08 55	09 00
	d	07 32		07 42	07 51	07 46	07 50	07 55	08 01	08 10	08 18	08 25	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29	09 37
Grangetown	d	07 36		07 46	07 50	07 55	08 01	08 06	08 11	08 14	08 22	08 29	08 37	08 45	08 53	09 01	09 09	09 17	09 25	09 33	09 41
Dingle Road	d	07 42			07 56	08 01	08 06	08 11	08 15	08 27	08 30	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29	09 37	09 45
Penarth	a	07 46			08 01	08 03	08 05	08 08	08 11	08 18	08 20	08 22	08 25	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29
Cogan	d		07 49			08 03	08 05	08 08	08 11	08 18	08 20	08 22	08 25	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29
Eastbrook	d		07 52			08 05	08 07	08 10	08 13	08 20	08 22	08 24	08 27	08 35	08 43	08 51	08 59	09 07	09 15	09 23	09 31
Dinas Powys	d		07 54			08 07	08 11	08 14	08 17	08 22	08 26	08 29	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29	09 37
Cadoxton	d		07 58			08 11	08 14	08 17	08 20	08 26	08 29	08 33	08 41	08 49	08 57	09 05	09 13	09 21	09 29	09 37	09 45
Barry Docks	d		08 01			08 14	08 18	08 21	08 24	08 29	08 33	08 37	08 45	08 53	09 01	09 09	09 17	09 25	09 33	09 41	09 49
Barry	d		08 05	08a09		08 18	08 22	08 25	08 28	08 33	08 37	08 41	08 49	08 57	09 05	09 13	09 21	09 29	09 37	09 45	09 53
Barry Island	a					08 24	08 28</														

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Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW		
			A			B						A					B				A			B		
Treherbert	d							08 16																		
Ynyswen	d							08 18																		
Treorchy	d							08 21																		
Ton Pentre	d							08 24																		
Ystrad Rhondda	a							08 26																		
	d							08 28																		
Llwynypia	d							08 30																		
Tonypanyd	d							08 33																		
Dinas Rhondda	d							08 35																		
Porth	a							08 38																		
	d							08 39																		
Trehafof	d							08 42																		
Merthyr Tydfil	d			08 08																						
Pentre-bach	d			08 12																						
Troed Y Rhiw	d			08 15																						
Merthyr Vale	a			08 18																						
	d			08 20																						
Quakers Yard	d			08 25																						
	d																									
Aberdare	d	07 52																								
Cwmbach	d	07 55																								
Fernhill	d	07 58																								
Mountain Ash	a	08 02																								
	d	08 04																								
Penrhiwceiber	d	08 07																								
Abercynon	d	08 15		08 30																						
Pontypridd	a	08 24		08 38				08 49	08 54																	
	d	08 24		08 38				08 49	08 54																	
Trefforest	d	08 27		08 41				08 52	08 57																	
Trefforest Estate	d			08 45																						
Taffs Well	d	08 34		08 49				08 59	09 04																	
Radyr	a	08 38		08 53				09 03	09 08																	
	d	08 38		08 53		09 03		09 03	09 08																	
Danescourt	d					09 07																				
Fairwater	d					09 09																				
Waun-gron Park	d					09 11																				
Ninian Park	d					09 14																				
Llandaf	d	08 41		08 56				09 06	09 11																	
Cathays	d	08 46		09 01				09 11	09 16																	
Rhymney	d																									
Pontlottyn	d							08 33																		
Tir-phil	d							08 40																		
Brithdir	d							08 43																		
Bargoed	a							08 47																		
	d							08 47																		
Gilfach Fargoed	d	08 14		08 32																						
Pengam	d	08 17																								
Hengoed	d	08 19		08 37				08 52																		
Ystrad Mynach	d	08 23		08 40				08 55																		
Llanbradach	d	08 26		08 43				08 58																		
Energlyn & Churchill Park	d	08 30		08 48				09 03																		
Aber	d	08 34																								
Caerphilly	d	08 36		08 52				09 07																		
Lisvane & Thornhill	d	08 40		08 55				09 10																		
Llanishen	d	08 44		08 59				09 14																		
Heath High Level	d	08 46		09 01				09 16																		
	d	08 49		09 04				09 19																		
Coryton	d			08 45																						
Whitchurch (Cardiff)	d			08 46																						
Rhiwbina	d			08 48																						
Birchgrove	d			08 50																						
Ty Glas	d			08 51																						
Heath Low Level	d			08 54																						
Cardiff Queen Street	a	08 50	08 55	09 00	09 05	09 10		09 15	09 20	09 25	09 30	09 35	09 40		09 45	09 50		09 55	10 00	10 05	10 10	10 15	10 20			
	d	08 51	08 56	09 01	09 06	09 11		09 16	09 21	09 26	09 31	09 36	09 41		09 46	09 51		09 56	10 01	10 06	10 11	10 16	10 21			
Cardiff Central	a	08 55	09 00	09 05	09 10	09 15	09 20	09 21	09 25	09 30	09 35	09 40	09 45	09 50	09 51	09 55		10 00	10 05	10 10	10 15	10 20	10 25			
	d	08 55	09 01	09 10	09 16			09 25	09 31	09 37	09 43	09 49	09 55		10 01	10 07		10 13	10 19	10 25	10 31	10 37	10 43			
Grangetown	d	08 59	09 05	09 14	09 22			09 29	09 37	09 45	09 53	10 01	10 09		10 17	10 25		10 33	10 41	10 49	10 57	11 05	11 13			
Dingle Road	d		09 11		09 26				09 41		09 56				10 11				10 26							
Penarth	a		09 16		09 31				09 46		10 01				10 16				10 31							
Cogan	d	09 03		09 18				09 33			09 48				10 03				10 18							
Eastbrook	d	09 05																								

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Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW	AW	AW B	AW	AW	AW	AW	AW	AW A	AW	AW	AW	AW	AW	AW A	AW	AW	AW	AW B	AW	
Treherbert	d					09 46													10 16				10 46
Ynyswen	d					09 48													10 18				10 48
Treorchy	d					09 51													10 21				10 51
Ton Pentre	d					09 54													10 24				10 54
Ystrad Rhondda	d					09 56													10 26				10 56
Llwynypia	d					09 58													10 28				10 58
Tonypanyd	d					10 00													10 30				11 00
Dinas Rhondda	d					10 03													10 33				11 03
Porth	d					10 05													10 35				11 05
Trehafod	d					10 08													10 38				11 08
	d					10 09													10 52				11 09
	d					10 12													10 55				11 12
Merthyr Tydfil	d			09 38				10 04														10 38	
Pentre-bach	d			09 42				10 08														10 42	
Troed Y Rhiw	d			09 45				10 11														10 45	
Merthyr Vale	d			09 48				10 14														10 48	
	a			09 50				10 15														10 52	
Quakers Yard	d			09 55				10 21														10 57	
Aberdare	d							09 52											10 22				
Cwmbach	d							09 55											10 25				
Fernhill	d							09 58											10 28				
Mountain Ash	a							10 02											10 32				
	d							10 04											10 34				
Penrhiwceiber	d							10 07											10 37				
Abercynon	d			10 00				10 15	10 25										10 45			11 01	
Pontypridd	a			10 08			10 19	10 24	10 33										10 54		11 01	11 08	
	d			10 08			10 19	10 24					10 39						10 54		11 04	11 08	
Trefforest	d			10 11			10 22	10 27					10 42						10 57		11 07	11 11	
Trefforest Estate	d			10 15																		11 15	
Taffs Well	d			10 19			10 29	10 34					10 49						11 04		11 14	11 19	
Radyr	a			10 23			10 33	10 38					10 53						11 08		11 19	11 23	
	d			10 23		10 33	10 33	10 38					10 53						11 03	11 08	11 21	11 23	11 33
Danescourt	d																		11 07				11 37
Fairwater	d																		11 09				11 39
Waun-gron Park	d																		11 11				11 41
Ninian Park	d																		11 14				11 44
Llandaf	d			10 26		10 36	10 41						10 56						11 11			11 26	11 36
Cathays	d			10 31		10 40	10 46						11 01						11 16			11 31	11 40
Rhymney	d	09 27																	10 27				
Pontlottyn	d	09 30																	10 30				
Tir-phil	d	09 35																	10 35				
Brithdir	d	09 37																	10 37				
Bargoed	a	09 43																	10 43				
	d	09 44			10 00				10 17				10 32						10 44				11 00
Gilfach Fargoed	d								10 19														
Pengam	d	09 49			10 04				10 22				10 37						10 49				11 04
Hengoed	d	09 53			10 08				10 25				10 40						10 53				11 08
Ystrad Mynach	d	09 56			10 11				10 28				10 43						10 56				11 11
Llanbradach	d	10 00			10 15				10 33				10 48						11 00				11 15
Energlyn & Churchill Park	d	10 04			10 19														11 04				11 19
Aber	d	10 06			10 21				10 37				10 52						11 06				11 21
Caerphilly	d	10 10			10 25				10 40				10 55						11 10				11 25
Lisvane & Thornhill	d	10 14			10 29				10 44				10 59						11 14				11 29
Llanishen	d	10 16			10 31				10 46				11 01						11 16				11 31
Heath High Level	d	10 19			10 34				10 49				11 04						11 19				11 34
Coryton	d	10 15											10 45									11 15	
Whitchurch (Cardiff)	d	10 16											10 46									11 16	
Rhiwbina	d	10 18											10 48									11 18	
Birchgrove	d	10 20											10 50									11 20	
Ty Glas	d	10 21											10 51									11 21	
Heath Low Level	d	10 24											10 54									11 24	
Cardiff Queen Street	a	10 25	10 30	10 35	10 40	10 45	10 50	10 55	11 00	11 05	11 10	11 15	11 20	11 25	11 30	11 35	11 40	11 45	11 50	11 55	12 00	12 05	12 10
	d	10 26	10 31	10 36	10 41	10 46	10 51	10 56	11 01	11 06	11 11	11 16	11 21	11 26	11 31	11 36	11 41	11 46	11 51	11 56	12 01	12 06	12 11
Cardiff Central	a	10 30	10 35	10 40	10 45	10 50	10 55	11 00	11 05	11 10	11 15	11 20	11 25	11 30	11 33	11 35	11 40	11 45	11 50	11 55	12 00	12 05	12 10
	d	10 31	10 36	10 41	10 46	10 51	10 56	11 01	11 06	11 11	11 16	11 21	11 26	11 31	11 34	11 37	11 42	11 47	11 52	11 57	12 02	12 07	12 12
Grangetown	d	10 37	10 42	10 47	10 52	10 57	11 02	11 07	11 12	11 17	11 22	11 27	11 32	11 37	11 40	11 43	11 46	11 49	12 04	12 09	12 14	12 19	12 24
Dingle Road	d	10 41	10 46	10 51	10 56	11 01	11 06	11 11	11 16	11 21	11 26	11 31	11 36	11 41	11 44	11 47	11 50	11 53	12 08	12 13	12 18	12 23	12 28
Penarth	a	10 46	10 51	10 56	11 01	11 06	11 11	11 16	11 21	11 26	11 31	11 36	11 41	11 46	11 51	11 56	12 01	12 06	12 11	12 16	12 21	12 26	12 31
	d		10 48	10 53	10 58	11 03	11 08	11 13	11 18	11 23	11 28	11 33	11 38	11 43	11 48	11 53	11 58	12 03	12 08	12 13	12 18	12 23	12 28
Cogan	d		10 51	10 56	11 01	11 06	11 11	11 16	11 21	11 26	11 31	11 36	11 41	11 46	11 51	11 56	12 01	12 06	12 11	12 16	12 21	12 26	12 31
Eastbrook	d		10 53	10 58	11 03	11 08	11 13	11 18	11 2														

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW	AW A	AW	AW	AW B	AW	AW		AW	AW A	AW	AW	AW B	AW	AW	AW	AW A		AW	AW	AW B	AW	AW
Treherbert	d						11 16								11 46									12 16
Ynyswen.....	d						11 18								11 48									12 18
Treorchy.....	d						11 21								11 51									12 21
Ton Pentre.....	d						11 24								11 54									12 24
Ystrad Rhondda.....	d						11 26								11 56									12 26
Llwynypia.....	d						11 28								11 58									12 28
Tonypandy.....	d						11 30								12 00									12 30
Dinas Rhondda.....	d						11 33								12 03									12 33
Porth.....	d						11 35								12 05									12 35
Trehafof.....	d						11 38								12 08									12 38
Merthyr Tydfil	d			11 08			11 42				11 38												12 08	
Pentre-bach.....	d			11 12							11 42												12 12	
Troed Y Rhiw.....	d			11 15							11 45												12 15	
Merthyr Vale.....	a			11 18							11 48												12 18	
Quakers Yard.....	d			11 20							11 50												12 20	
Aberdare	d	10 52									11 55												12 25	
Cwmbach.....	d	10 55																						12 22
Fernhill.....	d	10 58																						12 25
Mountain Ash.....	a	11 02																						12 28
Penrhiwceiber.....	d	11 04																						12 32
Abercynon.....	d	11 07																						12 34
Pontypridd	d	11 15		11 30											12 00								12 30	12 37
Trefforest.....	a	11 23		11 38			11 49	11 54							12 08								12 30	12 45
Trefforest Estate.....	d	11 24		11 38			11 49	11 54							12 08								12 38	12 54
Taffs Well.....	d	11 27		11 41			11 52	11 57							12 11								12 41	12 57
Radyr.....	d	11 34		11 49			11 59	12 04							12 15								12 45	
Danescourt.....	a	11 38		11 53			12 03	12 08							12 19								12 49	13 04
Fairwater.....	d	11 38		11 53			12 03	12 08							12 23								12 53	13 08
Waun-gron Park.....	d	11 38		11 53			12 03	12 08							12 23								12 53	13 08
Ninian Park.....	d	11 38		11 53			12 03	12 08							12 23								12 53	13 08
Llandaf.....	d	11 41		11 56			12 06	12 11							12 26								12 56	13 11
Cathays.....	d	11 46		12 01			12 10	12 16							12 31								13 01	13 16
Rhymney	d										11 27													
Pontlottyn.....	d										11 30													
Tir-phil.....	d										11 35													
Brithdir.....	d										11 37													
Bargoed.....	a										11 43													
Gilfach Fargoed.....	d										11 44													
Pengam.....	d														12 00								12 17	12 32
Hengoed.....	d																						12 19	
Ystrad Mynach.....	d										11 49				12 04								12 22	12 37
Llanbradach.....	d										11 53				12 08								12 25	12 40
Energlyn & Churchill Park.....	d										11 56				12 11								12 28	12 43
Aber.....	d										12 00				12 15								12 33	12 48
Caerphilly.....	d										12 04				12 19								12 37	12 52
Lisvane & Thornhill.....	d										12 06				12 21								12 40	12 55
Llanishen.....	d										12 10				12 25								12 44	13 01
Heath High Level.....	d										12 14				12 29								12 46	13 04
Coryton	d										12 15				12 31								12 49	13 04
Whitchurch (Cardiff).....	d										12 16				12 36								12 54	13 09
Rhiwbina.....	d										12 18				12 40								12 51	13 14
Birchgrove.....	d										12 20				12 42								12 53	13 18
Ty Glas.....	d										12 21				12 44								12 55	13 21
Heath Low Level.....	d										12 24				12 46								12 57	13 24
Cardiff Queen Street	a	11 50	11 55	12 00	12 05	12 10	12 15	12 20			12 25	12 30	12 35	12 40	12 45	12 50	13 00	13 05	13 10	13 15	13 20	13 25	13 30	13 35
Cardiff Central	a	11 51	11 56	12 01	12 06	12 11	12 16	12 21	12 24		12 26	12 31	12 36	12 41	12 46	12 51	13 01	13 06	13 11	13 16	13 21	13 26	13 31	13 36
Grangetown.....	d	11 55	12 01	12 10	12 16	12 22	12 27				12 30	12 35	12 40	12 45	12 50	13 00	13 05	13 10	13 15	13 20	13 25	13 30	13 35	13 40
Dingle Road.....	d	11 59	12 07	12 14	12 22						12 31	12 37	12 43	12 49	12 55	13 01	13 07	13 13	13 19	13 25	13 31	13 37	13 43	13 49
Penarth	a	12 11	12 16	12 26	12 31						12 41	12 46	12 51	12 56	13 01	13 06	13 11	13 16	13 21	13 26	13 31	13 36	13 41	13 46
Cogan.....	d	12 03		12 18							12 46	12 51	12 56	13 01	13 06	13 11	13 16	13 21	13 26	13 31	13 36	13 41	13 46	13 51
Eastbrook.....	d	12 05		12 20							12 48	12 53	12 58	13 03	13 08	13 13	13 18	13 23	13 28	13 33	13 38	13 43	13 48	13 53
Dinas Powys.....	d	12 07		12 22							12 51	12 56	13 01	13 06	13 11	13 16	13 21	13 26	13 31	13 36	13 41	13 46	13 51	13 56
Cadoxton.....	d	12 11		12 26							12 53	12 58	13 03	13 08	13 13	13 18	13 23	13 28	13 33	13 38	13 43	13 48	13 53	13 58
Barry Docks.....	d	12 14		12 29							12 57	13 02	13 07	13 12	13 17	13 22	13 27	13 32	13 37	13 42	13 47	13 52	13 57	14 02
Barry	d	12 18		12 33							13 00	13 05	13 10	13 15	13 20	13 25	13 30	13 35	13 40	13 45	13 50	13 55	14 00	14 05
Barry Island	a	12 24		12 39							13 05	13 10	13 15	13 20	13 25	13 30	13 35	13 40	13 45	13 50	13 55	14 00	14 05	14 10
Rhoose Cardiff Int Airport.....	d										13 12	13 17	13 22	13 27	13 32	13 37	13 42	13 47	13 52	13 57	14 02	14 07	14 12	14 17
Llantwit Major.....	d																							

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW		AW B	AW	AW	AW	AW	AW	AW	AW		AW B	AW A	AW	AW	AW	AW B	AW	AW	
Treherbert	d							12 46						13 16								13 44		
Ynyswen	d							12 48						13 18								13 46		
Treorchy	d							12 51						13 21								13 51		
Ton Pentre	d							12 54						13 24								13 54		
Ystrad Rhondda	d							12 56						13 26								13 56		
Llwynypia	d							12 58						13 28								13 58		
Tonypanyd	d							13 00						13 30								14 00		
Dinas Rhondda	d							13 03						13 33								14 03		
Porth	d							13 05						13 35								14 05		
Trehafod	d							13 08						13 38								14 08		
Merthyr Tydfil	d			12 38										13 08								13 38		
Pentre-bach	d			12 42										13 12								13 42		
Troed Y Rhiw	d			12 45										13 15								13 45		
Merthyr Vale	a			12 48										13 18								13 48		
Quakers Yard	d			12 50										13 20								13 50		
	d			12 55										13 25								13 55		
Aberdare	d							12 52																13 52
Cwmbach	d							12 55																13 55
Fernhill	d							12 58																13 58
Mountain Ash	a							13 02																14 02
Penrhiwceiber	d							13 04																14 04
Abercynon	d			13 00				13 07																14 07
	d							13 15						13 30										14 15
Pontypridd	a			13 08				13 19	13 24					13 38	13 49							13 45	14 00	14 19
Trefforest	d			13 08				13 19	13 24					13 38	13 49							13 54	14 08	14 19
Trefforest Estate	d			13 11				13 22	13 27					13 41	13 52							13 57	14 11	14 22
Taffs Well	d			13 15										13 45								14 15	14 19	14 24
Radyr	a			13 19				13 29	13 34					13 49	13 59							14 04	14 19	14 29
	d			13 23				13 33	13 38					13 53	14 03							14 08	14 23	14 33
Danescourt	d			13 23			13 33	13 33	13 38					13 53	14 03							14 08	14 23	14 33
Fairwater	d						13 37							14 07	14 08							14 23	14 33	14 38
Waun-gron Park	d						13 39							14 09								14 23	14 33	14 38
Ninian Park	d						13 41							14 11								14 23	14 33	14 38
	d						13 44							14 14								14 23	14 33	14 38
Llandaf	d			13 26				13 36	13 41					13 56	14 06							14 11	14 26	14 36
Cathays	d			13 31				13 40	13 46					14 01	14 10							14 16	14 31	14 40
Rhymney	d	12 27																						14 41
Pontlottyn	d	12 30																						14 24
Tir-phil	d	12 35																						14 27
Brithdir	d	12 37																						14 27
Bargoed	a	12 43																						14 27
	d	12 44			13 00																			14 27
Gilfach Fargoed	d																							14 27
Pengam	d	12 49			13 04																			14 27
Hengoed	d	12 53			13 08																			14 27
Ystrad Mynach	d	12 56			13 11																			14 27
Llanbradach	d	13 00			13 15																			14 27
Energlyn & Churchill Park	d	13 04			13 19																			14 27
Aber	d	13 06			13 21																			14 27
Caerphilly	d	13 10			13 25																			14 27
Lisvane & Thornhill	d	13 14			13 29																			14 27
Llanishen	d	13 16			13 31																			14 27
Heath High Level	d	13 19			13 34																			14 27
Coryton	d	13 15																						14 27
Whitchurch (Cardiff)	d	13 16																						14 27
Rhiwbina	d	13 18																						14 27
Birchgrove	d	13 20																						14 27
Ty Glas	d	13 21																						14 27
Heath Low Level	d	13 24																						14 27
Cardiff Queen Street	a	13 25	13 30	13 35	13 40			13 45	13 50	13 55	14 00			14 05	14 10	14 15					14 20	14 30	14 35	14 40
	d	13 26	13 31	13 36	13 41			13 46	13 51	13 56	14 01			14 06	14 11	14 16					14 21	14 31	14 36	14 41
Cardiff Central	a	13 30	13 35	13 40	13 45		13 50	13 51	13 55	14 00	14 05			14 11	14 15	14 19					14 20	14 25	14 35	14 40
	d	13 31	13 41	13 46				13 55	14 01	14 10				14 16							14 25	14 31	14 41	14 46
Grangetown	d	13 35	13 45	13 50				13 59	14 05	14 14				14 20							14 29	14 35	14 45	14 50
Dingle Road	d	13 41		13 56				14 11						14 26							14 29	14 35	14 45	14 50
Penarth	a	13 46		14 01				14 16						14 31							14 29	14 35	14 45	14 50
	d			13 48				14 03						14 18							14 29	14 35	14 45	14 50
Eastbrook	d			13 51				14 05						14 20							14 29	14 35	14 45	14 50
Dinas Powys	d			13 53				14 07						14 22							14 29	14 35	14 45	14 50
Cadoxton	d			13 57				14 11						14 26							14 29	14 35	14 45	14 50
Barry Docks	d			14 00				14 14						14 29							14 29	14 35	14 45	14 50
Barry	d			14 05				14 18						14 33							14 29	14 35	14 45	14 50

