

Table T128-F

Mondays to Fridays

20 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Miles	Miles		AW MO	AW MX	AW MX	AW MX	GW MX	GW MO	GW MX	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
—	—	London Paddington 1.5	d																		
—	—	Reading 7	d																		
—	—	Manchester Piccadilly 1.0	d																		
—	—	Gloucester 7	d																		
—	—	Bristol Parkway 7	d						00 28												05 50
—	—	Newport (South Wales)	d						00 57												06 44
0	—	Cardiff Central 7	d						01 19												05 35
11	—	Pontyclun	d																		05 53
14	—	Llanharan	d																		06 37
16¼	—	Pencoed	d																		07 03
20¼	0	Bridgend	d				00 05	00 19	01 43												07 15
—	1	Wildmill	d																		05 56
—	2¼	Sarn	d																		06 01
—	3	Tondu	d																		06 17
—	7	Garth (Mid Glamorgan)	d																		06 20
—	7¼	Maesteg (Ewenny Road)	d																		06 24
—	8¼	Maesteg	a																		06 33
26¼	—	Pyle	d																		06 36
32¼	—	Port Talbot Parkway	d				00 01	00 18	00 32	01 56											06 41
34¼	—	Baglan	d				00 05														06 14
36¼	—	Briton Ferry	d				00 09														06 22
38	—	Neath	d				00 13	00 26	00 39	02 04											06 24
41¼	—	Skewen	d				00 16														06 28
43¼	—	Llansamlet	d				00 20														06 32
47¼	—	Swansea	a				00 28	00 39	00 52	02 17											06 35
—	—		d				00 13	00 45													06 39
53	—	Gowerton	d				00 24	00s55													06 48
58¼	—	Llanelli	a				00 29	01s02													05 45
—	—		a				00 30														06 04
62¼	—	Pembrey & Burry Port	d	00 04			00 35	01s09													06 04
68	—	Kidwelly	d	00x11			00x42	01s15													06 10
72¼	—	Ferryside	d	00x17			00x48	01s21													06 18
79¼	—	Cardiff	a	00 33			01 05	01 35													06 24
—	—		a				01 39														06 38
93¼	0	Whitland	a				01 54			04 50	05 30										05 50
—	—		d				01 55			05 03	05 46										05 58
—	5¼	Narberth	d							06 05	06 13										06 05
—	10¼	Kilgetty	d							06 05	06 13										06 13
—	11¼	Saundersfoot	d							06 05	06 13										06 13
—	15¼	Tenby	a							06 05	06 13										06 13
—	—		a							06 05	06 13										06 13
—	17	Penally	d							06 05	06 13										06 13
—	20¼	Manorbier	d							06 05	06 13										06 13
—	23¼	Lamphey	d							06 05	06 13										06 13
—	25¼	Pembroke	d							06 05	06 13										06 13
—	27¼	Pembroke Dock	a							06 05	06 13										06 13
98¼	—	Clunderwen	d							06 05	06 13										06 13
105¼	0	Clarboston Road	d							06 05	06 13										06 13
—	5¼	Haverfordwest	d							06 05	06 13										06 13
—	10	Johnston	d				00x06			05 29											06 35
—	14	Milford Haven	a				00 21			05 37											06 43
—	—		a							05 52											06 58
—	—	Fishguard & Goodwick	a					02 27													07 38
121	—	Fishguard Harbour 80	a					02 37													07 44
—	—		a																		
—	—	Rosslare Harbour	a																		09 44

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

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Table T128-F

Mondays to Fridays

20 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

	AW	GW MX	GW MO	AW	AW	GW	AW		AW	AW	AW	GW	AW	AW	AW	AW	AW		GW	AW	AW	AW	AW	GW
London Paddington 15	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇
Reading 7	⌘	⌘	⌘			⌘	⌘					⌘	⌘	⌘	⌘	⌘	⌘		⌘	⌘	⌘	⌘	⌘	⌘
Manchester Piccadilly 10																								
Gloucester 7											07 58					06 29	07 30						08 31	
Bristol Parkway 7		07 23	07 23			08 10						09 09					08 58						11 09	
Newport (South Wales)	d	07 33	07 49	07 49		08 03	08 33	08 41				08 52	09 31			09 36	09 52	10 24				10 34		11 32
Cardiff Central 7	d	07 50	08 05	08 05		08 21	08 53	09 04			09 12	09 18	09 52			10 04	10 18	10 41				10 50	11 12	11 41
Pontyclun	d					08 33					09 30					10 30						11 30		11 32
Llanharan	d					08 38					09 35					10 35						11 35		11 38
Pencoed	d					08 42					09 39					10 39						11 39		11 42
Bridgend	d	08 09	08 25	08 25		08 50	09 15	09 24			09 32	09 46	10 12			10 23	10 46	11 00				11 32	11 46	12 09
Wildmill	d					08 52					09 49					10 49						11 49		11 52
Sarn	d					08 55					09 52					10 52						11 52		11 55
Tondu	d					08 59					09 55					10 55						11 55		11 58
Garth (Mid Glamorgan)	d					09 08					10 05					11 05						12 04		12 07
Maesteg (Ewenny Road)	d					09 11					10 07					11 07						12 07		12 10
Maesteg	a					09 16					10 10					11 10						12 11		12 14
Pyle	d	08 17									09 40					10 36						11 40		12 22
Port Talbot Parkway	d	08 25	08 38	08 38			09 28	09 37			09 48		10 25			10 36					11 12		11 48	12 11
Baglan	d	08 28									09 52					10 36						11 52		12 22
Briton Ferry	d	08 31									09 55					10 36						11 55		12 22
Neath	d	08 35	08 46	08 46			09 35	09 44			09 59		10 33			10 43					11 19		11 59	12 18
Skewen	d	08 39									10 03					10 43						12 03		12 29
Llansamlet	d	08 43									10 07					10 43						12 07		12 33
Swansea	a	08 52	08 58	08 58			09 48	09 56			10 18		10 45			10 55					11 33		12 18	12 32
Gowerton	d	09 06				09 34		10 02					11 00			11 04					11 38		12 22	12 40
Llanelli	a	09 23				09 45		10 13					11 17			11 17					11 38		12 22	12 40
	a	09 25				09 52		10 19					11 15			11 22					11 38		12 22	12 40
	d	09 31						10 21					11 17			11 23					11 54		12 19	12 59
Pembrey & Burry Port	d	09 37						10 27					11 28			11 28					12 00		12 25	13 05
Kidwelly	d	09x37						10x33								12x06					12x11			
Ferryside	d	09x42						10x38								12x11								
Carmarthen	a	09 55						10 51								11 49					12 25		12 48	13 24
	d	09 59									10 56					11 53					12 25		12 51	13 30
Whitland	a	10 13									11 10					12 05					12 25		13 06	13 45
	d	10 14									11 11					12 06					12 25		13 06	13 45
Narberth	d										11x20											13x15		13 45
Kilgetty	d										11x30											13x25		13 45
Saundersfoot	d										11x32											13x27		13 45
Tenby	a										11 39											13 34		13 45
	d										11 49											13 45		13 45
Penally	d										11x52											13x48		13 45
Manorbier	d										11 58											13 54		13 45
Lamphey	d										12x06											14x02		13 45
Pembroke	d										12 09											14 05		13 45
Pembroke Dock	a										12 23											14 19		13 45
Clunderwen	d	10x20														12x12								13x52
Clarbeston Road	d	10x28											12x04			12x20								13x59
Haverfordwest	d	10 36														12 28								14 08
Johnston	d	10x44														12x36								14x16
Milford Haven	a	10 57														12 53								14 31
Fishguard & Goodwick	a												12 23											
Fishguard Harbour 30	a												12 30											
	d															13 10								
Rosslare Harbour	a															16 25								