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW	AW	AW B	AW	AW	AW	AW A	AW		AW	AW B	AW	AW	AW A	AW	AW B		AW	AW	AW A	
Treherbert	d							14 16						14 46						15 16			
Ynyswen	d							14 18						14 48						15 18			
Treorchy	d							14 21						14 51						15 21			
Ton Pentre	d							14 24						14 54						15 24			
Ystrad Rhondda	a							14 26						14 56						15 26			
	d							14 28						14 58						15 28			
Llwynypia	d							14 30						15 00						15 30			
Tonypanyd	d							14 33						15 03						15 33			
Dinas Rhondda	d							14 35						15 05						15 35			
Porth	a							14 38						15 08						15 38			
	d							14 52						15 09						15 39			
Trehafof	d							14 55						15 12						15 42			
Merthyr Tydfil	d		14 08							14 38								15 08					
Pentre-bach	d		14 12							14 42								15 12					
Troed Y Rhiw	d		14 15							14 45								15 15					
Merthyr Vale	a		14 18							14 48								15 18					
	d		14 20							14 50								15 20					
Quakers Yard	d		14 25							14 55								15 25					
Aberdare	d					14 22										14 52						15 22	
Cwmbach	d					14 25										14 55						15 25	
Fernhill	d					14 28										14 58						15 28	
Mountain Ash	a					14 32										15 02						15 32	
	d					14 34										15 04						15 34	
Penrhiwceiber	d					14 37										15 07						15 37	
Abercynon	d		14 30			14 45				15 00						15 15						15 45	
Pontypridd	a		14 38			14 54		15 02		15 08				15 19	15 24			15 38			15 49	15 54	
	d		14 38			14 54		15 04		15 08				15 19	15 24			15 38			15 49	15 54	
Trefforest	d		14 41			14 57		15 07		15 11				15 22	15 27			15 41			15 52	15 57	
Trefforest Estate	d		14 45							15 15								15 45					
Taffs Well	d		14 49			15 04		15 14		15 19				15 29	15 34			15 49			15 59	16 04	
Radyr	a		14 53			15 08		15 19		15 23				15 33	15 38			15 53			16 03	16 08	
	d		14 53			15 08		15 21		15 23				15 33	15 38			15 53			16 03	16 08	
Danescourt	d					15 07								15 37						16 07			
Fairwater	d					15 09								15 39						16 09			
Waun-gron Park	d					15 11								15 41						16 11			
Ninian Park	d					15 14								15 44						16 14			
Llandaf	d		14 56			15 11				15 26				15 36	15 41			15 56			16 06	16 11	
Cathays	d		15 01			15 16				15 31				15 40	15 46			16 01			16 10	16 16	
Rhymney	d					14 27																	
Pontlottyn	d					14 30																	
Tir-phil	d					14 35																	
Brithdir	d					14 37																	
Bargoed	a					14 43																	
	d					14 44																	
Gilfach Fargoed	d					14 44						15 00						15 17			15 32		
Pengam	d					14 37						15 04						15 19			15 37		
Hengoed	d		14 40			14 53						15 08						15 22			15 40		
Ystrad Mynach	d		14 43			14 56						15 11						15 25			15 43		
Llanbradach	d		14 48			15 00						15 15						15 28			15 48		
Energlyn & Churchill Park	d					15 04						15 19						15 33			15 48		
Aber	d		14 52			15 06						15 21						15 37			15 52		
Caerphilly	d		14 55			15 10						15 25						15 40			15 55		
Lisvane & Thornhill	d		14 59			15 14						15 29						15 44			15 59		
Llanishen	d		15 01			15 16						15 31						15 46			16 01		
Heath High Level	d		15 04			15 19						15 34						15 49			16 04		
Coryton	d	14 45							15 15									15 45				16 15	
Whitchurch (Cardiff)	d	14 46							15 16									15 46				16 16	
Rhiwbina	d	14 48							15 18									15 48				16 18	
Birchgrove	d	14 50							15 20									15 50				16 20	
Ty Glas	d	14 51							15 21									15 51				16 21	
Heath Low Level	d	14 54							15 24									15 54				16 24	
Cardiff Queen Street	a	15 00	15 05	15 10		15 20	15 25		15 30	15 35		15 40		15 45	15 50	15 55	16 00	16 05	16 10		16 15	16 20	16 30
	d	15 01	15 06	15 11		15 21	15 26		15 31	15 36		15 41		15 46	15 51	15 56	16 01	16 06	16 11		16 16	16 21	16 31
Cardiff Central	a	15 06	15 10	15 15	15 20	15 25	15 30	15 33	15 35	15 40		15 45	15 50	15 55	16 00	16 06	16 10	16 15	16 20		16 21	16 25	16 35
	d	15 10	15 16	15 21	15 25	15 31	15 35	15 38	15 41	15 46		15 51	15 55	16 01	16 05	16 10	16 16	16 20		16 21	16 25	16 35	
Grangetown	d	15 14	15 20	15 29	15 35	15 41	15 45	15 48	15 50	15 55		16 00	16 05	16 10	16 14	16 20		16 21	16 25		16 29		
Dingle Road	d			15 26		15 41						15 56			16 11			16 26					
Penarth	a			15 31		15 46						16 01			16 16			16 31					
Cogan	d		15 18			15 33				15 48				16 03				16 18				16 33	
Eastbrook	d		15 20			15 35				15 51				16 05				16 20				16 35	
Dinas Powys	d		15 22			15 37				15 53				16 07				16 22				16 37	
Cadoxton	d		15 26			15 41				15 57				16 11				16 26				16 41	
Barry Docks	d		15 29			15 44				16 00				16 14				16 29				16 44	
Barry	d		15 33			15 48				16 05				16 18				16 33				16 48	
Barry Island	a		15 39			15 54								16 24				16 39				16 54	
Rhoose Cardiff Int Airport	d									16 12													
Llantwit Major	d									16 22													
Bridgend	a									16 39													

A To Radyr

B To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

16 December to 15 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

Table with 22 columns (AW, AW A, AW, AW B, AW A, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW, AW) and rows for locations including Treherbert, Aberdare, Merthyr Tydfil, Pontypridd, Rhymney, Coryton, Cardiff Queen Street, Cardiff Central, Penarth, Barry, Barry Island, and Bridgend. Includes directional notes 'A To Coryton' and 'B To Radyr'.

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW	AW	AW	AW	AW	AW	AW	AW	AW C	AW D	AW E	AW F	AW	AW	AW	AW	AW	AW	AW
Treherbert d											05 47			06 16							
Ynyswen d											05 49			06 18							
Treorchy d											05 51			06 21							
Ton Pentre d											05 54			06 24							
Ystrad Rhondda d											05 56			06 26							
Llwynypia d											05 58			06 28							
Tonypanyd d											06 00			06 30							
Dinas Rhondda d											06 03			06 33							
Porth d											06 05			06 35							
Trehafod d											06 08			06 38							
Merthyr Tydfil d											06 09			06 39							
Pentre-bach d											06 12			06 42							
Troed Y Rhiw d																					06 38
Merthyr Vale d																					06 42
Quakers Yard d																					06 45
Aberdare d																					06 48
Cwmbach d																					06 50
Fernhill d																					06 55
Mountain Ash d																					
Penrhiwceiber d																					
Abercynon d																					06 22
Pontypridd a																					06 25
Trefforest d																					06 28
Trefforest Estate d																					06 32
Taffs Well d																					06 34
Radyr a																					06 37
Danescourt d																					06 45
Fairwater d																					06 48
Waun-gron Park d																					06 54
Ninian Park d																					06 57
Llandaf d																					07 04
Cathays d																					07 08
Rhymney a																					07 08
Pontlottyn d																					07 11
Tir-phil d																					07 15
Brithdir d																					07 19
Bargoed a																					07 23
Gilfach Fargoed d																					07 23
Pengam d																					07 26
Hengoed d																					07 31
Ystrad Mynach d																					07 31
Llanbradach d																					07 31
Energlyn & Churchill Park d																					07 31
Aber d																					07 31
Caerphilly d																					07 31
Lisvane & Thornhill d																					07 31
Llanishen d																					07 31
Heath High Level d																					07 31
Coryton d																					07 31
Whitchurch (Cardiff) d																					07 31
Rhiwbina d																					07 31
Birchgrove d																					07 31
Ty Glas d																					07 31
Heath Low Level d																					07 31
Cardiff Queen Street a																					07 31
Cardiff Central a																					07 31
Grangetown d																					07 31
Dingle Road d																					07 31
Penarth a																					07 31
Cogan d																					07 31
Eastbrook d																					07 31
Dinas Powys d																					07 31
Cadoxton d																					07 31
Barry Docks d																					07 31
Barry a																					07 31
Barry Island a																					07 31
Rhoose Cardiff Int Airport d																					07 31
Llantwit Major d																					07 31
Bridgend a																					07 31

A From Cardiff Bay C From Hereford E To Coryton
 B From Cardiff Canton Sidings D To Radyr F From Taffs Well to Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW B		AW	AW	AW A	AW	AW	AW	AW B	AW A		AW	AW	AW	AW B	AW	AW	AW A	AW		
Treherbert	d	06 46								07 16						07 46							08 16		
Ynyswen	d	06 48								07 18						07 48							08 18		
Treorchy	d	06 51								07 21						07 51							08 21		
Ton Pentre	d	06 54								07 24						07 54							08 24		
Ystrad Rhondda	a	06 56								07 26						07 56							08 26		
	d	06 58								07 28						07 58							08 28		
Llwynypia	d	07 00								07 30						08 00							08 30		
Tonypanyd	d	07 03								07 33						08 03							08 33		
Dinas Rhondda	d	07 05								07 35						08 05							08 35		
Porth	a	07 08								07 38						08 08							08 38		
	d	07 09								07 39						08 09							08 39		
Trehafod	d	07 12								07 42						08 12							08 42		
Merthyr Tydfil	d						07 08								07 38						08 08				
Pentre-bach	d						07 12								07 42						08 12				
Troed Y Rhiw	d						07 15								07 45						08 15				
Merthyr Vale	a						07 18								07 48						08 18				
	d						07 20								07 50						08 20				
Quakers Yard	d						07 25								07 55						08 25				
Aberdare	d		06 52							07 22						07 52									
Cwmbach	d		06 55							07 25						07 55									
Fernhill	d		06 58							07 28						07 58									
Mountain Ash	a		07 02							07 32						08 02									
	d		07 04							07 34						08 04									
Penrhiwceiber	d		07 07							07 37						08 07									
Abercynon	d		07 15				07 30			07 45					08 00						08 15				
Pontypridd Ⓚ	a	07 19	07 24				07 38			07 49	07 54				08 08					08 19	08 24		08 38		
	d	07 19	07 24				07 38			07 49	07 54				08 08					08 19	08 24		08 38		
Trefforest	d	07 22	07 27				07 41			07 52	07 57				08 11					08 22	08 27		08 41		
Trefforest Estate	d						07 45								08 15								08 45		
Taffs Well	d	07 29	07 34				07 49			07 59	08 04				08 19					08 29	08 34		08 49		
Radyr Ⓚ	a	07 33	07 38				07 53			08 03	08 08				08 23	08 33				08 33	08 38		08 53		
	d	07 33	07 38				07 53			08 03	08 08				08 23	08 33				08 33	08 38		08 53		
Danescourt	d	07 37								08 07						08 37							09 07		
Fairwater	d	07 39								08 09						08 39							09 09		
Waun-gron Park	d	07 41								08 11						08 41							09 11		
Ninian Park	d	07 44								08 14						08 44							09 14		
Llandaf	d	07 36	07 41				07 56			08 06	08 11				08 26					08 36	08 41		08 56		
Cathays	d	07 40	07 46				08 01			08 10	08 16				08 31					08 40	08 46		09 01		
Rhymney Ⓚ	d			07 00											07 24								09 06		
Pontlottyn	d			07 03											07 27								09 09		
Tir-phil	d			07 08											07 32								09 12		
Britthdir	a			07 10											07 34								09 14		
Bargoed	a			07 15											07 40								09 17		
	d			07 15											07 43								09 17		
Gilfach Fargoed	d			07 18				07 32							07 45						08 14		08 32		
Pengam	d			07 20											07 48						08 17		08 37		
Hengoed	d			07 24											07 52						08 19		08 39		
Ystrad Mynach	d			07 27											07 55						08 23		08 40		
Llanbradach	d			07 31											08 00						08 26		08 43		
Energlyn & Churchill Park	d			07 35											08 03						08 29		08 46		
Aber	d			07 37											08 06						08 30		08 48		
Caerphilly	d			07 40											08 09						08 33		08 51		
Lisvane & Thornhill	d			07 44											08 10						08 36		08 54		
Llanishen	d			07 46											08 14						08 40		08 58		
Heath High Level	d			07 49											08 16						08 44		09 02		
Coryton	d				07 45										08 15						08 45		09 04		
Whitchurch (Cardiff)	d				07 46										08 16						08 46		09 05		
Rhiwbina	d				07 48										08 18						08 48		09 07		
Birchgrove	d				07 50										08 20						08 50		09 09		
Ty Glas	d				07 51										08 21						08 51		09 10		
Heath Low Level	d				07 54										08 24						08 54		09 13		
Cardiff Queen Street Ⓚ	a	07 45	07 50	07 55	08 00			08 05	08 10		08 15	08 20	08 25	08 30	08 35				08 45	08 50	08 55	09 00	09 05	09 10	09 15
	d	07 46	07 51	07 56	08 01			08 06	08 11		08 16	08 21	08 26	08 31	08 36				08 46	08 51	08 56	09 01	09 06	09 11	09 16
Cardiff Central Ⓚ	a	07 50	07 51	07 55	08 00	08 05		08 10	08 15	08 19	08 20	08 25	08 30	08 35	08 40	08 50			08 50	08 55	09 00	09 05	09 10	09 15	09 20
	d		07 55	08 01				08 10	08 18			08 25	08 31		08 41				08 55	09 01		09 06	09 11	09 16	09 21
Grangetown	d		07 59	08 05				08 14	08 22			08 29	08 35		08 45				08 59	09 05		09 14	09 20	09 26	09 31
Dingle Road	d			08 11				08 27				08 41							09 11			09 26		09 31	
Penarth	a			08 16				08 30				08 45							09 16			09 31		09 36	
Cogan	d		08 03					08 18				08 33							09 03			09 18		09 23	
Eastbrook	d		08 05					08 20				08 35							09 05			09 20		09 25	
Dinas Powys	d		08 07					08 22				08 37							09 07			09 22		09 27	
Cadoxton	d		08 11					08 26				08 41							09 11			09 26		09 31	
Barry Docks	d		08 14					08 29				08 44							09 14			09 29		09 34	
Barry Ⓚ	d		08 18					08 33				08 48							09 18			09 33		09 38	
Barry Island	a		08 24					08 39				08 54							09 24			09 39		09 44	
Rhoose Cardiff Int Airport	d														09 12										
Llantwit Major	d														09 22										
Bridgend	a														09 39										

A To Coryton

B To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd,
Rhymney and Coryton - Cardiff, Penarth, Barry,
Barry Island and Bridgend

		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW			
				A							A			B							A		B				
Treherbert	d									10 16										10 46				11 16			
Ynyswen	d									10 18										10 48				11 18			
Treorchy	d									10 21										10 51				11 21			
Ton Pentre	d									10 24										10 54				11 24			
Ystrad Rhondda	a									10 26										10 56				11 26			
	d									10 28										10 58				11 28			
Llwynypia	d									10 30										11 00				11 30			
Tonypandy	d									10 33										11 03				11 33			
Dinas Rhondda	d									10 35										11 05				11 35			
Porth	a									10 38										11 08				11 38			
	d									10 52										11 09				11 39			
Trehafod	d									10 55										11 12				11 42			
Merthyr Tydfil	d		10 04											10 38									11 08				
Pentre-bach	d		10 08											10 42									11 12				
Troed Y Rhiw	d		10 11											10 45									11 15				
Merthyr Vale	a		10 14											10 48									11 18				
	d		10 15											10 53									11 20				
Quakers Yard	d		10 21											10 58									11 25				
Aberdare	d	09 52								10 22										10 52							
Cwmbach	d	09 55								10 25										10 55							
Fernhill	d	09 58								10 28										10 58							
Mountain Ash	a	10 02								10 32										11 02							
	d	10 04								10 34										11 04							
Penrhiwceiber	d	10 07								10 37										11 07							
Abercynon	d	10 15	10 25							10 45										11 15							
Pontypridd	a	10 24	10 33							10 54		11 01		11 09						11 19	11 23			11 38			
	d	10 24			10 39					10 54		11 04		11 09						11 19	11 24			11 49			
Trefforest	d	10 27			10 42					10 57		11 07		11 12						11 22	11 27			11 52			
Trefforest Estate	d													11 16									11 45				
Taffs Well	d	10 34			10 49					11 04		11 14		11 20						11 29	11 34			11 59			
Radyr	a	10 38			10 53					11 08		11 19		11 23						11 33	11 38			12 03			
	d	10 38			10 53					11 08		11 21		11 23						11 33	11 38			12 03			
Danescourt	d									11 03										11 37				12 07			
Fairwater	d									11 09										11 39				12 09			
Waun-gron Park	d									11 11										11 41				12 11			
Ninian Park	d									11 14										11 44				12 14			
Llandaf	d	10 41			10 56					11 11				11 26						11 36	11 41			11 56			
Cathays	d	10 46			11 01					11 16				11 31						11 40	11 46			12 01			
Rhymney	d									10 27																	
Pontlottyn	d									10 30																	
Tir-phil	d									10 35																	
Brithdir	d									10 37																	
Bargoed	a									10 43																	
	d		10 17			10 32				10 44					11 00						11 17			11 32			
Gilfach Fargoed	d		10 19																		11 19						
Pengam	d		10 22			10 37				10 49				11 04							11 22			11 37			
Hengoed	d		10 25			10 40				10 53				11 08							11 25			11 40			
Ystrad Mynach	d		10 28			10 43				10 56				11 11							11 28			11 43			
Llanbradach	d		10 33			10 48				11 00				11 15							11 33			11 48			
Energlyn & Churchill Park	d									11 04				11 19													
Aber	d		10 37			10 52				11 06				11 21							11 37			11 52			
Caerphilly	d		10 40			10 55				11 10				11 25							11 40			11 55			
Lisvane & Thornhill	d		10 44			10 59				11 14				11 29							11 44			11 59			
Llanishen	d		10 46			11 01				11 16				11 31							11 46			12 01			
Heath High Level	d		10 49			11 04				11 19				11 34							11 49			12 04			
Coryton	d				10 45									11 15								11 45					
Whitchurch (Cardiff)	d				10 46									11 16								11 46					
Rhiwbina	d				10 48									11 18								11 48					
Birchgrove	d				10 50									11 20								11 50					
Ty Glas	d				10 51									11 21								11 51					
Heath Low Level	d				10 54									11 24								11 54					
Cardiff Queen Street	a	10 50		10 55	11 00	11 05	11 10			11 20	11 25		11 29	11 35	11 40			11 45	11 50		11 55	12 00	12 05	12 10	12 15		
	d	10 51		10 56	11 01	11 06	11 11			11 21	11 26		11 31	11 36	11 41			11 46	11 51		11 56	12 01	12 06	12 11	12 16		
Cardiff Central	a	10 55		11 00	11 05	11 10	11 15	11 20		11 25	11 30	11 33	11 34	11 40	11 45	11 49		11 51	11 55		12 00	12 05	12 10	12 15	12 20	12 21	
	d	10 55		11 01	11 06	11 11	11 16			11 25	11 31			11 41	11 46				11 55		12 01	12 06	12 11	12 16			
Grangetown	d	10 59		11 05	11 10	11 15	11 20			11 29	11 35			11 45	11 50				11 59		12 05	12 10	12 15	12 20			
Dingle Road	d			11 11			11 26				11 41				11 56						12 11			12 26			
Penarth	a			11 16			11 31				11 46				12 01						12 16			12 31			
Cogan	d	11 03				11 18				11 33					11 48							12 03			12 18		
Eastbrook	d	11 05				11 20				11 35					11 51							12 05			12 20		
Dinas Powys	d	11 07				11 22				11 37					11 53							12 07			12 22		
Cadoxton	d	11 11				11 26				11 41					11 57							12 11			12 26		
Barry Docks	d	11 14				11 29				11 44					12 00							12 14			12 29		
Barry	d	11 18				11 33				11 48					12 05							12 18			12 33		
Barry Island	a	11 24				11 39				11 54												12 24			12 39		
Rhose Cardiff Int Airport	d													12 12													
Llantwit Major	d													12 22													
Bridgend	a													12 39													