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Mondays to Fridays

20 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	GW		AW	AW	AW	AW	AW	GW	AW	AW	GW		AW	AW	AW	AW	GW	AW	AW	AW	AW	
	◇	◇	◇ ^A		◇	◇	◇	◇	◇	◇ ^A	◇	◇	◇ ^A		◇	■	■	■	■	◇ ^A	◇	◇		
		⌘	⌘ ^A							⌘			⌘			⌘	⌘	⌘	⌘	⌘ ^A	⌘			
London Paddington 15	d		10 45							11 45			12 45							13 45				
Reading 7	d		11 12							12 12			13 12							14 12				
Manchester Piccadilly 10	d	09 31							10 31			11 31							12 31					
Gloucester 7	d	10 58																	13 58			14 48		
Bristol Parkway 7	d		12 09							13 09			14 09							15 09				
Newport (South Wales)	d	11 52	12 23	12 33					13 23	13 32		14 22	14 33			14 56	14 59	15 22	15 31	15 42	15 51	16 04		
Cardiff Central 7	d	12 18	12 42	12 50		13 13		13 18	13 43	13 49	14 20	14 43	14 49		15 13	15 19	15 42	15 48	15 58	16 04	16 18	16 38		
Pontyclun	d	12 30						13 30			14 33					15 31					16 30	16 50		
Llanharan	d	12 35						13 35			14 38					15 36					16 35			
Pencoed	d	12 39						13 39			14 42					15 40					16 39	16 57		
Bridgend	d	12 46	13 01	13 10		13 34		13 46	14 04	14 10	14 49	15 02	15 10		15 33	15 47	16 01	16 08	16 24	16 45	17a04			
Wildmill	d	12 49						13 49			14 52					15 50					16 48			
Sarn	d	12 52						13 52			14 55					15 53					16 51			
Tondu	d	12 55						13 55			14 58					15 56					16 54			
Garth (Mid Glamorgan)	d	13 05						14 05			15 08					16 06					17 04			
Maesteg (Ewenny Road)	d	13 07						14 07			15 10					16 08					17 06			
Maesteg	a	13 10						14 10			15 13					16 11					17 09			
Pyle	d				13 42										15 40						16 32			
Port Talbot Parkway	d	13 14	13 23		13 50				14 18	14 24		15 15	15 23		15 49		16 14	16 21	16 39					
Baglan	d				13 54										15 52									
Briton Ferry	d				13 57										15 55									
Neath	d	13 21	13 31		14 01				14 25	14 31		15 22	15 30		15 59		16 21	16 29	16 46					
Skewen	d				14 05										16 03									
Llansamlet	d				14 09										16 07									
Swansea	a	13 34	13 43		14 20			14 38	14 44		15 35	15 43			16 15	16 33	16 41	17 00						
	d	13 37			14 00		14 35	14 40			15 39				16 00	16 20	16 40	17 05				17 38		
Gowerton	d	13 48						14 51			15 50				16 11	16 31	16 51	17 16				17 48		
Llanelli	a	13 54			14 15		14 51	14 58			15 57				16 17	16 38	16 57	17 23				17 55		
	d	13 56			14 16			14 59			15 58				16 18		16 59	17 24				17 57		
Pembrey & Burry Port	d	14 02			14 22			15 05			16 04				16 24		17 05	17 30				18 03		
Kidwelly	d	14x08									16x10					17x11	17x37					18x11		
Ferryside	d	14x13									16x16					17x16	17x43					18x17		
Carmarthen	a	14 30			14 47			15 25			16 30				16 47		17 28	17 55				18 33		
	d				14 51			15 29							16 51		17 31	17 59						
Whitland	a				15 05			15 44							17 05		17 45	18 13						
	d				15 06			15 44							17 06		17 46	18 14						
Narberth	d				15x15										17x15									
Kilgetty	d				15x25										17x25									
Saundersfoot	d				15x27										17x27									
Tenby	a				15 34										17 34									
	d				15 45										17 45									
Penally	d				15x48										17x48									
Manorbier	d				15 54										17 54									
Lamphey	d				16x02										18x02									
Pembroke	d				16 05										18 05									
Pembroke Dock	a				16 19										18 19									
Ciunderwen	d							15x51									17x52	18x20						
Clarbeston Road	d							15x58									18x00	18x28						
Haverfordwest	d							16 07									18 08							
Johnston	d							16x15									18x16							
Milford Haven	a							16 25									18 31							
Fishguard & Goodwick	a																			18 46				
Fishguard Harbour 80	a																			18 56				
	d																							
Rosslare Harbour	a																							

A Restaurant available for customers joining until Bristol Parkway. ⌘ from Bristol Parkway ✕ to Bristol Parkway

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Mondays to Fridays

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Cardiff - Maesteg, Swansea and West Wales

	GW	AW	AW	AW	AW	AW	GW	AW	AW		GW	AW	GW	AW	AW	AW	AW	GW	AW		GW	AW	GW	GW
	◇	■	◇	■	◇	■	◇	◇	◇		■	■	■	■	■	■	■	■	■	◇	■	■	■	■
	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕		⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	⊕	
London Paddington 16	14 45						15 45				16 15		16 45					17 15			17 45	18 14	18 45	
Reading 7	15 12						16 12				16 42		17 12					17 42			18 12	18 42	19 12	
Manchester Piccadilly 10		13 31					14 31						15 31						16 31					
Gloucester 7															17 58							19 00		
Bristol Parkway 7	16 10						17 10				17 41		18 10					18 41			19 12	19 42	20 10	
Newport (South Wales)	16 32	16 41		17 02		17 22	17 33		17 52		18 04		18 32	18 41		18 53		19 11	19 24		19 35	19 54	20 07	20 34
Cardiff Central 7	16 48	17 04		17 23		17 42	17 51	18 06	18 12		18 25		18 52	19 04		19 12		19 30	19 46		19 52	20 13	20 25	20 54
Pontyclun				17 37				18 18	18 24							19 26						20 25		
Llanharan		17 19		17 41				18 29								19 31						20 30		
Pencoed				17 45				18 25	18 33							19 35						20 34		
Bridgend	17 09	17 27		17 51		18 01	18 11	18 30	18 44		18 50		19 13	19 23		19 45		19 50	20 05		20 12	20 41	20 47	21 16
Wildmill				17 53				18 47								19 48						20 44		
Sarn				17 56				18 50								19 51						20 47		
Tondu				18 00				18 53								19 54						20 50		
Garth (Mid Glamorgan)				18 09				19 03								20 04						21 00		
Maesteg (Ewenny Road)				18 12				19 05								20 06						21 02		
Maesteg				18 15				19 08								20 09						21 05		
Pyle		17 34				18 09	18 39						19 30											
Port Talbot Parkway	17 22	17 42			18 17	18 24	18 47			19 03		19 26	19 38					20 03	20 18		20 26		21 00	21 29
Baglan		17 44				18 51						19 41						20 03	20 18		20 26		21 00	21 29
Briton Ferry		17 48				18 54						19 44						20 03	20 18		20 26		21 00	21 29
Neath	17 30	17 52			18 25	18 32	18 58			19 11		19 33	19 48			20 11	20 25		20 33		20 41	21 08	21 36	
Skewen		17 56				19 02						19 53						20 11	20 25		20 33		21 08	21 36
Llansamlet		18 00				19 06						19 57						20 11	20 25		20 33		21 08	21 36
Swansea	17 42	18 07			18 38	18 44	19 14			19 23		19 46	20 04					20 23	20 40		20 46		21 20	21 50
		18 14			18 21	18 42					19 34	20 11						20 34	20 40		20 46		21 20	21 50
Gowerton		18 25			18 32	18 53					19 45	20 22						20 34	20 40		20 46		21 20	21 50
Llanelli		18 31			18 39	19 00					19 52	20 29						20 34	20 40		20 46		21 20	21 50
		18 33			19 01						19 54	20 30						20 34	20 40		20 46		21 20	21 50
Pembrey & Burry Port		18 38			19 07						20 00	20 36						20 34	20 40		20 46		21 20	21 50
Kidwelly		18x44									20x07	20x36						20 34	20 40		20 46		21 20	21 50
Ferryside		18x50									20x13	20x36						20 34	20 40		20 46		21 20	21 50
Carmarthen		19 02			19 28						20 29	20 58						21 20	21 37					
		19 05			19 30													21 20	21 37					
Whitland		19 21			19 45													21 20	21 37					
		19 21			19 46													21 20	21 37					
Narberth		19x31																21 20	21 37					
Kilgetty		19x41																21 20	21 37					
Saundersfoot		19x43																21 20	21 37					
Tenby		19 54																21 20	21 37					
			20 05															21 20	21 37					
Penally			20x08															21 20	21 37					
Manorbier			20 14															21 20	21 37					
Lamphey			20x22															21 20	21 37					
Pembroke			20 25															21 20	21 37					
Pembroke Dock			20 36															21 20	21 37					
Clunderwen					19x53													21x25	22x03					
Clarboston Road					20x00													21x33	22x10					
Haverfordwest					20 09														22 23					
Johnston					20x17														22x31					
Milford Haven					20 32														22 46					
Fishguard & Goodwick																		21 52						
Fishguard Harbour 80																		22 00						
Rosslare Harbour																								