A To Radyr

B To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW A		AW	AW	AW B	AW	AW	AW A	AW	AW	AW B		AW	AW	AW	AW A	AW	AW	AW B	AW	AW
Treherbert	d							11 46								12 16							12 46	
Ynyswen	d							11 48								12 18							12 48	
Treorchy	d							11 51								12 21							12 51	
Ton Pentre	d							11 54								12 24							12 54	
Ystrad Rhondda	d							11 56								12 26							12 56	
	d							11 58								12 28							12 58	
Llwynypia	d							12 00								12 30							13 00	
Tonypanyd	d							12 03								12 33							13 03	
Dinas Rhondda	d							12 05								12 35							13 05	
Porth	d							12 08								12 38							13 08	
	d							12 09								12 39							13 09	
Trehafod	d							12 12								12 42							13 12	
Merthyr Tydfil	d				11 38						12 08									12 38				
Pentre-bach	d				11 42						12 12									12 42				
Troed Y Rhiw	d				11 45						12 15									12 45				
Merthyr Vale	a				11 48						12 18									12 48				
	d				11 50						12 20									12 50				
Quakers Yard	d				11 55						12 25									12 55				
Aberdare	d	11 22														12 22							12 52	
Cwmbach	d	11 25														12 25							12 55	
Fernhill	d	11 28														12 28							12 58	
Mountain Ash	a	11 32														12 32							13 02	
	d	11 34														12 34							13 04	
Penrhiwceiber	d	11 37														12 37							13 07	
Abercynon	d	11 45			12 00						12 30					12 45				13 00				13 15
Pontypridd	a	11 54			12 08		12 19				12 38				12 49	12 54			13 08			13 19	13 24	
	d	11 54			12 08		12 19				12 38				12 49	12 54			13 08			13 19	13 24	
Trefforest	d	11 57			12 11		12 22				12 41				12 52	12 57			13 11			13 22	13 27	
Trefforest Estate	d				12 15						12 45								13 15					
Taffs Well	d	12 04			12 19		12 29				12 49				12 59	13 04			13 19			13 29	13 34	
Radyr	a	12 08			12 23		12 33				12 53				13 03	13 08			13 23			13 33	13 38	
	d	12 08			12 23		12 33				12 53			13 03	13 08			13 23			13 33	13 38	13 38	
Danescourt	d						12 37								13 07							13 37		
Fairwater	d						12 39								13 09							13 39		
Waun-gron Park	d						12 41								13 11							13 41		
Ninian Park	d						12 44								13 14							13 44		
Llandaf	d	12 11			12 26			12 36			12 56				13 06	13 11			13 26			13 36	13 41	
Cathays	d	12 16			12 31			12 40			13 01				13 10	13 16			13 31			13 40	13 46	
Rhymney	d	11 27														12 27								
Pontlottyn	d	11 30														12 30								
Tir-phil	d	11 35														12 35								
Britthir	d	11 37														12 37								
Bargoed	a	11 43														12 43								
	d	11 44				12 00			12 17			12 32				12 44			13 00					
Gilfach Fargoed	d								12 19															
Pengam	d	11 49			12 04				12 22			12 37				12 49			13 04					
Hengoed	d	11 53			12 08				12 25			12 40				12 53			13 08					
Ystrad Mynach	d	11 56			12 11				12 28			12 43				12 56			13 11					
Llanbradach	d	12 00			12 15				12 33			12 48				13 00			13 15					
Energlyn & Churchill Park	d	12 04			12 19										13 04			13 19						
Aber	d	12 06			12 21				12 37			12 52			13 06			13 21						
Caerphilly	d	12 10			12 25				12 40			12 55			13 10			13 25						
Lisvane & Thornhill	d	12 14			12 29				12 44			12 59			13 14			13 29						
Llanishen	d	12 16			12 31				12 46			13 01			13 16			13 31						
Heath High Level	d	12 19			12 34				12 49			13 04			13 19			13 34						
Coryton	d			12 15							12 45							13 15						
Whitchurch (Cardiff)	d			12 16							12 46							13 16						
Rhiwbina	d			12 18							12 48							13 18						
Birchgrove	d			12 20							12 50							13 20						
Ty Glas	d			12 21							12 51							13 21						
Heath Low Level	d			12 24							12 54							13 24						
Cardiff Queen Street	a	12 20	12 25	12 30	12 35	12 40	12 45	12 55	13 00	13 05	13 10				13 15	13 20	13 25	13 30	13 35	13 40	13 45	13 50	13 55	
	d	12 21	12 26	12 31	12 36	12 41	12 46	12 56	13 01	13 06	13 11				13 16	13 21	13 26	13 31	13 36	13 41	13 46	13 51		
Cardiff Central	a	12 25	12 30	12 35	12 40	12 45	12 50	12 51	13 00	13 05	13 10	13 15	13 20		13 21	13 25	13 30	13 35	13 40	13 45	13 50	13 55	13 55	
	d	12 25	12 31		12 41	12 46	12 55	13 01		13 10	13 16				13 25	13 31		13 41	13 46				13 55	
Grangetown	d	12 29	12 35		12 45	12 50	12 59	13 05		13 14	13 20				13 29	13 35		13 45	13 50				13 59	
Dingle Road	d		12 41			12 56		13 11			13 26					13 41			13 56					
Penarth	a		12 46			13 01		13 16			13 31					13 44			14 01					
Cogan	d	12 33			12 48			13 03			13 18					13 33			13 48				14 03	
Eastbrook	d	12 35			12 51			13 05			13 20					13 35			13 51				14 05	
Dinas Powys	d	12 37			12 53			13 07			13 22					13 37			13 53				14 07	
Cadoxton	d	12 41			12 57			13 11			13 26					13 41			13 57				14 11	
Barry Docks	d	12 44			13 00			13 14			13 29					13 44			14 00				14 14	
Barry	d	12 48			13 05			13 18			13 33					13 48			14 05				14 18	
Barry Island	a	12 54						13 24			13 39					13 54							14 24	
Rhoose Cardiff Int Airport	d				13 12													14 12						
Llantwit Major	d				13 22													14 22						
Bridgend	a				13 39													14 39						

A To Radyr

B To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW	AW B	AW	AW	AW	AW A		AW	AW	AW B	AW	AW	AW A	AW		AW B	AW	AW	AW
Treherbert	d						13 16																14 16
Ynyswen	d						13 18																14 18
Treorchy	d						13 21																14 21
Ton Pentre	d						13 24																14 24
Ystrad Rhondda	d						13 26																14 26
	a						13 28																14 28
Llwynypia	d						13 30																14 30
Tonypanyd	d						13 33																14 33
Dinas Rhondda	d						13 35																14 35
Porth	a						13 38																14 38
	d						13 39																14 52
Trehafof	d						13 42																14 55
Merthyr Tydfil	d			13 08								13 38											14 08
Pentre-bach	d			13 12								13 42											14 12
Troed Y Rhiw	d			13 15								13 45											14 15
Merthyr Vale	a			13 18								13 48											14 18
	d			13 20								13 50											14 20
Quakers Yard	d			13 25								13 55											14 25
Aberdare	d																						14 22
Cwmbach	d																						14 25
Fernhill	d																						13 58
Mountain Ash	a																						14 32
	d																						14 02
Penrhiwceiber	d																						14 04
Abercynon	d			13 30								14 00											14 07
Pontypridd	d																						14 30
	a			13 38			13 49	13 54				14 08			14 19	14 24							14 38
Trefforest	d			13 38			13 49	13 54				14 08			14 19	14 24							14 38
Trefforest Estate	d			13 41			13 52	13 57				14 11			14 22	14 27							14 41
Taffs Well	d			13 45								14 15											14 45
Radyr	a			13 49			13 59	14 04				14 19			14 29	14 34							14 49
	d			13 53			14 03	14 08				14 23			14 33	14 38							14 53
Danescourt	d			13 53			14 03	14 08				14 23			14 33	14 38							14 53
Fairwater	d						14 07								14 37								15 03
Waun-gron Park	d						14 09								14 39								15 07
Ninian Park	d						14 11								14 41								15 09
	d						14 14								14 44								15 11
Llandaf	d			13 56			14 06	14 11				14 26			14 36	14 41							15 14
Cathays	d			14 01			14 10	14 16				14 31			14 40	14 46							15 16
Rhymney	d																						15 11
Pontlottyn	d											13 27											14 27
Tir-phil	d											13 30											14 30
Brithdir	d											13 35											14 35
Bargoed	a											13 37											14 37
	d											13 43											14 43
Gilfach Fargoed	d			13 17								13 44											14 44
Pengam	d			13 19								14 00											14 00
Hengoed	d			13 22								14 04											14 17
Ystrad Mynach	d			13 25								14 08											14 19
Llanbradach	d			13 28								14 11											14 22
Energlyn & Churchill Park	d			13 33								14 15											14 28
Aber	d			13 37								14 19											14 33
Caerphilly	d			13 40								14 04											14 37
Lisvane & Thornhill	d			13 44								14 25											14 48
Llanishen	d			13 46								14 29											14 52
Heath High Level	d			13 49								14 31											15 00
Coryton	d			13 45								14 15											15 04
Whitchurch (Cardiff)	d			13 46								14 16											15 06
Rhiwbina	d			13 48								14 18											15 10
Birchgrove	d			13 50								14 20											15 14
Ty Glas	d			13 51								14 21											15 16
Heath Low Level	d			13 54								14 24											15 19
Cardiff Queen Street	a			13 55	14 00	14 05	14 10	14 15	14 20	14 25	14 30	14 35	14 40	14 45	14 50	14 55	15 00	15 05	15 10				15 20
	d			13 56	14 01	14 06	14 11	14 16	14 21	14 26	14 31	14 36	14 41	14 46	14 51	14 56	15 01	15 06	15 11				15 25
Cardiff Central	a			14 00	14 05	14 10	14 15	14 20	14 25	14 30	14 35	14 40	14 45	14 50	14 55	15 00	15 05	15 10	15 15				15 30
	d			14 01	14 06	14 11	14 16	14 21	14 26	14 31	14 36	14 41	14 46	14 51	14 56	15 01	15 06	15 11	15 16				15 35
Grangetown	d			14 05	14 10	14 16	14 21	14 26	14 31	14 36	14 41	14 46	14 51	14 56	15 01	15 06	15 11	15 16	15 21				15 35
Dingle Road	d			14 11	14 16	14 22	14 27	14 32	14 37	14 42	14 47	14 52	14 57	15 02	15 07	15 12	15 17	15 22	15 27				15 41
Penarth	a			14 16	14 21	14 27	14 32	14 37	14 42	14 47	14 52	15 01	15 06	15 11	15 16	15 21	15 26	15 31	15 36				15 46
Cogan	d			14 18	14 23	14 29	14 34	14 39	14 44	14 49	14 54	15 03	15 08	15 13	15 18	15 23	15 28	15 33	15 38				15 54
Eastbrook	d			14 20	14 25	14 31	14 36	14 41	14 46	14 51	14 56	15 05	15 10	15 15	15 20	15 25	15 30	15 35	15 40				15 54
Dinas Powys	d			14 22	14 27	14 33	14 38	14 43	14 48	14 53	15 02	15 07	15 12	15 17	15 22	15 27	15 32	15 37	15 42				15 54
Cadoxton	d			14 26	14 31	14 37	14 42	14 47	14 52	14 57	15 06	15 11	15 16	15 21	15 26	15 31	15 36	15 41	15 46				15 54
Barry Docks	d			14 29	14 34	14 40	14 45	14 50	14 55	15 00	15 09	15 14	15 19	15 24	15 29	15 34	15 39	15 44	15 49				15 54
Barry	d			14 33	14 38	14 44	14 49	14 54	15 00	15 05	15 14	15 19	15 24	15 29	15 34	15 39	15 44	15 49	15 54				15 54
Barry Island	a			14 39	14 44	14 50	14 55	15 00	15 05	15 10	15 19	15 24	15 29	15 34	15 39	15 44	15 49	15 54	16 00				16 00
Rhoose Cardiff Int Airport	d											15 12											16 00
Llantwit Major	d											15 22											16 00
Bridgend	a											15 39											16 00

A To Radyr

B To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

**Treherbert, Aberdare, Merthyr, Pontypridd,
Rhymney and Coryton - Cardiff, Penarth, Barry,
Barry Island and Bridgend**

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
	A			B				A			B			A				B			A			A		
Treherbert	d				14 46									15 16											15 46	
Ynyswen	d				14 48									15 18											15 48	
Treorchy	d				14 51									15 21											15 51	
Ton Pentre	d				14 54									15 24											15 54	
Ystrad Rhondda	d				14 56									15 26											15 56	
	d				14 58									15 28											15 58	
Llwynypia	d				15 00									15 30											16 00	
Tonypanyd	d				15 03									15 33											16 03	
Dinas Rhondda	d				15 05									15 35											16 05	
Porth	d				15 08									15 38											16 08	
Trehafof	d				15 09									15 39											16 09	
	d				15 12									15 42											16 12	
Merthyr Tydfil	d	14 38																							16 08	
Pentre-bach	d	14 42																							16 12	
Troed Y Rhiw	d	14 45																							16 15	
Merthyr Vale	a	14 48																							16 18	
	d	14 50																							16 20	
Quakers Yard	d	14 55																							16 25	
Aberdare	d					14 52								15 22											15 52	
Cwmbach	d					14 55								15 25											15 55	
Fernhill	d					14 58								15 28											15 58	
Mountain Ash	a					15 02								15 32											16 02	
	d					15 04								15 34											16 04	
Penrhiwceiber	d					15 07								15 37											16 07	
Abercynon	d	15 00				15 15								15 45											16 30	
Pontypridd	a	15 08			15 19	15 24				15 38				15 49	15 54						16 08			16 19	16 24	16 38
	d	15 08			15 19	15 24				15 38				15 49	15 54						16 08			16 19	16 24	16 38
Trefforest	d	15 11			15 22	15 27				15 41				15 52	15 57						16 11			16 22	16 27	16 41
Trefforest Estate	d	15 15								15 45											16 15					16 45
Taffs Well	d	15 19			15 29	15 34				15 49				15 59	16 04						16 19			16 29	16 34	16 49
Radyr	a	15 23			15 33	15 38				15 53				16 03	16 08						16 23			16 33	16 38	16 53
	d	15 23			15 33	15 38				15 53				16 03	16 08						16 23			16 33	16 38	16 53
Danescourt	d					15 37								16 07											16 37	
Fairwater	d					15 39								16 09											16 39	
Wauan-gron Park	d					15 41								16 11											16 41	
Ninian Park	d					15 44								16 14											16 44	
Llandaf	d	15 26			15 36	15 41				15 56				16 06	16 11						16 26			16 36	16 41	16 56
Cathays	d	15 31			15 40	15 46				16 01				16 10	16 16						16 31			16 40	16 46	17 01
Rhymney	d																									
Pontlottyn	d																									
Tir-phil	d																									
Brithdir	d																									
Bargoed	a																									
	d																									
Gilfach Fargoad	d					15 17				15 32											16 00				16 17	
Pengam	d					15 19				15 37															16 19	
Hengoed	d					15 22				15 40											16 04				16 22	
Ystrad Mynach	d					15 25				15 40											16 08				16 25	
Llanbradach	d					15 28				15 43											16 11				16 28	
Energlyn & Churchill Park	d					15 33				15 48											16 15				16 33	
Aber	d					15 19				15 34											16 19				16 37	
Caerphilly	d					15 21				15 37											16 21				16 40	
Lisvane & Thornhill	d					15 25				15 40											16 25				16 44	
Llanishen	d					15 29				15 44											16 29				16 46	
Heath High Level	d					15 31				15 46											16 31				16 49	
	d					15 34				15 49											16 34				16 49	
Coryton	d	15 15								15 45											16 15				16 45	
Whitchurch (Cardiff)	d	15 16								15 46											16 16				16 46	
Rhiwbina	d	15 18								15 48											16 18				16 48	
Birchgrove	d	15 20								15 50											16 20				16 50	
Ty Glas	d	15 21								15 51											16 21				16 51	
Heath Low Level	d	15 24								15 54											16 24				16 54	
Cardiff Queen Street	a	15 30	15 35	15 40	15 45	15 50	15 55	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	17 20	17 25	17 30
	d	15 31	15 36	15 41	15 46	15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	17 16	17 21	17 26	17 31
Cardiff Central	a	15 35	15 40	15 45	15 50	15 55	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	17 20	17 25	17 30	
	d	15 41	15 46	15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	17 16	17 21	17 26	17 31		
Grangetown	d	15 45	15 50	15 55	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	17 20	17 25	17 30	17 35		
Dingle Road	d		15 56	</																						

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW		AW A	AW	AW	AW	AW	AW B	AW	AW	AW A	AW	AW	AW B	AW	AW A	AW	AW	AW	AW	AW B	AW		
Treherbert	d				16 16							16 46											17 16		
Ynyswen	d				16 18							16 48											17 18		
Treorchy	d				16 21							16 51											17 21		
Ton Pentre	d				16 24							16 54											17 24		
Ystrad Rhondda	a				16 26							16 56											17 26		
	d				16 28							16 58											17 28		
Llwynypia	d				16 30							17 00											17 30		
Tonypandy	d				16 33							17 03											17 33		
Dinas Rhondda	d				16 35							17 05											17 35		
Porth	a				16 38							17 08											17 38		
	d				16 39							17 09											17 39		
Trehafod	d				16 42							17 12											17 42		
Merthyr Tydfil	d								16 38							17 08							17 38		
Pentre-bach	d								16 42							17 12							17 42		
Troed Y Rhiw	d								16 45							17 15							17 45		
Merthyr Vale	a								16 48							17 18							17 48		
	d								16 50							17 20							17 50		
Quakers Yard	d								16 55							17 25							17 55		
Aberdare	d				16 22								16 52										17 22		
Cwmbach	d				16 25								16 55										17 25		
Fernhill	d				16 28								16 58										17 28		
Mountain Ash	a				16 32								17 02										17 32		
	d				16 34								17 04										17 34		
Penrhiwceiber	d				16 37								17 07										17 37		
Abercynon	d				16 45			17 00					17 15			17 30							17 45		
Pontypridd	a				16 49	16 54		17 08				17 19	17 24			17 38						17 49	17 54		
	d				16 49	16 54		17 08				17 19	17 24			17 38						17 49	17 54		
Trefforest	d				16 52	16 57		17 11				17 22	17 27			17 41						17 52	17 57		
Trefforest Estate	d							17 15								17 45							18 15		
Taffs Well	d				16 59	17 04		17 19				17 29	17 34			17 49						17 59	18 04		
Radyr	a				17 03	17 08		17 23				17 33	17 38			17 53						18 03	18 08		
	d				17 03	17 08		17 23				17 33	17 38			17 53						18 03	18 08		
Danescourt	d				17 07							17 37					18 07						18 07		
Fairwater	d				17 09							17 39					18 09						18 09		
Waun-gron Park	d				17 11							17 41					18 11						18 11		
Ninian Park	d				17 14							17 44					18 14						18 14		
Llandaf	d				17 06	17 11			17 26			17 36	17 41			17 56						18 06	18 11		
Cathays	d				17 10	17 16			17 31			17 40	17 46			18 01						18 10	18 16		
Rhymney	d							16 27															17 27		
Pontlottyn	d							16 30															17 30		
Tir-phil	d							16 35															17 35		
Britthir	d							16 37															17 37		
Bargoed	a							16 43															17 43		
	d				16 32			16 44				17 00				17 17							17 44		
Gilfach Fargoed	d												17 19			17 32							17 44		
Pengam	d				16 37			16 49				17 04				17 22							17 49		
Hengoed	d				16 40			16 53				17 08				17 25							17 53		
Ystrad Mynach	d				16 43			16 56				17 11				17 28							17 56		
Llanbradach	d				16 48			17 00				17 15				17 33							18 00		
Energlyn & Churchill Park	d							17 04				17 19											18 04		
Aber	d				16 52			17 06				17 21				17 37							18 06		
Caerphilly	d				16 55			17 10				17 25				17 40							18 10		
Lisvane & Thornhill	d				16 59			17 14				17 29				17 44							18 14		
Llanishen	d				17 01			17 16				17 31				17 46							18 16		
Heath High Level	d				17 04			17 19				17 34				17 49							18 19		
Coryton	d							17 15								17 45							18 15		
Whitchurch (Cardiff)	d							17 16								17 46							18 16		
Rhiwbina	d							17 18								17 48							18 18		
Birchgrove	d							17 20								17 50							18 20		
Ty Glas	d							17 21								17 51							18 21		
Heath Low Level	d							17 24								17 54							18 24		
Cardiff Queen Street	a	17 10			17 15	17 20	17 25	17 30	17 35	17 40		17 45	17 50	17 55	18 00	18 05	18 10				18 15	18 20	18 25	18 30	18 35
	d	17 11			17 16	17 21	17 26	17 31	17 36	17 41		17 46	17 51	17 56	18 01	18 06	18 11				18 16	18 21	18 26	18 31	18 36
Cardiff Central	a	17 15		17 20	17 21	17 25	17 30	17 35	17 40	17 45	17 50	17 51	17 55	18 00	18 06	18 10	18 15	18 20	18 21	18 25	18 30	18 31	18 35	18 40	18 45
	d	17 16			17 25	17 31	17 36	17 41	17 46	17 51	17 55	18 01	18 06	18 11	18 16	18 21	18 26	18 27	18 31	18 35	18 40	18 41	18 45	18 50	18 55
Grangetown	d	17 20			17 29	17 35	17 41	17 46	17 50	17 55	18 05	18 14	18 20	18 25	18 31	18 35	18 41	18 46	18 51	18 56	19 01	19 06	19 11	19 16	19 21
Dingle Road	d	17 26			17 41	17 46	17 51	17 56	18 01	18 06	18 11	18 16	18 21	18 26	18 31	18 36	18 41	18 46	18 51	18 56	19 01	19 06	19 11	19 16	19 21
Penarth	a	17 31			17 46	17 51	17 56	18 01	18 06	18 11	18 16	18 21	18 26	18 31	18 36	18 41	18 46	18 51	18 56	19 01	19 06	19 11	19 16	19 21	19 26
	d	17 31			17 46	17 51	17 56	18 01	18 06	18 11	18 16	18 21	18 26	18 31	18 36	18 41	18 46	18 51	18 56	19 01	19 06	19 11	19 16	19 21	19 26
Cogan	d				17 33			17 48					18 03			18 18							18 33	18 48	
Eastbrook	d				17 35			17 51																	

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW	AW	AW B		AW	AW	AW C	AW D	AW	AW	AW	AW	AW		AW	AW	AW	AW D	AW	AW
Treherbert	d	17 46					18 16							18 46					19 16					
Ynyswen	d	17 48					18 18							18 48					19 18					
Treorchy	d	17 51					18 21							18 51					19 21					
Ton Pentre	d	17 54					18 24							18 54					19 24					
Ystrad Rhondda	d	17 56					18 26							18 56					19 26					
	d	17 58					18 28							18 58					19 28					
Llwynypia	d	18 00					18 30							19 00					19 30					
Tonypanyd	d	18 03					18 33							19 03					19 33					
Dinas Rhondda	d	18 05					18 35							19 05					19 35					
Porth	a	18 08					18 38							19 08					19 38					
	d	18 09					18 39							19 09					19 39					
Trehafof	d	18 12					18 42							19 12					19 42					
Merthyr Tydfil	d					18 08							18 38					19 08					19 38	
Pentre-bach	d					18 12							18 42					19 12					19 42	
Troed Y Rhiw	d					18 15							18 45					19 15					19 45	
Merthyr Vale	a					18 18							18 48					19 18					19 48	
	d					18 20							18 50					19 20					19 50	
Quakers Yard	d					18 25							18 55					19 25					19 55	
Aberdare	d		17 52							18 22					18 52									
Cwmbach	d		17 55							18 25					18 55									
Fernhill	d		17 58							18 28					18 58									
Mountain Ash	a		18 02							18 32					19 02									
	d		18 04							18 34					19 04									
Penrhiwceiber	d		18 07							18 37					19 07									
Abercynon	d		18 15				18 30			18 45				19 00		19 15		19 30				19 45		20 00
Pontypridd	a	18 19	18 24			18 38	18 49			18 54			19 08	19 19	19 24		19 38		19 49		19 54		20 08	
	d	18 19	18 24			18 38	18 49			18 54			19 08	19 19	19 24		19 38		19 49		19 54		20 08	
Trefforest	d	18 22	18 27			18 41	18 52			18 57			19 11	19 22	19 27		19 41		19 52		19 57		20 11	
Trefforest Estate	d					18 45				19 15			19 15				19 45						20 15	
Taffs Well	d	18 29	18 34			18 49	18 59			19 04			19 19	19 29	19 34		19 49		19 59		20 04		20 19	
Radyr	a	18 33	18 38			18 53	19 03			19 08			19 23	19 33	19 38		19 53		20 03		20 08		20 23	
	d	18 33	18 38			18 53	19 03		19 03	19 08			19 23	19 33	19 38		19 53		20 03		20 08		20 23	
Danescourt	d	18 37							19 07										20 08					
Fairwater	d	18 39							19 09										20 10					
Waun-gron Park	d	18 41							19 11										20 12					
Ninian Park	d	18 44							19 14										20 15					
Llandaf	d	18 36	18 41			18 56	19 06			19 11			19 26	19 36	19 41		19 56		20 06		20 11		20 26	
Cathays	d	18 40	18 46			19 01	19 10			19 16			19 31	19 40	19 46		20 01		20 10		20 16		20 31	
Rhymney	d																							
Pontlottyn	d																							
Tir-phil	d																							
Brithdir	d																							
Bargoed	a																							
	d			18 15																				
Gilfach Fargoed	d			18 18																				
Pengam	d			18 20																				
Hengoed	d			18 24																				
Ystrad Mynach	d			18 27																				
Llanbradach	d			18 31																				
Energlyn & Churchill Park	d			18 35																				
Aber	d			18 37																				
Caerphilly	d			18 40														19 40					20 26	
Lisvane & Thornhill	d			18 44														19 44					20 30	
Llanishen	d			18 46														19 46					20 32	
Heath High Level	d			18 49														19 49					20 35	
Coryton	d				18 45								19 15									20 15		
Whitchurch (Cardiff)	d				18 46								19 16									20 16		
Rhiwbina	d				18 48								19 18									20 18		
Birchgrove	d				18 50								19 20									20 20		
Ty Glas	d				18 51								19 21									20 21		
Heath Low Level	d				18 54								19 24									20 24		
Cardiff Queen Street	a	18 45	18 50	18 55	19 00	19 05	19 15			19 20		19 31	19 36	19 45	19 50	19 55	20 05		20 15		20 20	20 30	20 35	20 41
	d	18 46	18 51	18 56	19 01	19 06	19 16			19 21		19 32	19 37	19 46	19 51	19 56	20 06		20 16		20 21	20 31	20 36	20 42
Cardiff Central	a	18 50	18 51	18 55	19 00	19 05	19 11	19 20	19 21	19 25	19 20	19 36	19 41	19 51	19 56	20 00	20 10		20 21	20 24	20 26	20 35	20 40	20 46
	d		18 55	19 01			19 31			19 25	19 31		19 41		20 03	20 10					20 31	20 41		
Grangetown	d		18 59	19 05						19 29	19 35		19 45		20 07	20 14					20 35	20 45		
Dingle Road	d			19 11							19 41				20 11						20 41			
Penarth	a			19 16							19 46				20 16						20 46			
Cogan	d		19 03							19 33			19 49				20 18						20 48	
Eastbrook	d		19 05							19 35			19 51				20 20						20 51	
Dinas Powys	d		19 07							19 37			19 53				20 22						20 53	
Cadoxton	d		19 11							19 41			19 58				20 26						20 57	
Barry Docks	d		19 14							19 44			20 00				20 29						21 00	
Barry	d		19 18							19 48			20 05				20 33						21 07	
Barry Island	a		19 24							19 54							20 39							
Rhoseo Cardiff Int Airport	d												20 12										21 14	
Llantwit Major	d												20 22										21 24	
Bridgend	a												20 39										21 41	

A To Coryton
B To Penarth
C From Treherbert
D To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

21 December to 16 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW	AW B	AW	AW	AW	AW	AW C	AW	AW	AW	AW	AW D	AW	AW	AW	AW	AW	AW	AW	AW	
Treherbert	d	19 46							20 16														
Ynyswen	d	19 48							20 18														
Treorchy	d	19 51							20 21														
Ton Pentre	d	19 54							20 24														
Ystrad Rhondda	a	19 56							20 26														
	d	19 58							20 28														
Llwynypia	d	20 00							20 30														
Tonypanyd	d	20 03							20 33														
Dinas Rhondda	d	20 05							20 35														
Porth	a	20 08							20 38														
	d	20 09							20 39														
Trehafod	d	20 12							20 42														
Merthyr Tydfil	d									20 38													22 38
Pentre-bach	d									20 42													22 42
Troed Y Rhiw	d									20 45													22 45
Merthyr Vale	a									20 48													22 48
	d									20 50													22 50
Quakers Yard	d									20 55													22 55
Aberdare	d	19 52							20 22														21 52
Cwmbach	d	19 55							20 25														21 55
Fernhill	d	19 58							20 28														21 58
Mountain Ash	a	20 02							20 32														22 02
	d	20 07							20 34														22 04
Penrhiwceiber	d	20 10							20 37														22 07
Abercynon	d	20 16							20 45														22 15
Pontypridd	a	20 19	20 24						20 49	20 54													23 08
	d	20 19	20 24						20 49	20 54													23 08
Trefforest	d	20 22	20 27						20 52	20 57													23 11
Trefforest Estate	d										21 15												23 15
Taffs Well	d	20 29	20 34						20 59	21 04													23 19
Radyr	a	20 33	20 38						21 03	21 08													23 23
	d	20 33	20 38						21 03	21 08													23 23
Danescourt	d								21 07														23 23
Fairwater	d								21 09														23 23
Waun-gron Park	d								21 11														23 23
Ninian Park	d								21 14														23 23
Llandaf	d	20 36	20 41						21 06	21 11													23 26
Cathays	d	20 40	20 46						21 10	21 16													23 31
Rhymney	d			20 00																			22 45
Pontlottyn	d			20 03																			22 46
Tir-phil	d			20 08																			22 48
Brithdir	d			20 10																			22 50
Bargoed	a			20 15																			22 51
	d			20 15																			22 54
Gilfach Fargoed	d			20 17																			23 36
Pengam	d			20 20																			23 36
Hengoed	d			20 23																			23 39
Ystrad Mynach	d			20 27																			23 39
Llanbradach	d			20 31																			23 39
Energlyn & Churchill Park	d			20 35																			23 39
Aber	d			20 37																			23 39
Caerphilly	d			20 40																			23 39
Lisvane & Thornhill	d			20 45																			23 39
Llanishen	d			20 47																			23 39
Heath High Level	d			20 50																			23 39
Coryton	d										21 15												22 45
Whitchurch (Cardiff)	d										21 16												22 46
Rhiwbina	d										21 18												22 48
Birchgrove	d										21 20												22 50
Ty Glas	d										21 21												22 51
Heath Low Level	d										21 24												22 54
Cardiff Queen Street	a	20 46	20 50	20 56					21 15	21 20													23 35
	d	20 46	20 51	20 56					21 16	21 21													23 35
Cardiff Central	a	20 51	20 56	21 01					20 56	21 20													23 39
	d	21 10	21 06	21 10					21 21	21 26													23 39
Grangetown	d			21 10							21 32												23 39
Dingle Road	d			21 14							21 36												23 39
Penarth	a			21 19							21 41												23 39
	d			21 19							21 46												23 39
Cogan	d				21 17						21 48												23 38
Eastbrook	d				21 20						21 51												23 41
Dinas Powys	d				21 22						21 53												23 43
Cadoxton	d				21 26						21 57												23 47
Barry Docks	d				21 28						22 00												23 50
Barry	a				21 33						22 05												23 54
	d				21 38						22 09												23 59
Barry Island	a											22 39											23 59
Rhoose Cardiff Int Airport	d										22 12												23 59
Llantwit Major	d										22 22												23 59
Bridgend	a										22 39												23 59

A To Barry Island
B From Aberdare

C To Radyr
D To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

15 December to 10 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Treherbert	d			08 17																			12 17
Ynyswen	d			08 19																			12 19
Treorchy	d			08 21																			12 21
Ton Pentre	d			08 23																			12 23
Ystrad Rhondda	a			08 26																			12 26
.....	d			08 28																			12 28
Llwynypia	d			08 30																			12 30
Tonypandy	d			08 33																			12 33
Dinas Rhondda	d			08 35																			12 35
Porth	d			08 38																			12 38
.....	a			08 39																			12 39
Trehafod	d			08 42																			12 42
Merthyr Tydfil	d								09 38														11 38
Pentre-bach	d								09 42														11 42
Troed Y Rhiw	d								09 45														11 45
Merthyr Vale	a								09 48														11 48
.....	d								09 50														11 50
Quakers Yard	d								09 55														11 55
Aberdare	d				08 53					09 53													11 53
Cwmbach	d				08 56					09 56													11 56
Fernhill	d				09 00					10 00													12 00
Mountain Ash	a				09 04					10 04													12 04
.....	d				09 04					10 04													12 04
Penrhiwceiber	d				09 08					10 08													12 08
Abercynon	d				09 15					10 00	10 15												12 15
Pontypridd 🚏	a			08 49	09 23	09 49				10 08	10 24		10 49		11 24	11 49		12 08		12 24		12 49	12 49
.....	d			08 50	09 24	09 49				10 09	10 24		10 49		11 24	11 49		12 09		12 24		12 49	12 49
Trefforest	d			08 53	09 27	09 52				10 12	10 27		10 52		11 27	11 52		12 12		12 27		12 52	12 52
Trefforest Estate	d																						
Taffs Well	d			09 00	09 34	09 59				10 20	10 34		10 59		11 34	11 59		12 20		12 34		12 59	12 59
Radyr 🚏	a			09 04	09 38	10 03				10 23	10 38		11 03		11 38	12 03		12 23		12 38		13 03	13 03
.....	d			09 04	09 38	10 03				10 23	10 38		11 03		11 38	12 03		12 23		12 38		13 03	13 03
Danescourt	d																						
Fairwater	d																						
Waun-gron Park	d																						
Ninian Park	d																						
Llandaf	d			09 07	09 41	10 06				10 26	10 41		11 06		11 41	12 06		12 26		12 41		13 06	13 06
Cathays	d			09 11	09 46	10 10				10 31	10 46		11 10		11 46	12 11		12 31		12 46		13 11	13 11
Rhymney 🚏	d										10 10												12 11
Pontlottyn	d										10 13												12 14
Tir-phil	d										10 17												12 19
Brithdir	d										10 20												12 21
Bargoed	a										10 24												12 26
.....	d										10 25												12 26
Gilfach Fargoed	d										10 27												12 29
Pengam	d										10 30												12 31
Hengoed	d										10 33												12 35
Ystrad Mynach	d										10 36												12 38
Llanbradach	d										10 41												12 42
Energylyn & Churchill Park	d										10 44												12 46
Aber	d										10 47												12 48
Caerphilly	d				09 10		10 10				10 50		11 10			12 10							12 52
Lisvane & Thornhill	d				09 14		10 14				10 55		11 14			12 14							13 14
Llanishen	d				09 16		10 16				10 57		11 16			12 16							13 16
Heath High Level	d				09 19		10 19				11 00		11 19			12 19							13 19
Coryton	d																						
Whitchurch (Cardiff)	d																						
Rhiwbina	d																						
Birchgrove	d																						
Ty Glas	d																						
Heath Low Level	d																						
Cardiff Queen Street 🚏	a			09 16	09 25	09 50	10 15	10 25		10 35	10 50	11 06	11 15	11 25	11 50	12 15	12 25	12 35		12 50	13 07	13 16	13 25
.....	d			09 16	09 26	09 51	10 16	10 26		10 36	10 51	11 06	11 15	11 26	11 51	12 16	12 26	12 36		12 51	13 08	13 16	13 26
Cardiff Central 🚏	a			09 21	09 30	09 55	10 20	10 30		10 40	10 55	11 10	11 20	11 30	11 55	12 20	12 30	12 40		12 55	13 12	13 20	13 30
.....	d	08 25	08 41	09 18	09 25	09 55	10 25	10 30		10 41	10 55	11 16	11 25	11 35	12 25	12 35	12 45		12 55	13 18	13 25	13 35	
Grangetown	d	08 29	08 45	09 22	09 29	09 59	10 29	10 30		10 45	10 59	11 20	11 29	11 39	12 29	12 39	12 45		12 59	13 22	13 29	13 39	
Dingle Road	d			09 26								11 24											13 26
Penarth	a			09 31								11 29											13 31
Cogan	d	08 33	08 48		09 33	10 03	10 33			10 48	11 03		11 33		12 03	12 33		12 48		13 03			13 33
Eastbrook	d	08 35	08 51		09 35	10 05	10 35			10 51	11 05		11 35		12 05	12 35		12 51		13 05			13 35
Dinas Powys	d	08 37	08 53		09 37	10 07	10 37			10 53	11 07		11 37		12 07	12 37		12 53		13 07			13 37
Cadoxton	d	08 41	08 57		09 41	10 11	10 41			10 57	11 11		11 41		12 11	12 41		12 57		13 11			13 41
Barry Docks	d	08 44	09 00		09 44	10 14	10 44			11 00	11 14		11 44		12 14	12 44		13					