A The Capitals United

B The Red Dragon

C Y Cymro - The Welshman

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20 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	AW	AW	GW	GW	AW	GW	AW	AW	GW	AW		AW	AW	GW	GW	GW			
	FO	FX	FO	FX			FO	FX	FO	FO	FX	FO	FX			FO	FX	FO	FO	FX			
London Paddington 15																							
Reading 7																							
Manchester Piccadilly 10																							
Gloucester 7																							
Bristol Parkway 7																							
Newport (South Wales).....																							
Cardiff Central 7		21 08	21 08																				
Pontyclun.....																							
Llanharan.....																							
Pencoed.....																							
Bridgend.....		21 27	21 28																				
Wildmill.....																							
Sarn.....																							
Tondu.....																							
Garth (Mid Glamorgan).....																							
Maesteg (Ewenny Road).....																							
Maesteg.....																							
Pyle.....		21 35	21 35																				
Port Talbot Parkway.....		21 45	21 45																				
Baglan.....																							
Briton Ferry.....																							
Neath.....		21 52	21 52																				
Skewen.....																							
Llansamlet.....																							
Swansea		22 05	22 05																				
Gowerton.....		22 27	22 27																				
Llanelli.....		22 44	22 44	22 44																			
Pembrey & Burry Port.....		22 46	22 45	22 46																			
Kidwelly.....		22 51	22 51																				
Ferryside.....		22x57	22x57																				
Carmarthen		23 15	23 18	23 15																			
Whitland.....		23 20	23 19	23 20																			
Narberth.....			23 33	23 35																			
Kilgetty.....			23 34	23 35																			
Saundersfoot.....																							
Tenby																							
Penally.....																							
Manorbier.....																							
Lamphey.....																							
Pembroke.....																							
Pembroke Dock																							
Clunderwen.....			23x40	23x42																			
Clarbeston Road.....			23x49	23x50																			
Haverfordwest.....			23 56	23 58																			
Johnston.....			00x04	00x06																			
Milford Haven			00 20	00 21																			
Fishguard & Goodwick.....																							
Fishguard Harbour 30																							
Rosslare Harbour.....		23 45																					
		04 00																					