Table T130-F

Sundays

15 December to 10 May

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW					
Treherbert	d		13 17						14 17			15 17							16 17			17 17					
Ynyswen	d		13 19						14 19			15 19							16 19			17 19					
Treorchy	d		13 21						14 21			15 21							16 21			17 21					
Ton Pentre	d		13 23						14 23			15 23							16 23			17 23					
Ystrad Rhondda	a		13 26						14 26			15 26							16 26			17 26					
	d		13 28						14 28			15 28							16 28			17 28					
Llwynypia	d		13 30						14 30			15 30							16 30			17 30					
Tonypandy	d		13 33						14 33			15 33							16 33			17 33					
Dinas Rhondda	d		13 35						14 35			15 35							16 35			17 35					
Porth	a		13 38						14 38			15 38							16 38			17 38					
	d		13 39						14 39			15 39							16 39			17 39					
Trehafof	d		13 42						14 42			15 42							16 42			17 42					
Merthyr Tydfil	d				13 38									15 38								17 38					
Pentre-bach	d				13 42									15 42								17 42					
Troed Y Rhiw	d				13 45									15 45								17 45					
Merthyr Vale	a				13 48									15 48								17 48					
	d				13 50									15 50								17 50					
Quakers Yard	d				13 55									15 55								17 55					
Aberdare	d	12 53										14 53								16 53			17 53				
Cwmbach	d	12 56										14 56								16 56			17 56				
Fernhill	d	13 00										15 00								17 00			18 00				
Mountain Ash	a	13 04										15 04								17 04			18 05				
	d	13 04										15 04								17 04			18 05				
Penrhiwceiber	d	13 08										15 08								17 08			18 09				
Abercynon	d	13 14			14 00							15 14			16 00					17 14			18 00				
Pontypridd	a	13 24	13 49		14 08			14 49		15 24	15 49		16 08					16 49		17 24	17 49		18 08				
	d	13 24	13 49		14 09			14 49		15 24	15 49		16 09					16 49		17 24	17 49		18 09				
Trefforest	d	13 27	13 52		14 12			14 52		15 27	15 52		16 12					16 52		17 27	17 52		18 12				
Trefforest Estate	d																						18 12				
Taffs Well	d	13 34	13 59		14 20			14 59		15 34	15 59		16 20					16 59		17 34	17 59		18 20				
Radyr	a	13 38	14 03		14 23			15 03		15 38	16 03		16 23					17 03		17 38	18 03		18 23				
	d	13 38	14 03		14 23			15 03		15 38	16 03		16 23					17 03		17 38	18 03		18 23				
Danescourt	d																						18 23				
Fairwater	d																						18 38				
Waun-gron Park	d																						18 38				
Ninian Park	d																						18 38				
Llandaf	d	13 41	14 06		14 26			15 06		15 41	16 06		16 26					17 06		17 41	18 06		18 26				
Cathays	d	13 46	14 10		14 31			15 10		15 46	16 10		16 31					17 10		17 46	18 10		18 31				
Rhymney	d						14 11								16 11								18 11				
Pontlottyn	d						14 14								16 14								18 14				
Tir-phil	d						14 19								16 19								18 19				
Brithdir	d						14 21								16 21								18 21				
Bargoed	a						14 26								16 26								18 26				
	d						14 26								16 26								18 26				
Gilfach Fargoe	d						14 29								16 29								18 29				
Pengam	d						14 31								16 31								18 31				
Hengoed	d						14 35								16 35								18 35				
Ystrad Mynach	d						14 38								16 38								18 38				
Llanbradach	d						14 42								16 42								18 42				
Energyln & Churchill Park	d						14 46								16 46								18 46				
Aber	d						14 48								16 48								18 48				
Caerphilly	d			14 10			14 52		15 10			16 10			16 52		17 10				18 10		18 52				
Lisvane & Thornhill	d			14 14			14 56		15 14			16 14			16 56		17 14				18 14		18 56				
Llanishen	d			14 16			14 58		15 16			16 16			16 58		17 16				18 16		18 58				
Heath High Level	d			14 19			15 01		15 19			16 19			17 01		17 19				18 19		19 01				
Coryton	d																										
Whitchurch (Cardiff)	d																										
Rhiwbina	d																										
Birchgrove	d																										
Ty Glas	d																										
Heath Low Level	d																										
Cardiff Queen Street	a	13 50	14 15	14 25	14 35			15 07	15 15	15 25	15 50	16 15	16 25	16 35				17 07		17 15	17 25	17 50	18 15	18 25	18 35	18 50	19 07
	d	13 51	14 16	14 26	14 36			15 08	15 16	15 26	15 51	16 16	16 26	16 36				17 08		17 16	17 26	17 51	18 16	18 26	18 36	18 51	19 08
Cardiff Central	a	13 55	14 20	14 30	14 40			15 12	15 20	15 30	15 55	16 20	16 30	16 40				17 12		17 20	17 30	17 55	18 20	18 30	18 40	18 55	19 12
	d	13 55	14 25		14 41	14 55		15 16	15 25		15 55	16 25		16 41	16 55			17 16		17 25		17 55	18 25		18 42	18 55	19 16
Grangetown	d	13 59	14 29		14 45	14 59		15 20	15 29		15 59	16 29		16 45	16 59			17 20		17 29		17 59	18 29		18 46	18 59	19 20
Dingle Road	d						15 24								17 24												19 24
Penarth	a						15 29								17 29												19 30
Cogan	d	14 03	14 33		14 48	15 03			15 33		16 03	16 33		16 48	17 03				17 33		18 03	18 33		18 50	19 03		
Eastbrook	d	14 05	14 35		14 51	15 05			15 35		16 05	16 35		16 51	17 05				17 35		18 05	18 35		18 52	19 05		
Dinas Powys	d	14 07	14 37		14 53	15 07			15 37		16 07	16 37		16 53	17 07				17 37		18 07	18 37		18 54	19 07		
Cadoxton	d	14 11	14 41		14 57	15 11			15 41		16 11	16 41		16 57	17 11				17 41		18 11	18 41		18 59	19 11		
Barry Docks	d	14 14	14 44		15 00	15 14			15 44		16 14	16 44		17 00	17 14				17 44		18 14	18 44		19 01	19 14		
Barry	d	14 18	14 48		15 05	15 18			15 48		16 18	16 48		17 05	17 18				17 48		18 18	18 48		19 06	19 18		
Barry Island	a	14 24	14 54		15 24				15 54		16 24	16 54			17 24				17 54		18 24	18 54				19 24	
Rhoose Cardiff Int Airport	d				15 12										17 12											19 13	
Llantwit Major	d				15 22										17 22											19 23	
Bridgend	a				15 39										17 39											19 39	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d			06 56																				
Barry	d			07 00																				
Barry Docks	d			07 03																				
Cadoxton	d			07 06																				
Dinas Powys	d			07 10																				
Eastbrook	d			07 13																				
Cogan	d			07 15																				
Penarth	d			07 18																				
Dingle Road	d	07 02		07 18																				
	d	07 04		07 20																				
Grangetown	d	07 08		07 19	07 24																			
Cardiff Central	a	07 14		07 25	07 30																			
	d	07 16	07 21	07 26	07 31	07 35	07 36	07 41	07 46	07 51														
Cardiff Queen Street	a	07 20	07 25	07 30	07 35	07 39		07 45	07 50	07 56														
	d	07 20	07 26	07 30	07 35	07 39		07 45	07 50	07 56														
Heath Low Level	d			07 31						08 01														
Ty Glas	d			07 34						08 03														
Birchgrove	d			07 35						08 05														
Rhiwbina	d			07 37						08 07														
Whitchurch (Cardiff)	d			07 39						08 08														
Coryton	a			07 43						08 13														
Heath High Level	d	07 25			07 40					07 55														
Llanishen	d	07 28			07 43					07 58														
Lisvane & Thornhill	d	07 31			07 45					08 00														
Caerphilly	d	07 37			07 51					08 06														
Aber	d	07 39			07 53					08 08														
Energlyn & Churchill Park	d	07 42								08 08														
Llanbradach	d	07 46			07 57					08 12														
Ystrad Mynach	d	07 52			08 02					08 17														
Hengoed	d	07 55			08 05					08 20														
Pengam	d	07 58			08 08					08 23														
Gilfach Fargoed	d									08 23														
Bargoed	a	08 05			08 14					08 30														
	d				08 14																			
Brithdir	d				08 18																			
Tir-phil	d				08 21																			
Pontlottyn	d				08 25																			
Rhymney	a				08 31																			
Cathays	d			07 33		07 42		07 48																
Llandaf	d			07 37		07 46		07 52																
Ninian Park	d							07 40																08 41
Waun-gron Park	d							07 43																08 44
Fairwater	d							07 45																08 46
Danescourt	d							07 47																08 48
Radyr	a				07 41		07 50	07 54	07 56															
	d				07 41		07 50	07 56																
Taffs Well	d				07 45		07 54	08 00																
Trefforest Estate	d				07 49																			
Trefforest	d				07 53		08 01	08 07																
Pontypridd	a				07 57		08 05	08 11																
	d				07 58		08 05	08 12																
Abercynon	d				08 05			08 19																
Penrhiwceiber	d							08 25																
Mountain Ash	a							08 30																
	d							08 33																
Fernhill	d							08 36																
Cwmbach	d							08 40																
Aberdare	a							08 46																
Quakers Yard	d				08 09																			
Merthyr Vale	a				08 14																			
	d				08 17																			
Troed Y Rhiw	d				08 21																			
Pentre-bach	d				08 24																			
Merthyr Tydfil	a				08 31																			
Trehafof	d							08 10																
Porth	a							08 13																
	d							08 14																
Dinas Rhondda	d							08 18																
Tonypandy	d							08 20																
Llwynypia	d							08 22																
Ystrad Rhondda	a							08 25																
	d							08 29																
Ton Pentre	d							08 31																
Treorchy	d							08 34																
Ynyswen	d							08 37																
Treherbert	a							08 42																

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d	07 42																		08 42			
Llantwit Major	d	07 56																		08 56			
Rhose Cardiff Int Airport	d	08 06																		09 06			
Barry Island	d				08 26					08 41				08 56								09 27	
Barry	d	08 13	08 21			08 30				08 45				09 00						09 15			09 31
Barry Docks	d	08 16	08 24			08 33				08 48				09 03						09 18			09 34
Cadoxton	d	08 19	08 27			08 36				08 51				09 06						09 21			09 37
Dinas Powys	d	08 23				08 40				08 55				09 10						09 25			09 41
Eastbrook	d	08 26				08 43				08 58				09 13						09 28			09 44
Cogan	d	08 29				08 45				09 00				09 15						09 30			09 46
Penarth	d			08 33			08 48								09 18						09 33		09 48
Dingle Road	d			08 35			08 50								09 20						09 35		09 50
Grangetown	d			08 39		08 49	08 54			09 04				09 19	09 24					09 34	09 39		09 50
Cardiff Central	d	08 40	08 41	08 45		08 55	09 00			09 10				09 25	09 30					09 40	09 45		09 56
Cardiff Queen Street	d		08 42	08 46	08 51	08 56	09 01		09 05	09 06	09 11	09 16	09 21	09 26	09 31	09 35	09 36			09 41	09 46	09 51	09 56
Heath Low Level	d		08 46	08 50	08 55	09 00	09 05		09 09		09 15	09 20	09 25	09 30	09 35	09 39				09 45	09 50	09 55	10 00
Ty Glas	d		08 46	08 50	08 55	09 00	09 05		09 09		09 15	09 20	09 25	09 30	09 35	09 39				09 45	09 50	09 55	10 00
Birchgrove	d				09 00									09 30						09 45	09 50	09 55	10 00
Rhiwbina	d				09 03									09 33						09 45	09 50	09 55	10 00
Whitchurch (Cardiff)	d				09 04									09 34						09 45	09 50	09 55	10 00
Coryton	d				09 06									09 36						09 45	09 50	09 55	10 00
Heath High Level	d				09 00									09 30						09 45	09 50	09 55	10 00
Llanishen	d				09 03									09 33						09 45	09 50	09 55	10 00
Lisvane & Thornhill	d				09 04									09 34						09 45	09 50	09 55	10 00
Caerphilly	d				09 06									09 36						09 45	09 50	09 55	10 00
Aber	d				09 08									09 39						09 45	09 50	09 55	10 00
Energlyn & Churchill Park	d				09 08									09 39						09 45	09 50	09 55	10 00
Llanbradach	d				09 12									09 41						09 45	09 50	09 55	10 00
Ystrad Mynach	d				09 17									09 45						09 45	09 50	09 55	10 00
Hengoed	d				09 20									09 50						09 45	09 50	09 55	10 00
Pengam	d				09 23									09 53						09 45	09 50	09 55	10 00
Gilfach Fargoed	d				09 23									09 56						09 45	09 50	09 55	10 00
Bargoed	d				09 30									10 02						09 45	09 50	09 55	10 00
Brithdir	d													10 02						09 45	09 50	09 55	10 00
Tir-phil	d													10 05						09 45	09 50	09 55	10 00
Pontlottyn	d													10 08						09 45	09 50	09 55	10 00
Rhymney	d													10 13						09 45	09 50	09 55	10 00
Cathays	d													10 18						09 45	09 50	09 55	10 00
Llandaf	d	08 48			09 03			09 12		09 18				09 33						09 48			10 03
Ninian Park	d	08 53			09 07			09 16		09 22				09 37						09 52			10 07
Wauon-gron Park	d										09 11									09 48			10 11
Fairwater	d										09 14									09 48			10 11
Danescourt	d										09 16									09 45			10 11
Radyr	d										09 18									09 47			10 11
Taffs Well	d	08 56			09 11			09 20	09 24	09 26				09 41						09 50	09 54		10 11
Trefforest Estate	d	08 56			09 11			09 20	09 24	09 26				09 41						09 50	09 54		10 11
Trefforest	d	09 00			09 15			09 24	09 30	09 30				09 45						09 54			10 15
Pontypridd	d				09 19									09 49						09 54			10 15
Abercynon	d	09 07			09 23			09 31	09 37	09 37				09 53						09 54			10 15
Penrhiwceiber	d	09 11			09 28			09 35	09 41	09 41				09 58						09 58			10 15
Mountain Ash	d	09 12			09 28			09 35	09 41	09 42				09 58						09 58			10 15
Fernhill	d	09 19			09 35			09 44	09 49	09 49				10 05						09 58			10 15
Cwmbach	d	09 25												10 05						10 05			10 15
Aberdare	d	09 30												10 05						10 05			10 15
Quakers Yard	d	09 33												10 06						10 05			10 15
Merthyr Vale	d	09 36												10 10						10 05			10 15
Troed Y Rhiw	d	09 40												10 10						10 05			10 15
Pentre-bach	d	09 46												10 16						10 05			10 15
Merthyr Tydfil	d				09 39									10 09						10 19			10 35
Trehafoed	d				09 44									10 14						10 19			10 35
Porth	d				09 47									10 17						10 19			10 35
Dinas Rhondda	d				09 51									10 21						10 19			10 35
Tonypanyd	d				09 54									10 24						10 19			10 35
Llwynypia	d				10 01									10 31						10 19			10 35
Ystrad Rhondda	d							09 40						10 10						10 19			10 35
Ton Pentre	d							09 43						10 13						10 19			10 35
Treorchy	d							09 44						10 14						10 19			10 35
Ynyswen	d							09 48						10 18						10 19			10 35
Treherbert	d							09 50						10 20						10 19			10 35
	d							09 52						10 22						10 19			10 35
	d							09 55						10 25						10 19			10 35
	d							0															

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d	09 41				09 56																	
Barry	d	09 45				10 00																	
Barry Docks	d	09 48				10 03																	
Cadoxton	d	09 51				10 06																	
Dinas Powys	d	09 55				10 10																	
Eastbrook	d	09 58				10 13																	
Cogan	d	10 00				10 15																	
Penarth	d					10 03																	
Dingle Road	d					10 05																	
Grangetown	d	10 04				10 09																	
Cardiff Central	a	10 10				10 15																	
Cardiff Queen Street	a	10 06				10 11																	
Heath Low Level	d	10 15				10 20																	
Ty Glas	d	10 15				10 20																	
Birchgrove	d					10 25																	
Rhiwbina	d					10 25																	
Whitchurch (Cardiff)	d					10 30																	
Coryton	a					10 30																	
Heath High Level	d					10 30																	
Llanishen	d					10 33																	
Lisvane & Thornhill	d					10 34																	
Caerphilly	d					10 37																	
Aber	d					10 39																	
Energlyn & Churchill Park	d					10 41																	
Llanbradach	d					10 45																	
Ystrad Mynach	d					10 50																	
Hengoed	d					10 53																	
Pengam	d					10 56																	
Gilfach Fargoe	d					11 02																	
Bargoed	a					11 02																	
Brithdir	d					11 05																	
Tir-phil	d					11 08																	
Pontlottyn	d					11 13																	
Rhymney	a					11 18																	
Cathays	d	10 18				10 33																	
Llandaf	d	10 22				10 37																	
Ninian Park	d	10 10																					
Waun-gron Park	d	10 13																					
Fairwater	d	10 15																					
Danescourt	d	10 17																					
Radyr	a	10 24				10 41																	
Taffs Well	d	10 26				10 41																	
Trefforest Estate	d	10 30				10 45																	
Trefforest	d					10 49																	
Pontypridd	a	10 37				10 53																	
Abercynon	d	10 41				10 58																	
Penrhiwceiber	d	10 42				10 58																	
Mountain Ash	a	10 49				11 05																	
Fernhill	d																						
Cwmbach	d																						
Aberdare	a																						
Quakers Yard	d					11 09																	
Merthyr Vale	a					11 14																	
Troed Y Rhiw	d					11 17																	
Pentre-bach	d					11 21																	
Merthyr Tydfil	a					11 24																	
Trehafod	d					11 31																	
Porth	a																						
Dinas Rhondda	d																						
Tonypandy	d																						
Llwynypia	d																						
Ystrad Rhondda	a																						
Ton Pentre	d																						
Treorchy	d																						
Ynyswen	d																						
Treherbert	a																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d		10 42																				
Llantwit Major	d		10 56																				
Rhoose Cardiff Int Airport	d		11 06																				
Barry Island	d						11 26																12 26
Barry	d		11 15				11 30					11 45			12 00								12 30
Barry Docks	d		11 18				11 33					11 48			12 03								12 33
Cadoxton	d		11 21				11 36					11 51			12 06								12 36
Dinas Powys	d		11 25				11 40					11 55			12 10								12 40
Eastbrook	d		11 28				11 43					11 58			12 13								12 43
Cogan	d		11 30				11 45					12 00			12 15								12 45
Penarth	d				11 33				11 48				12 03			12 18							12 33
Dingle Road	d				11 35				11 50				12 05			12 20							12 35
Grangetown	d		11 34		11 39			11 49	11 54				12 04	12 09		12 19	12 24					12 34	12 39
Cardiff Central	a		11 40		11 45			11 55	12 01				12 11	12 15		12 25	12 30					12 40	12 45
	d	11 35	11 36		11 41	11 46	11 51	11 56	12 01	12 05		12 07	12 11	12 16	12 21	12 26	12 31	12 35	12 36			12 41	12 46
Cardiff Queen Street	a	11 39		11 45	11 50	11 55	12 00	12 05	12 09			12 15	12 20	12 25	12 30	12 35	12 39					12 45	12 50
	d	11 39		11 45	11 50	11 55	12 00	12 05	12 09			12 15	12 20	12 25	12 30	12 35	12 39					12 45	12 50
Heath Low Level	d						12 00								12 30								13 00
Ty Glas	d						12 03								12 33								13 03
Birchgrove	d						12 04								12 34								13 04
Rhiwbina	d						12 06								12 36								13 06
Whitchurch (Cardiff)	d						12 08								12 38								13 08
Coryton	a						12 13								12 43								13 13
Heath High Level	d				11 55				12 10					12 25			12 40						12 55
Llanishen	d				11 58				12 13					12 28			12 43						13 13
Lisvane & Thornhill	d				12 00				12 16					12 30			12 45						13 16
Caerphilly	d				12 06				12 22					12 37			12 51						13 22
Aber	d				12 08				12 24					12 39			12 53						13 24
Energlyn & Churchill Park	d								12 27					12 41									13 27
Llanbradach	d				12 12				12 31					12 45			12 57						13 31
Ystrad Mynach	d				12 17				12 37					12 50			13 02						13 37
Hengoed	d				12 20				12 40					12 53			13 05						13 40
Pengam	d				12 23				12 44					12 56			13 08						13 44
Gilfach Fargoe	d								12 47														13 47
Bargoed	a				12 30				12 52						13 02		13 15						13 52
	d														13 02								
Brithdir	d														13 05								
Tir-phil	d														13 08								
Pontlottyn	d														13 13								
Rhymney	a														13 18								
Cathays	d	11 42		11 48			12 03		12 12				12 18			12 33		12 42					12 48
Llandaf	d	11 46		11 52			12 07		12 16				12 22			12 37		12 46					13 07
Ninian Park	d		11 41									12 11						12 40					
Wauon-gron Park	d		11 44									12 14						12 43					
Fairwater	d		11 46									12 16						12 45					
Danescourt	d		11 48									12 18						12 47					
Radyr	a	11 50	11 54	11 56			12 11		12 20			12 25	12 25			12 41		12 50	12 54				12 56
	d	11 50		11 56			12 11		12 20			12 25	12 25			12 41		12 50					13 11
Taffs Well	d	11 54		12 00			12 15		12 24			12 29			12 45		12 54						13 15
Trefforest Estate	d						12 19								12 49								13 19
Trefforest	d	12 01		12 07			12 23		12 31			12 36			12 53		13 01						13 23
Pontypridd	a	12 05		12 11			12 28		12 35			12 41			12 58		13 05						13 28
	d	12 05		12 12			12 28		12 35			12 41			12 58		13 05						13 28
Abercynon	d			12 20			12 35								13 05		13 05						13 35
Penrhiwceiber	d			12 26																			13 25
Mountain Ash	a			12 31																			13 30
	d			12 33																			13 33
Fernhill	d			12 36																			13 36
Cwmbach	d			12 40																			13 40
Aberdare	a			12 46																			13 46
Quakers Yard	d						12 39								13 09								13 39
Merthyr Vale	a						12 44								13 14								13 44
	d						12 47								13 17								13 47
Troed Y Rhiw	d						12 51								13 21								13 51
Pentre-bach	d						12 54								13 24								13 54
Merthyr Tydfil	a						13 01								13 31								14 01
Trehafoed	d	12 10							12 40								13 10						
Porth	a	12 13							12 43								13 13						
	d	12 14							12 44								13 14						
Dinas Rhondda	d	12 18							12 48								13 18						
Tonypandy	d	12 20							12 50								13 20						
Llwynypia	d	12 22							12 52								13 22						
Ystrad Rhondda	a	12 25							12 55								13 25						
	d	12 29							12 59								13 29						
Ton Pentre	d	12 31							13 01								13 31						
Treorchy	d	12 34							13 04								13 34						
Ynyswen	d	12 37							13 07								13 37						
Treherbert	a	12 42							13 12								13 42						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d																							
Barry	d																							
Barry Docks	d																							
Cadoxton	d																							
Dinas Powys	d																							
Eastbrook	d																							
Cogan	d																							
Penarth	d																							
Dingle Road	d																							
Grangetown	d																							
Cardiff Central	a																							
Cardiff Queen Street	a																							
Heath Low Level	d																							
Ty Glas	d																							
Birchgrove	d																							
Rhiwbina	d																							
Whitchurch (Cardiff)	d																							
Coryton	a																							
Heath High Level	d																							
Llanishen	d																							
Lisvane & Thornhill	d																							
Caerphilly	d																							
Aber	d																							
Energlyn & Churchill Park	d																							
Llanbradach	d																							
Ystrad Mynach	d																							
Hengoed	d																							
Pengam	d																							
Gilfach Fargoe	d																							
Bargoed	a																							
Brithdir	d																							
Tir-phil	d																							
Pontlottyn	d																							
Rhymney	a																							
Cathays	d																							
Llandaf	d																							
Ninian Park	d																							
Waun-gron Park	d																							
Fairwater	d																							
Danescourt	d																							
Radry	a																							
Taffs Well	d																							
Trefforest Estate	d																							
Trefforest	d																							
Pontypridd	a																							
Abercynon	d																							
Penrhiwceiber	d																							
Mountain Ash	a																							
Fernhill	d																							
Cwmbach	d																							
Aberdare	a																							
Quakers Yard	d																							
Merthyr Vale	a																							
Troed Y Rhiw	d																							
Pentre-bach	d																							
Merthyr Tydfil	a																							
Trehafoed	d																							
Porth	a																							
Dinas Rhondda	d																							
Tonypandy	d																							
Llwynypia	d																							
Ystrad Rhondda	a																							
Ton Pentre	d																							
Treorchy	d																							
Ynyswen	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d		13 42																			14 42	
Llantwit Major	d		13 56																			14 56	
Rhoose Cardiff Int Airport	d		14 06																			15 06	
Barry Island	d									14 26				14 41		14 56							15 26
Barry	d		14 15							14 30				14 45		15 00						15 15	15 30
Barry Docks	d		14 18							14 33				14 48		15 04						15 18	15 33
Cadoxton	d		14 21							14 36				14 51		15 09						15 21	15 36
Dinas Powys	d		14 25							14 40				14 55		15 13						15 25	15 40
Eastbrook	d		14 28							14 43				14 58		15 15						15 28	15 43
Cogan	d		14 30							14 45				15 00		15 17						15 30	15 45
Penarth	d				14 33									15 03		15 18						15 33	
Dingle Road	d				14 35									15 05		15 20						15 35	
Grangetown	d				14 39					14 49				15 04	15 09	15 21	15 24					15 34	15 49
Cardiff Central	a		14 38		14 45					14 55				15 10	15 15	15 26	15 30					15 40	15 55
	d	14 36	14 42	14 42	14 46	14 51	14 52			14 56			15 01	15 07	15 11	15 16	15 21	15 26	15 31	15 35	15 36	15 41	15 56
Cardiff Queen Street	a		14 46	14 46	14 49	14 55				15 00			15 05		15 15	15 20	15 25	15 30	15 35	15 39		15 45	16 00
	d		14 46	14 46	14 50	14 55				15 00			15 05		15 15	15 20	15 25	15 30	15 35	15 39		15 45	16 00
Heath Low Level	d					15 00										15 30							16 00
Ty Glas	d					15 03										15 33							16 03
Birchgrove	d					15 04										15 34							16 04
Rhiwbina	d					15 06										15 36							16 06
Whitchurch (Cardiff)	d					15 08										15 38							16 08
Coryton	a					15 13										15 43							16 13
Heath High Level	d				14 55					15 10					15 25							15 55	
Llanishen	d				14 58					15 13					15 28							15 58	
Lisvane & Thornhill	d				15 00					15 16					15 30							16 00	
Caerphilly	d				15 06					15 22					15 37							16 06	
Aber	d				15 08					15 24					15 39							16 08	
Energlyn & Churchill Park	d									15 27					15 41								
Llanbradach	d				15 12					15 31					15 45							16 12	
Ystrad Mynach	d				15 17					15 37					15 50							16 02	
Hengoed	d				15 20					15 40					15 53							16 05	
Pengam	d				15 23					15 44					15 56							16 08	
Gilfach Fargoed	d									15 47												16 08	
Bargoed	a				15 28					15 52					16 02							16 15	
	d														16 02								
Brithdir	d														16 02								
Tir-phil	d														16 05								
Pontlottyn	d														16 08								
Rhymney	a														16 13								
	d														16 20								
Cathays	d		14 48	14 48				15 03						15 18		15 33		15 42			15 48		16 03
Llandaf	d		14 53	14 53				15 07						15 22		15 37		15 46			15 52		16 07
Ninian Park	d		14 40										15 11								15 40		
Waun-gron Park	d		14 43										15 14								15 43		
Fairwater	d		14 45										15 16								15 45		
Danescourt	d		14 47										15 18								15 47		
Radyr	a		14 54	14 57	14 57			15 07	15 11	15 07				15 24	15 26					15 41	15 50	15 54	15 56
	d							15 11	15 11	15 20				15 26						15 41	15 50	15 56	
Taffs Well	d			15 01	15 01			15 20	15 15	15 24				15 30						15 45	15 54	16 00	
Trefforest Estate	d									15 19											15 49		16 19
Trefforest	d			15 08	15 08				15 23	15 31				15 37						15 53	16 01	16 07	16 23
Pontypridd	a			15 12	15 12				15 28	15 34				15 41		15 58		16 05			16 11		16 28
	d			15 12	15 12				15 28	15 35				15 42		15 58		16 05			16 12		16 28
Abercynon	d			15 19	15 19				15 35					15 49		16 05		16 05			16 12		16 35
Penrhiwceiber	d			15 25	15 25									15 55							16 25		
Mountain Ash	a			15 31	15 31									16 00							16 30		
	d			15 33	15 33									16 03							16 33		
Fernhill	d			15 36	15 36									16 06							16 36		
Cwmbach	d			15 40	15 40									16 10							16 40		
Aberdare	a			15 46	15 46									16 16							16 46		
Quakers Yard	d							15 39													16 09		16 39
Merthyr Vale	a							15 44													16 14		16 44
	d							15 47													16 17		16 47
Troed Y Rhiw	d							15 51													16 21		16 51
Pentre-bach	d							15 54													16 24		16 54
Merthyr Tydfil	a							16 01													16 31		17 01
Trehafod	d								15 40												16 10		
Porth	a								15 43												16 13		
	d								15 44												16 14		
Dinas Rhondda	d								15 48												16 18		
Tonypandy	d								15 50												16 20		
Llwynypia	d								15 52												16 22		
Ystrad Rhondda	a								15 55												16 25		
	d								15 59					</									

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d												15 42										
Llantwit Major	d												15 56										
Rhoose Cardiff Int Airport	d												16 06										
Barry Island	d			15 41				15 56							16 26					16 41			16 56
Barry	d			15 45				16 00					16 15			16 30				16 45			17 00
Barry Docks	d			15 48				16 03					16 18			16 33				16 48			17 03
Cadoxton	d			15 51				16 06					16 21			16 36				16 51			17 06
Dinas Powys	d			15 55				16 10					16 25			16 40				16 55			17 10
Eastbrook	d			15 58				16 13					16 28			16 43				16 58			17 13
Cogan	d			16 00				16 15					16 30			16 45				17 00			17 15
Penarth	d	15 48				16 03			16 18				16 33								17 03		17 18
Dingle Road	d	15 50				16 05			16 20				16 35								17 05		17 20
Grangetown	d	15 54			16 04	16 09			16 19	16 24			16 34	16 39		16 49				17 04	17 09		17 19
Cardiff Central	a	16 00			16 10	16 15			16 25	16 30			16 40	16 45		16 55				17 10	17 15		17 25
Cardiff Queen Street	a	16 01	16 05	16 06	16 11	16 16	16 21		16 26	16 31	16 35	16 36	16 41	16 46	16 51	16 56	17 01		17 05	17 06	17 11	17 16	17 21
Heath Low Level	d	16 05	16 09		16 15	16 20	16 25		16 30	16 35	16 39		16 45	16 50	16 55	17 00	17 05		17 09		17 15	17 20	17 25
Ty Glas	d						16 30		16 30	16 35	16 39		16 45	16 50	16 55	17 00	17 06		17 09		17 15	17 20	17 25
Birchgrove	d						16 33								17 03							17 33	
Rhiwbina	d						16 34								17 04							17 34	
Whitchurch (Cardiff)	d						16 36								17 06							17 36	
Coryton	a						16 38								17 08							17 38	
Heath High Level	d	16 10				16 25			16 40				16 55			17 10					17 25		17 40
Llanishen	d	16 13				16 28			16 43				16 58			17 14					17 28		17 44
Lisvane & Thornhill	d	16 16				16 30			16 45				17 00			17 17					17 31		17 47
Caerphilly	d	16 22				16 37			16 51				17 06			17 22					17 37		17 53
Aber	d	16 24				16 39			16 53				17 08			17 24					17 39		17 55
Energlyn & Churchill Park	d	16 27				16 41			16 57				17 12			17 27					17 41		17 58
Llanbradach	d	16 31				16 45			16 57				17 12			17 31					17 45		18 02
Ystrad Mynach	d	16 37				16 50			17 02				17 17			17 37					17 50		18 08
Hengoed	d	16 40				16 53			17 05				17 20			17 40					17 53		18 11
Pengam	d	16 44				16 56			17 08				17 23			17 44					17 56		18 15
Gilfach Fargoe	d	16 47																					18 18
Bargoed	a	16 52				17 02			17 15				17 30			17 50					18 03		18 22
Brithdir	d					17 02										17 51							18 23
Tir-phil	d					17 05										17 54							18 26
Pontlottyn	d					17 08										17 58							18 30
Rhymney	a					17 13										18 02							18 34
Cathays	d	16 12			16 18			16 33		16 42		16 48			17 03			17 12		17 18			17 33
Llandaf	d	16 16			16 22			16 37		16 46		16 52			17 07			17 16		17 22			17 37
Ninian Park	d			16 11							16 40							17 10					
Waun-gron Park	d			16 14							16 43							17 13					
Fairwater	d			16 16							16 45							17 15					
Danescourt	d			16 18							16 47							17 17					
Radyr	a	16 20	16 24	16 26				16 41		16 50	16 54	16 56			17 11			17 20	17 24	17 26			17 41
Taffs Well	d	16 20		16 26				16 41		16 50	16 56			17 11			17 20		17 26				17 41
Trefforest Estate	d	16 24		16 30				16 45		16 54	17 00			17 15			17 24		17 30				17 45
Trefforest	d							16 49						17 19									17 49
Pontypridd	a	16 31		16 37				16 53		17 01	17 07			17 23			17 31		17 37				17 53
Abercynon	d	16 35		16 41				16 58		17 05	17 11			17 28			17 35		17 41				17 58
Penrhifwceiber	d	16 35		16 42				16 58		17 05	17 12			17 28			17 35		17 42				17 58
Mountain Ash	d			16 49				17 05		17 19	17 25			17 35			17 49		18 05				18 05
Fernhill	d			16 55							17 25									17 55			
Cwmbach	d			17 00							17 30									18 00			
Aberdare	d			17 03							17 33									18 03			
Quakers Yard	d			17 06							17 36									18 06			
Merthyr Vale	a			17 10							17 40									18 10			
Troed Y Rhiw	d			17 16							17 46									18 16			
Pentre-bach	d							17 09								17 39							18 09
Merthyr Tydfil	a							17 14								17 44							18 14
Trehafof	d							17 17								17 47							18 17
Porth	d							17 21								17 51							18 21
Dinas Rhondda	d							17 24								17 54							18 24
Tonypandy	d							17 31								18 01							18 31
Llwynypia	d	16 40						17 10										17 40					
Ystrad Rhondda	a	16 43						17 13										17 43					
Tonypandy	d	16 44						17 14										17 44					
Llwynypia	d	16 48						17 18										17 48					
Ystrad Rhondda	d	16 50						17 20										17 50					
Tonypandy	d	16 52						17 22										17 52					
Ystrad Rhondda	a	16 55						17 25										17 55					
Tonypandy	d	16 59						17 29										17 59					
Tonypandy	d	17 01						17 31										18 01					
Treorchy	d	17 04						17 34										18 04					
Ynyswen	d	17 07						17 37										18 07					
Treherbert	a	17 12						17 42										18 12					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend d			16 42																					
Llantwit Major..... d			16 56																					
Rhose Cardiff Int Airport..... d			17 06																					
Barry Island d									17 26							17 41								18 26
Barry d			17 15						17 30							17 45								18 15
Barry Docks..... d			17 18						17 33							17 48								18 18
Cadoxton..... d			17 21						17 36							17 51								18 21
Dinas Powys..... d			17 25						17 40							17 55								18 25
Eastbrook..... d			17 28						17 43							17 58								18 28
Cogan..... d			17 30						17 45							18 00								18 30
Penarth d									17 33							18 03								18 33
Dingle Road..... d									17 35							18 05								18 35
Grangetown..... d			17 34						17 39							18 09								18 34
Cardiff Central d			17 40						17 49							18 10								18 39
Cardiff Queen Street d			17 35	17 36					17 41	17 46						18 16	18 21	18 26	18 31	18 35	18 36			18 42
Heath Low Level..... d			17 39						17 45	17 50						18 20	18 25	18 30	18 35	18 39				18 46
Ty Glas..... d			17 39						17 45	17 50						18 20	18 25	18 30	18 35	18 39				18 46
Birchgrove..... d									17 55	18 00						18 25	18 30	18 35	18 39					18 46
Rhiwbina..... d									17 51	17 56	18 01	18 05	18 09			18 16	18 21	18 26	18 31	18 35	18 39			18 46
Whitchurch (Cardiff)..... d									17 55	18 00	18 05	18 09				18 16	18 21	18 26	18 31	18 35	18 39			18 46
Coryton a									18 00							18 15								18 51
Heath High Level..... d									18 03							18 18								18 56
Llanishen..... d									18 04							18 19								19 01
Lisvane & Thornhill..... d									18 03							18 18								19 03
Caerphilly..... d									18 04							18 19								19 05
Aber..... d									18 06							18 21								19 07
Energlyn & Churchill Park..... d									18 08							18 23								19 08
Llanbradach..... d									18 08							18 23								19 08
Ystrad Mynach..... d									18 10							18 25								19 10
Hengoed..... d									18 10							18 25								19 11
Pengam..... d									18 13							18 28								19 14
Gilfach Fargoed..... d									18 13							18 28								19 19
Bargoed..... a									18 13							18 28								19 19
Brithdir..... d									18 14							18 29								19 19
Tir-phil..... d									18 14							18 29								19 23
Pontlottyn..... d									18 18							18 33								19 26
Rhymney a									18 18							18 33								19 30
Cathays..... d	17 42		17 48						18 03							18 33								19 35
Llandaf..... d	17 46		17 52						18 07							18 37								19 35
Ninian Park..... d		17 40							18 10							18 37								18 40
Waun-gron Park..... d		17 43							18 10							18 37								18 43
Fairwater..... d		17 45							18 13							18 37								18 45
Danescourt..... d		17 47							18 15							18 37								18 47
Radyr a	17 50	17 54	17 56						18 11							18 41								18 57
Taffs Well..... d	17 50		17 56						18 11							18 41								18 57
Trefforest Estate..... d	17 54		18 00						18 11							18 41								18 57
Trefforest..... d									18 15							18 45								19 01
Pontypridd d	18 01		18 07						18 19							18 49								19 08
Abercynon..... d	18 05		18 11						18 23							18 53								19 08
Penrhiwceiber..... d	18 05		18 12						18 28							18 58								19 12
Mountain Ash..... a	18 05		18 12						18 28							18 58								19 13
Fernhill..... d			18 19						18 35							19 05								19 20
Cwmbach..... d			18 25						18 35							19 05								19 25
Aberdare a			18 30						18 35							19 05								19 30
Quakers Yard..... d			18 33						18 35							19 05								19 32
Merthyr Vale..... a			18 36						18 35							19 05								19 32
Troed Y Rhiw..... d			18 40						18 39							19 09								19 45
Pentre-bach..... d			18 44						18 44							19 14								19 49
Merthyr Tydfil a			18 47						18 47							19 14								19 49
Trehafof..... d	18 10								18 51							19 21								19 29
Porth..... a	18 13								18 51							19 21								19 29
Dinas Rhondda..... d	18 14								18 54							19 24								19 29
Tonypandy..... d	18 18								18 54							19 24								19 29
Llwynypia..... d	18 20								18 55							19 24								19 29
Ystrad Rhondda..... a	18 22								18 55							19 24								19 29
Ton Pentre..... d	18 26								18 59							19 29								19 31
Treorchy..... d	18 31								19 01							19 31								19 34
Ynyswen..... d	18 34								19 04							19 34								19 37
Treherbert a	18 37								19 07							19 37								19 42
18 42									19 12							19 42								19 42

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d																							
Barry	d																							
Barry Docks	d																							
Cadoxton	d																							
Dinas Powys	d																							
Eastbrook	d																							
Cogan	d																							
Penarth	d																							
Dingle Road	d																							
Grangetown	d																							
Cardiff Central	a																							
Cardiff Queen Street	a																							
Heath Low Level	d																							
Ty Glas	d																							
Birchgrove	d																							
Rhiwbina	d																							
Whitchurch (Cardiff)	d																							
Coryton	a																							
Heath High Level	d																							
Llanishen	d																							
Lisvane & Thornhill	d																							
Caerphilly	d																							
Aber	d																							
Energlyn & Churchill Park	d																							
Llanbradach	d																							
Ystrad Mynach	d																							
Hengoed	d																							
Pengam	d																							
Gilfach Fargoed	d																							
Bargoed	a																							
Brithdir	d																							
Tir-phil	d																							
Pontlottyn	d																							
Rhymney	a																							
Cathays	d																							
Llandaf	d																							
Ninian Park	d																							
Waun-gron Park	d																							
Fairwater	d																							
Danescourt	d																							
Radyr	a																							
Taffs Well	d																							
Trefforest Estate	d																							
Trefforest	d																							
Pontypridd	a																							
Abercynon	d																							
Penrhiwceiber	d																							
Mountain Ash	a																							
Fernhill	d																							
Cwmbach	d																							
Aberdare	a																							
Quakers Yard	d																							
Merthyr Vale	a																							
Troed Y Rhiw	d																							
Pentre-bach	d																							
Merthyr Tydfil	a																							
Trehafof	d																							
Porth	a																							
Dinas Rhondda	d																							
Tonypandy	d																							
Llwynypia	d																							
Ystrad Rhondda	a																							
Ton Pentre	d																							
Treorchy	d																							
Ynyswen	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

16 December to 15 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW							
Bridgend	d								21 42												22 42
Llantwit Major	d								21 56												22 57
Rhoose Cardiff Int Airport	d								22 06												23 07
Barry Island	d			21 56										22 45							
Barry 🚫	d			22 00					22 15					22 49							23 16
Barry Docks	d			22 03					22 18					22 52							23 19
Cadoxton	d			22 06					22 21					22 55							23 22
Dinas Powys	d			22 10					22 25					22 59							23 26
Eastbrook	d			22 13					22 28					23 02							23 29
Cogan	d			22 15					22 30					23 04							23 32
Penarth	d	21 48					22 20							22 51							23 26
Dingle Road	d	21 50					22 22							22 53							23 28
Grangetown	d	21 54			22 19		22 26		22 34					22 57	23 08	23 32	23 36				
Cardiff Central 🚫	a	22 00			22 25		22 33		22 40					23 03	23 14	23 39	23 43				
	d	22 01	22 06	22 21	22 26			22 35	22 41	22 46	22 55			23 16	23 26						
Cardiff Queen Street 🚫	a	22 05	22 10	22 25	22 30			22 39	22 45	22 50				23 20	23 30						
	d	22 05	22 10	22 25	22 30			22 39	22 45	22 50				23 20	23 30						
Heath Low Level	d																				
Ty Glas	d																				
Birchgrove	d																				
Rhiwbina	d																				
Whitchurch (Cardiff)	d																				
Coryton	a																				
Heath High Level	d	22 10							22 44					23 25							
Llanishen	d	22 13							22 47					23 28							
Lisvane & Thornhill	d	22 15							22 49					23 30							
Caerphilly	d	22a23							22 56					23 36							
Aber	d								22 58					23 38							
Energlyn & Churchill Park	d								23 00					23 40							
Llanbradach	d								23 04					23 44							
Ystrad Mynach	d								23 09					23a50							
Hengoed	d								23 12												
Pengam	d								23 15												
Gilfach Fargoed	d								23 18												
Bargoed	a								23 23												
	d								23 23												
Brithdir	d								23 27												
Tir-phil	d								23 30												
Pontlottyn	d								23 34												
Rhymney 🚫	a								23 39												
Cathays	d		22 12		22 33				22 48	22 53				23 33							
Llandaf	d		22 17		22 37				22 52	22 57				23 37							
Ninian Park	d													22 59							
Waun-gron Park	d													23 02							
Fairwater	d													23 04							
Danescourt	d													23 06							
Radyr 🚫	a		22 20		22 41				22 55	23 00	23 13			23 41							
	d		22 20		22 41				22 55	23 00				23 41							
Taffs Well	d		22 24		22 45				22 59	23 04				23 45							
Trefforest Estate	d				22 49																
Trefforest	d		22 31		22 53				23 06	23 11				23 52							
Pontypridd 🚫	a		22 35		22 58				23 10	23 15				23 58							
	d		22 35		22 58				23 11	23 15											
Abercynon	d				23 05				23 18												
Penrhiwceiber	d								23 24												
Mountain Ash	a								23 28												
	d								23 28												
Fernhill	d								23 31												
Cwmbach	d								23 35												
Aberdare	a								23 43												
Quakers Yard	d				23 09																
Merthyr Vale	a				23 14																
	d				23 15																
Troed Y Rhiw	d				23 19																
Pentre-bach	d				23 22																
Merthyr Tydfil	a				23 30																
Trehafoed	d		22 40							23 20											
Porth	a		22 43							23 23											
	d		22 44							23 24											
Dinas Rhondda	d		22 48							23 28											
Tonypandy	d		22 50							23 30											
Llwynypia	d		22 52							23 32											
Ystrad Rhondda	a		22 55							23 35											
	d		22 59							23 38											
Ton Pentre	d		23 01							23 40											
Treorchy	d		23 04							23 43											
Ynyswen	d		23 07							23 46											
Treherbert	a		23 12							23 51											