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Table T128-F

Saturdays

25 May to 14 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	GW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW	GW	AW
	◇	◇	◇	◇	◇	◇										◇	◇	◇	◇	◇	◇	◇	◇
				Ⓜ	Ⓜ											Ⓜ	A	B					B
London Paddington 1.5	d																						
Reading 2	d																						
Manchester Piccadilly 1.0	d																						
Gloucester 2	d																						
Bristol Parkway 2	d				00 15														05 50				
Newport (South Wales)	d				00 38														06 44				07 09
Cardiff Central 2	d				00 54																		07 33
Pontyclun	d												05 33	05 51		06 42	06 42	07 04				07 14	07 51
Llanharan	d												05 47	06 03				07 16					
Pencoed	d												05 53	06 08				07 21					
Bridgend	d												05 57	06 13				07 25					
Wildmill	d				00 05	01 17							06 03	06 20		07 03	07 03	07 32				07 38	08 11
Sarn	d												06 22					07 35					
Tondu	d												06 25					07 38					
Garth (Mid Glamorgan)	d												06 29					07 41					
Maesteg (Ewenny Road)	d												06 38					07 51					
Maesteg	a												06 41					07 53					
Pyle	d												06 43					07 56					
Port Talbot Parkway	d												06 11			07 11	07 11					07 46	
Baglan	d			00 01	00 18	01 30							06 20			07 19	07 19					07 54	08 24
Briton Ferry	d			00 05									06 23			07 23	07 23					07 58	
Neath	d			00 09									06 27			07 26	07 26					08 01	
Skewen	d			00 13	00 26	01 38							06 31			07 30	07 30					08 05	08 32
Llansamlet	d			00 16									06 34			07 34	07 34					08 09	
Swansea	a			00 20									06 38			07 38	07 38					08 13	
Gowerton	d			00 28	00 39	01 50							06 47			07 46	07 46					08 22	08 44
Llanelli	a			00 13	00 45		04 31						05 45		07 23	07 52	07 52					08 15	
Pembrey & Burry Port	d			00 24	00 55		04 42						05 55		07 03	08 02	08 02					08 31	
Kidwelly	d			00 29	01 52		04 49						06 02		07 11	07 39	08 09	08 09				08 36	
Ferryside	d			00 30									06 04		07 11	07 40	08 10	08 10				08 43	
Carmarthen	a			00 35	01 59								06 10		07 17	07 47	08 16	08 16				08 43	
Whitland	a			00 42	01 55								06 17		07 23	08 22	08 22					09 08	
Narberth	d			00 48	01 52								06 23		07 29	08 28	08 28					09 08	
Kilgetty	d			01 05	01 35								06 38		07 43	08 08	08 42	08 42				09 08	
Saundersfoot	d			01 39			04 50	05 30	05 50				05 58	06 39	07 46	08 16	08 43	08 43				09 08	
Tenby	a			01 54			05 03	05 46	06 05				06 13	06 56	08 00	08 33	08 59	08 59				09 07	
Penally	d			01 55			05 03	05 46	06 06				06 13	06 56	08 00	08 35	08 59	09 02				09 07	
Manorbier	d												07 05			08 43							
Lamphey	d												07 05			08 43							
Pembroke	d												07 15			08 53							
Pembroke Dock	a												07 17			08 57							
Clunderwen	d												07 24			09 06							
Clarbeston Road	d												07 32			09 08							
Haverfordwest	d												07 35			09 11							
Johnston	d												07 35			09 11							
Milford Haven	a												07 42			09 19							
Fishguard & Goodwick	a												07 49			09 27							
Fishguard Harbour 3.0	a												07 52			09 33							
Rosslare Harbour	a												08 07			09 44							
	d												08 07			09 44							
	d												08 07			09 44							
	d												08 15			09 17							
	d												08 23										
	d												08 31										
	a												08 48										
	a												07 38			09 35							09 41
	a												07 44			09 43							09 47
	a																						