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW					
Bridgend	d																											
Llantwit Major.....	d																											
Rhose Cardiff Int Airport.....	d																											
Barry Island	d	05 15					05 51								06 26								06 56					
Barry	d	05 19					05 55								06 15								07 00					
Barry Docks.....	d	05 22					05 58								06 18								07 03					
Cadoxton.....	d	05 25					06 01								06 21								07 06					
Dinas Powys.....	d	05 29					06 05								06 25								07 10					
Eastbrook.....	d	05 32					06 08								06 28								07 13					
Cogan.....	d	05 34					06 10								06 30								07 15					
Penarth	d						06 02								06 32								07 02					
Dingle Road.....	d						06 04								06 34								07 04					
Grangetown.....	d	05 38					06 08	06 14							06 34	06 38							07 08					
Cardiff Central	a	05 44					06 14	06 20							06 40	06 45							07 14					
Cardiff Queen Street	d	05 26	05 47	05 51		05 56	06 11	06 15	06 21	06 26			06 31	06 36	06 41	06 46	06 51	06 56	07 06	07 06	07 11		07 16	07 21	07 26	07 31		
	a	05 30	05 51	05 55		06 00	06 15	06 20	06 25	06 30			06 35	06 40	06 45	06 50	06 55	07 00	07 10			07 15		07 20	07 26	07 30	07 35	
	d	05 30	05 51	05 56		06 00	06 15	06 20	06 25	06 30			06 36	06 40	06 45	06 50	06 55	07 00	07 10			07 15		07 20	07 26	07 30	07 35	
Heath Low Level.....	d																											
Ty Glas.....	d																											
Birchgrove.....	d																											
Rhiwbina.....	d																											
Whitchurch (Cardiff).....	d																											
Coryton	a																											
Heath High Level.....	d	05 56					06 25								06 55									07 25			07 40	
Llanishen.....	d	05 59					06 28								06 58									07 28			07 43	
Lisvane & Thornhill.....	d	06 01					06 30								07 00									07 31			07 45	
Caerphilly.....	d	06a08					06 36								07 06									07 37			07 51	
Aber.....	d						06 38								07 08									07 39			07 53	
Energlyn & Churchill Park.....	d																											
Llanbradach.....	d						06 42								07 12									07 46			07 57	
Ystrad Mynach.....	d						06 47								07 17									07 52			08 02	
Hengoed.....	d						06 50								07 20									07 55			08 05	
Pengam.....	d						06 53								07 23									07 58			08 08	
Gilfach Fargoed.....	d																											
Bargoed.....	a						07 01								07 31									08 06			08 14	
Brithdir.....	d																										08 14	
Tir-phil.....	d																										08 18	
Pontlottyn.....	d																										08 21	
Rhymney	a																										08 25	
Cathays.....	d	05 33				06 03	06 18						06 33		06 38	06 43	06 48						07 03	07 12		07 18		07 33
Llandaf.....	d	05 37				06 07	06 22						06 37		06 47	06 52							07 07	07 17		07 22		07 37
Ninian Park.....	d																											
Waun-gron Park.....	d																											
Fairwater.....	d																											
Danescourt.....	d																											
Radyr	a	05 41				06 11	06 26						06 41		06 45	06 50	06 56						07 11	07 20	07 24	07 26		07 41
	d	05 41				06 11	06 26						06 41		06 45	06 50	06 56						07 11	07 20	07 24	07 26		07 41
Taffs Well.....	d	05 45				06 15	06 30						06 45		06a50	06 54	07 00						07 15	07 24	07 30		07 45	
Trefforest Estate.....	d	05 49				06 19							06 49										07 19				07 49	
Trefforest.....	d	05 53				06 23	06 37						06 53		07 01	07 07							07 23	07 31	07 37		07 53	
Pontypridd	a	05 57				06 28	06 41						06 58		07 05	07 11							07 28	07 35	07 41		07 58	
	d	06 00				06 12	06 28	06 42					06 58		07 05	07 12							07 28	07 35	07 42		07 58	
Abercynon.....	d	06 07				06 19	06 35	06 49					07 05		07 19								07 35			07 49		08 05
Penrhiwceiber.....	d					06 24		06 55							07 25										07 55			
Mountain Ash.....	a					06 30		07 00							07 30										08 00			
	d					06 33		07 03							07 33										08 03			
Fernhill.....	d					06 36		07 06							07 36										08 06			
Cwmbach.....	d					06 40		07 10							07 40										08 10			
Aberdare	a					06 46		07 16							07 46										08 16			
Quakers Yard.....	d	06 11				06 39							07 09											07 39			08 09	
Merthyr Vale.....	a	06 16				06 44							07 14											07 44			08 14	
	d	06 17				06 47							07 17											07 47			08 17	
Troed Y Rhiw.....	d	06 21				06 51							07 21											07 51			08 21	
Pentre-bach.....	d	06 24				06 54							07 24											07 54			08 24	
Merthyr Tydfil	a	06 31				07 01							07 31											08 01			08 31	
Trehafod.....	d														07 10									07 40				
Porth.....	a														07 13									07 43				
	d														07 14									07 44				
Dinas Rhondda.....	d														07 18									07 48				
Tonypandy.....	d														07 20									07 50				
Llwynypia.....	d														07 22									07 52				
Ystrad Rhondda.....	a														07 25									07 55				
	d														07 29									07 59				
Ton Pentre.....	d														07 31									08 01				
Treorchy.....	d														07 34									08 04				
Ynyswen.....	d														07 37									08 07				
Treherbert	a														07 42									08 12				

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d		06 42																			
Llantwit Major	d		06 56																			
Rhose Cardiff Int Airport	d		07 06																			
Barry Island	d																					
Barry	d		07 15																			
Barry Docks	d		07 18																			
Cadoxton	d		07 21																			
Dinas Powys	d		07 25																			
Eastbrook	d		07 28																			
Cogan	d		07 30																			
Penarth	d		07 34																			
Dingle Road	d		07 36																			
Grangetown	d		07 34	07 40																		
Cardiff Central	a		07 41	07 46																		
Cardiff Queen Street	a	07 35	07 35	07 41	07 46	07 51																
Heath Low Level	d																					
Ty Glas	d																					
Birchgrove	d																					
Rhiwbina	d																					
Whitchurch (Cardiff)	d																					
Coryton	a																					
Heath High Level	d		07 55																			
Llanishen	d		07 58																			
Lisvane & Thornhill	d		08 00																			
Caerphilly	d		08 06																			
Aber	d		08 08																			
Energlyn & Churchill Park	d																					
Llanbradach	d		08 12																			
Ystrad Mynach	d		08 17																			
Hengoed	d		08 20																			
Pengam	d		08 23																			
Gilfach Fargoeod	d																					
Bargoed	a		08 31																			
Brithdir	d																					
Tir-phil	d																					
Pontlottyn	d																					
Rhymney	a																					
Cathays	d	07 42	07 48																			
Llandaf	d	07 46	07 52																			
Ninian Park	d		07 41																			
Waun-gron Park	d		07 44																			
Fairwater	d		07 46																			
Danescourt	d		07 48																			
Radyr	a	07 50	07 54	07 56																		
Taffs Well	d	07 50	07 56																			
Trefforest Estate	d	07 54	08 00																			
Trefforest	d																					
Pontypridd	a	08 01	08 07																			
Abercynon	d	08 05	08 11																			
Penrhiwceiber	d	08 05	08 12																			
Mountain Ash	d	08 05	08 19																			
Fernhill	d		08 25																			
Cwmbach	d		08 30																			
Aberdare	a		08 36																			
Quakers Yard	d		08 40																			
Merthyr Vale	a		08 44																			
Troed Y Rhiw	d		08 47																			
Pentre-bach	d		08 51																			
Merthyr Tydfil	a		08 54																			
Trehafof	d		09 01																			
Porth	a	08 10																				
Dinas Rhondda	d	08 13																				
Tonypandy	d	08 14																				
Llwynypia	d	08 18																				
Ystrad Rhondda	a	08 20																				
Ton Pentre	d	08 22																				
Treorchy	d	08 25																				
Ynyswen	d	08 29																				
Treherbert	a	08 31																				
	d	08 34																				
	d	08 37																				
	a	08 42																				

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d									08 42												
Llantwit Major	d									08 56												
Rhose Cardiff Int Airport	d									09 06												
Barry Island	d		08 41			08 56								09 27					09 41			09 56
Barry	d		08 45			09 00				09 15				09 31					09 45			10 00
Barry Docks	d		08 48			09 03				09 18				09 34					09 48			10 03
Cadoxton	d		08 51			09 06				09 21				09 37					09 51			10 06
Dinas Powys	d		08 55			09 10				09 25				09 41					09 55			10 10
Eastbrook	d		08 58			09 13				09 28				09 44					09 58			10 13
Cogan	d		09 00			09 15				09 30				09 46					10 00			10 15
Penarth	d					09 18				09 33						09 48					10 03	10 18
Dingle Road	d					09 20				09 35						09 50					10 05	10 20
Grangetown	d		09 04			09 19	09 24			09 34	09 39			09 50					10 04	10 09		10 19
Cardiff Central	d		09 10			09 25	09 30			09 40	09 45			09 56					10 10	10 15		10 25
	a	09 05	09 11	09 14	09 21	09 26	09 31	09 35	09 36	09 41	09 46			09 51	09 56	10 00			10 10	10 15	10 21	10 26
Cardiff Queen Street	d		09 15	09 18	09 25	09 30	09 35	09 39		09 45	09 49			09 55	10 00	10 05	10 09		10 15	10 20	10 25	10 30
	a		09 15	09 20	09 25	09 30	09 35	09 39		09 45	09 50			09 55	10 00	10 05	10 09		10 15	10 20	10 25	10 30
Heath Low Level	d					09 30								10 00							10 30	
Ty Glas	d					09 33								10 03							10 33	
Birchgrove	d					09 34								10 04							10 34	
Rhiwbina	d					09 36								10 06							10 36	
Whitchurch (Cardiff)	d					09 38								10 08							10 38	
Coryton	a					09 43								10 13							10 43	
Heath High Level	d			09 25			09 40				09 55				10 10						10 25	10 40
Llanishen	d			09 28			09 43				09 58				10 13						10 28	10 43
Lisvane & Thornhill	d			09 30			09 45				10 00				10 16						10 30	10 45
Caerphilly	d			09 37			09 51				10 06				10 22						10 37	10 51
Aber	d			09 39			09 53				10 08				10 24						10 39	10 53
Energlyn & Churchill Park	d			09 41											10 27						10 41	
Llanbradach	d			09 45			09 57				10 12				10 31						10 45	10 57
Ystrad Mynach	d			09 50			10 02				10 17				10 37						10 50	11 02
Hengoed	d			09 53			10 05				10 20				10 40						10 53	11 05
Pengam	d			09 56			10 08				10 23				10 44						10 56	11 08
Gilfach Fargoed	d														10 47							
Bargoed	a			10 02			10 15				10 30				10 52						11 02	11 15
	d			10 02																	11 02	
Brithdir	d			10 05																	11 05	
Tir-phil	d			10 08																	11 08	
Pontlottyn	d			10 13																	11 13	
Rhymney	a			10 18																	11 18	
Cathays	d			09 18			09 33			09 42	09 48			10 03			10 12			10 18		10 33
Llandaf	d			09 22			09 37			09 46	09 52			10 07			10 16			10 22		10 37
Ninian Park	d	09 10								09 40							10 10					
Waun-gron Park	d	09 13								09 43							10 13					
Fairwater	d	09 15								09 45							10 15					
Danescourt	d	09 17								09 47							10 17					
Radyr	a	09 24					09 41			09 50	09 54	09 56			10 11			10 20	10 24	10 26		10 41
	d						09 41			09 50	09 56				10 11			10 20	10 26			10 41
Taffs Well	d						09 45			09 54	10 00				10 15			10 24	10 30			10 45
Trefforest Estate	d						09 49															10 49
Trefforest	d						09 53			10 01	10 07				10 21			10 31	10 37			10 53
Pontypridd	a						09 58			10 05	10 11				10 31			10 35	10 41			10 58
	d						09 42			09 58	10 05						10 34	10 35	10 42			10 58
Abercynon	d						09 49			10 05	10 19						10 40	10 40	10 49			11 05
Penrhiwceiber	d										10 25										10 55	
Mountain Ash	a										10 30										11 00	
	d										10 03										11 03	
Fernhill	d										10 06										11 06	
Cwmbach	d										10 10										11 10	
Aberdare	a										10 16										11 16	
Quakers Yard	d						10 09										10 44					11 09
Merthyr Vale	a						10 14										10 49					11 14
	d						10 17										10 51					11 17
Troed Y Rhiw	d						10 21										10 55					11 21
Pentre-bach	d						10 24										10 58					11 24
Merthyr Tydfil	a						10 31										11 06					11 31
Trehafof	d									10 10											10 40	
Porth	a									10 13											10 43	
	d									10 14											10 44	
Dinas Rhondda	d									10 18											10 48	
Tonypandy	d									10 20											10 50	
Llwynypia	d									10 22											10 52	
Ystrad Rhondda	a									10 25											10 55	
	d									10 29											10 59	
Ton Pentre	d									10 31											11 01	
Treorchy	d									10 34											11 04	
Ynyswen	d									10 37											11 07	
Treherbert	a									10 42											11 12	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d		09 42																					
Llantwit Major	d		09 56																					
Rhose Cardiff Int Airport	d		10 06																					
Barry Island	d																							
Barry Island	d																							
Barry Docks	d		10 15																					
Cadoxton	d		10 18																					
Dinas Powys	d		10 21																					
Eastbrook	d		10 25																					
Cogan	d		10 28																					
Penarth	d		10 30																					
Dingle Road	d																							
Grangetown	d		10 33																					
Cardiff Central	d		10 35																					
Cardiff Queen Street	d		10 36																					
Heath Low Level	d																							
Ty Glas	d																							
Birchgrove	d																							
Rhiwbina	d																							
Whitchurch (Cardiff)	d																							
Coryton	a																							
Heath High Level	d																							
Llanishen	d																							
Lisvane & Thornhill	d																							
Caerphilly	d																							
Aber	d																							
Energlyn & Churchill Park	d																							
Llanbradach	d																							
Ystrad Mynach	d																							
Hengoed	d																							
Pengam	d																							
Gilfach Fargoeod	d																							
Bargoed	a																							
Brithdir	d																							
Tir-phil	d																							
Pontlottyn	d																							
Rhymney	a																							
Cathays	d																							
Llandaf	d																							
Ninian Park	d																							
Waun-gron Park	d																							
Fairwater	d																							
Danescourt	d																							
Radyr	a																							
Taffs Well	d																							
Trefforest Estate	d																							
Trefforest	d																							
Pontypridd	a																							
Abercynon	d																							
Penrhiwceiber	d																							
Mountain Ash	a																							
Fernhill	d																							
Cwmbach	d																							
Aberdare	a																							
Quakers Yard	d																							
Merthyr Vale	a																							
Troed Y Rhiw	d																							
Pentre-bach	d																							
Merthyr Tydfil	a																							
Trehafoed	d																							
Porth	a																							
Dinas Rhondda	d																							
Tonypandy	d																							
Llwynypia	d																							
Ystrad Rhondda	a																							
Ton Pentre	d																							
Treorchy	d																							
Ynyswen	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d		11 41					11 56								12 26				12 41			12 56
Barry	d		11 45					12 00								12 30				12 45			13 00
Barry Docks	d		11 48					12 03								12 33				12 48			13 03
Cadoxton	d		11 51					12 06								12 36				12 51			13 06
Dinas Powys	d		11 55					12 10								12 40				12 55			13 10
Eastbrook	d		11 58					12 13								12 43				12 58			13 13
Cogan	d		12 00					12 15								12 45				13 00			13 15
Penarth	d							12 03								12 33				12 48			13 03
Dingle Road	d							12 05								12 35				12 50			13 05
Grangetown	d							12 09								12 39				12 54			13 09
Cardiff Central	d							12 19								12 34				12 49			13 04
Cardiff Queen Street	d							12 25								12 40				12 55			13 10
	a							12 30								12 45				13 00			13 15
	d	12 05	12 06	12 11	12 16	12 21	12 26	12 31	12 35	12 39	12 36	12 41	12 46	12 51	12 56	13 01	13 05	13 06	13 10	13 16	13 21	13 26	13 31
	a	12 09	12 15	12 20	12 25	12 30	12 35	12 39	12 39	12 45	12 50	12 55	13 00	13 05	13 09	13 09	13 09	13 06	13 15	13 20	13 25	13 30	13 35
	d	12 09	12 15	12 20	12 25	12 30	12 35	12 39	12 39	12 45	12 50	12 55	13 00	13 05	13 09	13 09	13 09	13 06	13 15	13 20	13 25	13 30	13 35
Heath Low Level	d							12 30								13 00				13 05			13 10
Ty Glas	d							12 33								13 03				13 08			13 13
Birchgrove	d							12 34								13 04				13 09			13 14
Rhiwbina	d							12 36								13 06				13 11			13 16
Whitchurch (Cardiff)	d							12 38								13 08				13 13			13 18
Coryton	a							12 44								13 13				13 18			13 23
Heath High Level	d							12 25								12 55				13 10			13 25
Llanishen	d							12 28								12 58				13 13			13 28
Lisvane & Thornhill	d							12 30								13 00				13 16			13 30
Caerphilly	d							12 37								13 06				13 22			13 37
Aber	d							12 39								13 08				13 24			13 39
Energlyn & Churchill Park	d							12 41								13 10				13 27			13 41
Llanbradach	d							12 45								13 12				13 31			13 45
Ystrad Mynach	d							12 50								13 17				13 37			13 50
Hengoed	d							12 53								13 20				13 40			13 53
Pengam	d							12 56								13 23				13 44			13 56
Gilfach Fargoeod	d							13 02								13 30				13 47			14 02
Bargoed	a							13 02								13 30				13 52			14 02
	d							13 02								13 30				13 52			14 02
Brithdir	d							13 05								13 33				13 55			14 05
Tir-phil	d							13 08								13 36				13 58			14 08
Pontlottyn	d							13 13								13 40				14 01			14 13
Rhymney	a							13 18								13 45				14 06			14 18
Cathays	d	12 12	12 18					12 33								13 03				13 12			13 18
Llandaf	d	12 16	12 22					12 37								13 07				13 16			13 22
Ninian Park	d	12 10						12 40								13 10				13 20			13 24
Waun-gron Park	d	12 13						12 43								13 13				13 23			13 27
Fairwater	d	12 15						12 45								13 15				13 25			13 30
Danescourt	d	12 17						12 47								13 17				13 27			13 31
Radyr	a	12 20	12 24	12 25				12 41								13 11				13 20			13 24
	d	12 20	12 25					12 41								13 11				13 20			13 26
Taffs Well	d	12 24	12 29					12 45								13 15				13 24			13 28
Trefforest Estate	d							12 49								13 19				13 29			13 33
Trefforest	d	12 31	12 36					12 53								13 23				13 31			13 37
Pontypridd	a	12 35	12 41					12 58								13 28				13 35			13 41
	d	12 35						12 58								13 28				13 35			13 41
Abercynon	d							13 05								13 35				13 45			13 51
Penrhiwceiber	d							13 05								13 35				13 45			13 51
Mountain Ash	a							13 20								13 30				14 00			14 06
	d							13 33								13 43				14 03			14 09
Fernhill	d							13 36								13 46				14 06			14 12
Cwmbach	d							13 40								14 00				14 10			14 16
Aberdare	a							13 46								14 06				14 16			14 22
Quakers Yard	d							13 09								13 39				14 09			14 15
Merthyr Vale	a							13 14								13 44				14 14			14 20
	d							13 17								13 47				14 17			14 23
Troed Y Rhiw	d							13 21								13 51				14 21			14 27
Pentre-bach	d							13 24								13 54				14 24			14 30
Merthyr Tydfil	a							13 31								14 01				14 31			14 37
Trehafof	d	12 40						13 10								13 40				14 10			14 16
Porth	a	12 43						13 13								13 43				14 13			14 19
	d	12 44						13 14								13 44				14 14			14 20
Dinas Rhondda	d	12 48						13 18								13 48				14 18			14 24
Tonypandy	d	12 50						13 20								13 50				14 20			14 26
Llwynypia	d	12 52						13 22								13 52				14 22			14 28
Ystrad Rhondda	a	12 55						13 25								13 55				14 25			14 31
	d	12 59						13 29								13 59				14 29			14 35
Ton Pentre	d	13 01						13 31								14 01				14 31			14 37
Treorchy	d	13 04						13 34								14 04				14 34			14 40
Ynyswen	d	13 07						13 37								14 07				14 37			14 43
Treherbert	a	13 12						13 42								14 12				14 42			14 48