A until 7 September

B from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

25 May to 14 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	GW	AW	AW	AW	AW	AW	GW	AW		
	A	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	B	C	B	◇	◇	◇	A	◇	◇	B	
London Paddington 15	d								07 45					08 45	08 45							09 45		
Reading 7	d								08 12					09 12	09 12							10 12		
Manchester Piccadilly 10	d												06 30										08 30	
Gloucester 7	d													08 58										
Bristol Parkway 7	d								09 09					10 09	10 09							11 09		
Newport (South Wales)	d	07 41	08 02		08 35			09 01	09 32				09 41	09 52	10 31		10 31		10 47			11 00	11 32	11 37
Cardiff Central 7	d	07 58	08 21		09 04		09 14	09 18	09 50				10 00	10 18	10 48		10 48		11 06	11 14		11 18	11 50	12 04
Pontyclun	d		08 33					09 30						10 30								11 30		
Llanharan	d		08 38					09 35						10 35								11 35		
Pencoed	d		08 42					09 39						10 39								11 40		
Bridgend	d	08 17	08 49		09 23		09 34	09 47	10 10				10 19	10 47	11 08		11 08		11 25	11 34		11 47	12 10	12 23
Wildmill	d		08 51					09 50						10 49								11 49		
Sarn	d		08 54					09 53						10 52								11 52		
Tondu	d		08 58					09 56						10 56								11 56		
Garth (Mid Glamorgan)	d		09 07					10 06						11 05								12 05		
Maesteg (Ewenny Road)	d		09 10					10 08						11 08								12 08		
Maesteg	a		09 14					10 11						11 10								12 10		
Pyle	d							09 43						10 21								11 42		
Port Talbot Parkway	d	08 30			09 36			09 52	10 23				10 31		11 21		11 21		11 38	11 50		12 23	12 36	
Baglan	d							09 55														11 54		
Briton Ferry	d							09 59														11 57		
Neath	d	08 37			09 43			10 03	10 31				10 38		11 29		11 29		11 45	12 01		12 31	12 43	
Skewen	d							10 06														12 05		
Llansamlet	d							10 10														12 09		
Swansea	a	08 51			09 55		10 21		10 43				10 51		11 41		11 41		11 59	12 20		12 43	12 55	
	d	09 05		09 15	10 03					11 00			11 04		11 50		11 50		12 05		12 35		13 02	
Gowerton	d	09 16		09 26	10 14								11 17									12 16		13 14
Llanelli	a	09 22		09 33	10 20					11 15			11 23									12 22		13 20
	d	09 24			10 21					11 17			11 23									12 24		13 22
Pembrey & Burry Port	d	09 30			10 27								11 31									12 30		13 28
Kidwelly	d	09x36			10x33																	12x36		
Ferryside	d	09x41			10x39																	12x41		
Carmarthen	a	09 53			10 50								11 51									13 23		13 47
	d	09 40	09 57			10 55							11 53									13 25		13 51
Whitland	a	09 54	10 13			11 09				11 51			12 08									13 27		14 06
	d	09 54	10 14			11 10				11 51			12 08									13 27		14 06
Narberth	d	10x03				11x19																13x21		
Kilgetty	d	10x13				11x29																13x31		
Saundersfoot	d	10x15				11x31																13x33		
Tenby	a	10 26				11 38																13 40		
	d					11 45																13 45		
Penally	d					11x48																13x48		
Manorbier	d					11 54																13 48		13 54
Lamphey	d					12x02																14x02		
Pembroke	d					12 05																14 05		
Pembroke Dock	a					12 20																14 19		
Clunderwen	d	10x20											12x15											14x13
Clarbeston Road	d	10x28										12x04												14x20
Haverfordwest	d	10 36											12 31											14 29
Johnston	d	10x44											12x39											14 37
Milford Haven	a	10 58											12 54											14 52
Fishguard & Goodwick	a												12 23											
Fishguard Harbour 50	a												12 30											
Rosslare Harbour	a												13 10											
	a												16 25											