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d			12 42																				
Llantwit Major.....	d			12 56																				
Rhoose Cardiff Int Airport.....	d			13 06																				
Barry Island	d																							
Barry	d			13 15																				
Barry Docks.....	d			13 18																				
Cadoxton.....	d			13 21																				
Dinas Powys.....	d			13 25																				
Eastbrook.....	d			13 28																				
Cogan.....	d			13 30																				
Penarth	d			13 33																				
Dingle Road.....	d			13 35																				
Grangetown.....	d			13 34																				
Cardiff Central	a			13 40																				
.....	d			13 35																				
Cardiff Queen Street	a			13 39																				
.....	d			13 39																				
Heath Low Level.....	d																							
Ty Glas.....	d																							
Birchgrove.....	d																							
Rhiwbina.....	d																							
Whitchurch (Cardiff).....	d																							
Coryton	a																							
Heath High Level.....	d																							
Llanishen.....	d																							
Lisvane & Thornhill.....	d																							
Caerphilly.....	d																							
Aber.....	d																							
Energlyn & Churchill Park.....	d																							
Llanbradach.....	d																							
Ystrad Mynach.....	d																							
Hengoed.....	d																							
Pengam.....	d																							
Gilfach Fargoeo.....	d																							
Bargoed.....	a																							
.....	d																							
Brithdir.....	d																							
Tir-phil.....	d																							
Pontlottyn.....	d																							
Rhymney	a																							
Cathays.....	d																							
Llandaf.....	d																							
Ninian Park.....	d																							
Waun-gron Park.....	d																							
Fairwater.....	d																							
Danescourt.....	d																							
Radyr	a																							
.....	d																							
Taffs Well.....	d																							
Trefforest Estate.....	d																							
Trefforest.....	d																							
Pontypridd	a																							
.....	d																							
Abercynon.....	d																							
Penrhiwceiber.....	d																							
Mountain Ash.....	a																							
.....	d																							
Fernhill.....	d																							
Cwmbach.....	d																							
Aberdare	a																							
Quakers Yard.....	d																							
Merthyr Vale.....	a																							
.....	d																							
Troed Y Rhiw.....	d																							
Pentre-bach.....	d																							
Merthyr Tydfil	a																							
Trehafod.....	d																							
Porth.....	a																							
.....	d																							
Dinas Rhondda.....	d																							
Tonypandy.....	d																							
Llwynypia.....	d																							
Ystrad Rhondda.....	a																							
.....	d																							
Ton Pentre.....	d																							
Treorchy.....	d																							
Ynyswen.....	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d			15 42																			
Llantwit Major	d			15 56																			
Rhose Cardiff Int Airport	d			16 06																			
Barry Island	d						16 26								16 41								17 26
Barry	d			16 15			16 30								16 45								17 30
Barry Docks	d			16 18			16 33								16 48								17 33
Cadoxton	d			16 21			16 36								16 51								17 36
Dinas Powys	d			16 25			16 40								16 55								17 40
Eastbrook	d			16 28			16 43								16 58								17 43
Cogan	d			16 30			16 45								17 00								17 45
Penarth	d					16 33																	
Dingle Road	d					16 35																	
Grangetown	d			16 34	16 39			16 49							17 04								17 49
Cardiff Central	d			16 40	16 45			16 55							17 10								17 55
	a	16 35		16 36	16 41	16 46	16 51	16 56	17 01	17 05	17 06	17 11		17 15	17 20	17 21	17 26	17 31	17 35	17 36		17 46	17 51
Cardiff Queen Street	a	16 39			16 45	16 50	16 55	17 00	17 05	17 09		17 15		17 20	17 25	17 30	17 35	17 39		17 45		17 50	17 55
	d	16 39			16 45	16 50	16 55	17 00	17 05	17 09		17 15		17 20	17 25	17 30	17 35	17 39		17 45		17 51	17 55
Heath Low Level	d														17 30								18 00
Ty Glas	d														17 33								18 03
Birchgrove	d														17 34								18 04
Rhiwbina	d														17 36								18 06
Whitchurch (Cardiff)	d														17 38								18 08
Coryton	a														17 43								18 13
Heath High Level	d														17 25								17 55
Llanishen	d														17 28								17 59
Lisvane & Thornhill	d														17 31								18 02
Caerphilly	d														17 37								18 08
Aber	d														17 39								18 11
Energlyn & Churchill Park	d														17 41								18 14
Llanbradach	d														17 45								18 18
Ystrad Mynach	d														17 50								18 24
Hengoed	d														17 53								18 27
Pengam	d														17 56								18 31
Gilfach Fargoeod	d																						18 11
Bargoed	a														18 03								18 18
	d																						18 18
Brithdir	d																						18 22
Tir-phil	d																						18 22
Pontlottyn	d																						18 25
Rhymney	a																						18 29
Cathays	d	16 42																					18 35
Llandaf	d	16 46																					18 35
Ninian Park	d																						17 40
Waun-gron Park	d																						17 43
Fairwater	d																						17 45
Danescourt	d																						17 47
Radyr	a	16 50																					17 10
	d	16 50																					17 10
Taffs Well	d	16 54																					17 14
Trefforest Estate	d																						17 26
Trefforest	d																						17 26
Pontypridd	a	17 05																					17 30
	d	17 05																					17 30
Abercynon	d																						17 37
Penrhiwceiber	d																						17 37
Mountain Ash	a																						17 31
	d																						17 31
Fernhill	d																						17 23
Cwmbach	d																						17 31
Aberdare	a																						17 35
	d																						17 35
Quakers Yard	d																						17 49
Merthyr Vale	a																						17 55
	d																						18 00
Troed Y Rhiw	d																						18 03
Pentre-bach	d																						18 06
Merthyr Tydfil	a																						18 10
	d																						18 10
Trehafof	d	17 10																					18 09
Porth	a	17 13																					18 14
	d	17 14																					18 14
Dinas Rhondda	d	17 18																					18 17
Tonypandy	d	17 20																					18 18
Llwynypia	d	17 22																					18 20
Ystrad Rhondda	a	17 25																					18 22
	d	17 29																					18 25
Ton Pentre	d	17 31																					18 29
Treorchy	d	17 34																					18 29
Ynyswen	d	17 37																					18 31
Treherbert	a	17 42																					18 34
	d	17 42																					18 37

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

21 December to 16 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d													17 42									18 42
Llantwit Major	d													17 56									18 56
Rhose Cardiff Int Airport	d													18 06									19 06
Barry Island	d			17 41				17 56								18 26			18 41	18 56			
Barry	d			17 45				18 00						18 15				18 31		18 45	19 00		19 15
Barry Docks	d			17 48				18 03						18 18				18 34		18 48	19 03		19 18
Cadoxton	d			17 51				18 06						18 21				18 37		18 51	19 06		19 21
Dinas Powys	d			17 55				18 10						18 25				18 41		18 55	19 10		19 25
Eastbrook	d			17 58				18 13						18 28				18 43		18 58	19 13		19 28
Cogan	d			18 00				18 15						18 30				18 46		19 00	19 15		19 30
Penarth	d	17 48				18 03				18 18					18 34			18 48				19 18	
Dingle Road	d	17 50				18 05				18 20					18 36			18 50				19 20	
Grangetown	d	17 54			18 04	18 09		18 19		18 24				18 34	18 40		18 50	18 54		19 04	19 19	19 24	19 34
Cardiff Central	a	18 00			18 11	18 15		18 25		18 30				18 40	18 47		18 57	19 00		19 10	19 25	19 30	19 40
Cardiff Queen Street	a	18 01	18 05	18 06	18 11	18 16	18 21	18 26		18 31	18 35	18 36	18 42	18 51		19 01	19 05		19 11	19 26	19 31	19 36	19 43
	a	18 05	18 09		18 15	18 20	18 25	18 30		18 35	18 39	18 46	18 55	19 05	19 09		19 15	19 30	19 35	19 47	19 55		19 51
	d	18 05	18 09		18 15	18 20	18 25	18 30		18 35	18 39	18 46	18 55	19 05	19 09		19 15	19 30	19 36	19 47	19 55		19 55
Heath Low Level	d							18 30						19 00									20 00
Ty Glas	d							18 33						19 03									20 03
Birchgrove	d							18 34						19 04									20 04
Rhiwbina	d							18 36						19 06									20 06
Whitchurch (Cardiff)	d							18 38						19 08									20 08
Coryton	a							18 43						19 13									20 13
Heath High Level	d	18 10				18 25				18 40							19 10					19 40	
Llanishen	d	18 13				18 28				18 43							19 13					19 43	
Lisvane & Thornhill	d	18 15				18 30				18 45							19 15					19 46	
Caerphilly	d	18 21				18 36				18 52							19a23					19 52	
Aber	d	18 23				18 38				18 54												19 54	
Energlyn & Churchill Park	d					18 41				18 56												19 57	
Llanbradach	d	18 27				18 44				19 00												20 00	
Ystrad Mynach	d	18 32				18a52				19 05												20 06	
Hengoed	d	18 35								19 08												20 08	
Pengam	d	18 38								19 11												20 12	
Gilfach Fargoe	d	18 41								19 14												20 15	
Bargoed	a	18 47								19 19												20 19	
	d									19 19												20 19	
Brithdir	d									19 23												20 23	
Tir-phil	d									19 26												20 26	
Pontlottyn	d									19 30												20 30	
Rhymney	a									19 36												20 35	
Cathays	d	18 12		18 18		18 33				18 42		18 49				19 12		19 18	19 33				19 50
Llandaf	d	18 16		18 22		18 37				18 46		18 53				19 16		19 22	19 37				19 54
Ninian Park	d			18 11						18 40													19 40
Waun-gron Park	d			18 14						18 43													19 43
Fairwater	d			18 16						18 45													19 45
Danescourt	d			18 18						18 47													19 47
Radyr	a	18 20	18 24	18 25		18 41				18 50	18 54	18 57				19 20		19 26	19 41		19 54	19 58	
	d	18 20		18 25		18 41				18 50	18 54	18 57				19 20		19 26	19 41			19 58	
Taffs Well	d	18 24		18 29		18 45				18 54	18 57	19 01				19 24		19 30	19 45			20 02	
Trefforest Estate	d					18 49													19 49				
Trefforest	d	18 31		18 36		18 53				19 01	19 08					19 31		19 37	19 53			20 09	
Pontypridd	a	18 35		18 41		18 58				19 05	19 12					19 35		19 41	19 58			20 13	
	d	18 35				18 58				19 05	19 13					19 35		19 42	19 58			20 13	
Abercynon	d					19 05					19 20							19 50	20 05			20 21	
Penrhiwceiber	d										19 25							19 56				20 27	
Mountain Ash	a										19 30							20 02				20 32	
	d										19 33							20 03				20 33	
Fernhill	d										19 36							20 06				20 36	
Cwmbach	d										19 40							20 10				20 40	
Aberdare	a										19 46							20 16				20 46	
Quakers Yard	d					19 09																20 09	
Merthyr Vale	a					19 14																20 14	
	d					19 17																20 15	
Troed Y Rhiw	d					19 21																20 19	
Pentre-bach	d					19 24																20 22	
Merthyr Tydfil	a					19 31																20 28	
Trehafof	d	18 40								19 10								19 40					
Porth	a	18 43								19 13								19 43					
	d	18 44								19 14								19 44					
Dinas Rhondda	d	18 48								19 18								19 48					
Tonypandy	d	18 50								19 20								19 50					
Llwynypia	d	18 52								19 22								19 52					
Ystrad Rhondda	a	18 55								19 25								19 55					
	d	18 59								19 29								19 59					
Ton Pentre	d	19 01								19 31								20 01					
Treorchy	d	19 04								19 34								20 04					
Ynyswen	d	19 07								19 37								20 07					
Treherbert	a	19 12								19 42								20 12					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

15 December to 10 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																							11 42	
Llantwit Major.....	d																							11 56	
Rhose Cardiff Int Airport.....	d																							12 06	
Barry Island	d				08 56				09 56																
Barry	d				09 00				10 00																
Barry Docks.....	d				09 03				10 03																
Cadoxton.....	d				09 06				10 06																
Dinas Powys.....	d				09 10				10 10																
Eastbrook.....	d				09 13				10 13																
Cogan.....	d				09 15				10 15																
Penarth	d					09 33																			
Dingle Road.....	d					09 35																			
Grangetown.....	d				09 19	09 39			10 19																
Cardiff Central	a				09 26	09 46			10 25																
Cardiff Queen Street	d	08 26	09 00	09 05	09 35	09 41			10 00	10 05	10 26			10 35	10 41			11 00	11 05	11 35	11 41	12 00		12 05	
	a	08 30	09 04	09 09	09 39	09 45			10 04	10 09	10 30			10 39	10 45			11 04	11 09	11 39	11 45	12 04		12 09	
	d	08 31	09 04	09 09	09 39	09 46			10 04	10 09	10 30			10 39	10 46			11 04	11 09	11 39	11 46	12 04		12 09	
Heath Low Level.....	d																								
Ty Glas.....	d																								
Birchgrove.....	d																								
Rhiwbina.....	d																								
Whitchurch (Cardiff).....	d																								
Coryton	a																								
Heath High Level.....	d			09 14	09 44				10 14					10 44				11 14	11 44					12 14	
Llanishen.....	d			09 17	09 47				10 17					10 47				11 17	11 47					12 17	
Lisvane & Thornhill.....	d			09 19	09 49				10 19					10 49				11 19	11 49					12 19	
Caerphilly.....	d			09 25	09a56				10 25					10a56				11 26	11a56					12 26	
Aber.....	d			09 27					10 27									11 28						12 28	
Energlyn & Churchill Park.....	d			09 29					10 29									11 30						12 30	
Llanbradach.....	d			09 33					10 33									11 33						12 34	
Ystrad Mynach.....	d			09 38					10 38									11 38						12 39	
Hengoed.....	d			09 41					10 41									11 41						12 42	
Pengam.....	d			09 44					10 44									11 44						12 45	
Gilfach Fargoed.....	d			09 47					10 47									11 47						12 48	
Bargoed.....	a			09 52					10 51									11 51						12 52	
	d			09 52					10 51									11 51						12 52	
Brithdir.....	d			09 56					10 55									11 55						12 56	
Tir-phil.....	d			09 59					10 58									11 58						12 59	
Pontlottyn.....	d			10 03					11 02									12 02						13 03	
Rhymney	a			10 08					11 08									12 06						13 08	
Cathays	d	08 33	09 07		09 48			10 07	10 33					10 48				11 07					11 48	12 07	
Llandaf	d	08 38	09 11		09 53			10 11	10 37					10 53				11 11					11 53	12 11	
Ninian Park.....	d																								
Waun-gron Park.....	d																								
Fairwater.....	d																								
Danescourt.....	d																								
Radyr	a	08 41	09 15		09 56			10 15	10 41					10 56				11 15					11 56	12 15	
	d	08 41	09 15		09 56			10 15	10 41					10 56				11 15					11 56	12 15	
Taffs Well.....	d	08 45	09 19		10 00			10 19	10 45					11 00				11 19					12 00	12 19	
Trefforest Estate.....	d																								
Trefforest.....	d	08 53	09 26		10 07			10 26	10 53					11 07				11 26					12 07	12 26	
Pontypridd	a	08 57	09 31		10 11			10 31	10 57					11 11				11 31					12 11	12 31	
	d	08 58	09 31		10 12			10 31	10 58					11 12				11 31					12 12	12 31	
Abercynon.....	d	09 05			10 19				11 05					11 19				12 19							
Penrhiwceiber.....	d				10 25									11 25				12 25							
Mountain Ash.....	a				10 29									11 29				12 29							
	d				10 30									11 30				12 30							
Fernhill.....	d				10 33									11 33				12 33							
Cwmbach.....	d				10 37									11 37				12 37							
Aberdare	a				10 43									11 43				12 43							
Quakers Yard.....	d	09 09							11 09																13 09
Merthyr Vale.....	a	09 14							11 14																13 14
	d	09 15							11 15																13 15
Troed Y Rhiw.....	d	09 19							11 19																13 19
Pentre-bach.....	d	09 22							11 22																13 22
Merthyr Tydfil	a	09 30							11 30																13 30
Trehafod.....	d	09 36						10 36						11 36				12 36							
Porth.....	a	09 39						10 39						11 39				12 39							
	d	09 40						10 40						11 40				12 40							
Dinas Rhondda.....	d	09 44						10 44						11 44				12 44							
Tonypandy.....	d	09 46						10 46						11 46				12 46							
Llwynypia.....	d	09 48						10 48			</														

Table T130-R

Sundays

15 December to 10 May

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW		
Bridgend	d																							15 42	
Llantwit Major	d																								15 56
Rhose Cardiff Int Airport	d																								16 06
Barry Island	d	12 26																							
Barry	d	12 31																							
Barry Docks	d	12 34																							
Cadoxton	d	12 37																							
Dinas Powys	d	12 41																							
Eastbrook	d	12 43																							
Cogan	d	12 46																							
Penarth	d																								
Dingle Road	d																								
Grangetown	d	12 50																							
Cardiff Central	a	12 56																							
Cardiff Queen Street	a		13 00	13 05	13 35	13 41																			
Heath Low Level	d		13 04	13 09	13 39	13 45																			
Ty Glas	d		13 04	13 09	13 39	13 46																			
Birchgrove	d																								
Rhiwbina	d																								
Whitchurch (Cardiff)	d																								
Coryton	a																								
Heath High Level	d		13 14	13 44																					
Llanishen	d		13 17	13 47																					
Lisvane & Thornhill	d		13 19	13 49																					
Caerphilly	d		13 26	13a56																					
Aber	d		13 28																						
Energlyn & Churchill Park	d		13 30																						
Llanbradach	d		13 33																						
Ystrad Mynach	d		13 38																						
Hengoed	d		13 41																						
Pengam	d		13 44																						
Gilfach Fargoe	d		13 47																						
Bargoed	a		13 51																						
Brithdir	d		13 51																						
Tir-phil	d		13 55																						
Pontlottyn	d		13 58																						
Rhymney	a		14 02																						
Cathays	d		14 08																						
Llandaf	d		13 07																						
Ninian Park	d		13 11																						
Waun-gron Park	d																								
Fairwater	d																								
Danescourt	d																								
Radryl	a		13 15																						
Taffs Well	d		13 15																						
Trefforest Estate	d		13 19																						
Trefforest	d		13 26																						
Pontypridd	a		13 31																						
Abercynon	d		13 31																						
Penrhiwceiber	d																								
Mountain Ash	a																								
Fernhill	d																								
Cwmbach	d																								
Aberdare	a																								
Quakers Yard	d																								
Merthyr Vale	a																								
Troed Y Rhiw	d																								
Pentre-bach	d																								
Merthyr Tydfil	a																								
Trehafoed	d		13 36																						
Porth	a		13 39																						
Dinas Rhondda	d		13 40																						
Tonypandy	d		13 44																						
Llwynypia	d		13 46																						
Ystrad Rhondda	a		13 48																						
Ton Pentre	d		13 51																						
Treorchy	d		13 54																						
Ynyswen	d		13 56																						
Treherbert	a		13 59																						
			14 02																						
			14 07																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