A until 7 September
B from 14 September

C until 7 September. *The Pembroke Coast Express*

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

25 May to 14 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	GW
	■	◇	◇	◇	◇	◇	◇	◇	◇	◇	■	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
	A			A		B									A	B	A					
	⌚			⌚	⌚	⌚				⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚
London Paddington 15	d				10 45					11 45												13 45
Reading 7	d				11 12					12 12												14 12
Manchester Piccadilly 10	d	08 30						09 31						10 31								12 31
Gloucester 7	d		10 58																			13 58
Bristol Parkway 7	d				12 09					13 09												15 09
Newport (South Wales)	d	11 37		11 52		12 31		12 40		13 32		13 37		14 31	14 39							14 56
Cardiff Central 7	d	12 04		12 18		12 50		13 04	13 10	13 18	13 50		14 04	14 21	14 50	15 04						15 14
Pontyclun	d			12 30						13 30				14 33								15 30
Llanharan	d			12 35						13 35				14 38								15 35
Pencoed	d			12 39						13 39				14 42								15 39
Bridgend	d	12 23		12 46		13 10		13 23	13 32	13 46	14 10		14 23	14 49	15 10	15 23						15 34
Wildmill	d			12 49						13 49				14 52								15 49
Sarn	d			12 52						13 52				14 55								15 52
Tondu	d			12 55						13 55				14 58								15 55
Garth (Mid Glamorgan)	d			13 05						14 05				15 08								16 05
Maesteg (Ewenny Road)	d			13 07						14 07				15 10								16 07
Maesteg	a			13 10						14 10				15 13								16 10
Pyle	d									13 40												15 42
Port Talbot Parkway	d	12 36				13 23		13 36	13 48		14 23		14 36		15 23	15 36						15 50
Baglan	d									13 52												15 54
Briton Ferry	d									13 55												15 57
Neath	d	12 43				13 31		13 43	13 59		14 31		14 43		15 31	15 43						16 01
Skewen	d									14 03												16 05
Llansamlet	d									14 07												16 09
Swansea	a	12 55				13 43		13 57	14 18		14 43		14 55		15 43	15 55						16 17
	d	13 02				13 50		14 05					15 00		16 00	16 07	16 09					16 23
Gowerton	d	13 14		13 23				14 16					15 12		16 11	16 19	16 21					16 34
Llanelli	a	13 20		13 30		13 50		14 05	14 22				15 18		16 17	16 25	16 27					16 41
	d	13 22				13 51		14 06	14 24				15 20		16 19	16 26	16 28					16 57
Pembrey & Burry Port	d	13 28				13 57		14 13	14 30				15 26		16 25	16 33	16 35					17 03
Kidwelly	d							14x36							16x31	16x41						17x09
Ferryside	d							14x41							16x36	16x47						17x14
Carmarthen	a	13 47				14 20		14 40	14 53				15 45		16 53	17 00	16 57	17 00				17 26
	d	13 51				14 38		14 58					15 49		17 20	16 59	17 20					17 31
Whitland	a	14 06				14 54		15 12					16 03			17 13	17 34					17 45
	d	14 15				14 54		15 12					16 04			17 14	17 35					17 46
Narberth	d					15x03		15x21								17x23	17x44					
Kilgetty	d					15x13		15x31								17x32	17x54					
Saundersfoot	d					15x15		15x33								17x34	17x54					
Tenby	a					15 22		15 40								17 41	18 03					
	d					15 34		15 45								17 46	18 08					
Penally	d					15x37		15x48								17x49	18x11					
Manorbier	d					15 43		15 54								17 56	18 17					
Lamphey	d					15x51		16x02								18x03	18x25					
Pembroke	d					15 54		16 05								18 06	18 28					
Pembroke Dock	a					16 09		16 19								18 21	18 43					
Clunderwen	d	14x21											16x10									17x52
Clarbeston Road	d	14x29											16x18									18x00
Haverfordwest	d	14 37											16 26									18 08
Johnston	d	14x45											16x34									18x16
Milford Haven	a	15 00											16 49									18 31
Fishguard & Goodwick	a																					
Fishguard Harbour 80	a																					
Rosslare Harbour	a																					

A until 7 September

B from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

25 May to 14 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	
	◇	◇	◇	◇	B	A	A	B	A	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	
	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	
London Paddington 16	d				14 45										15 45						16 45		
Reading 7	d				15 12										16 12						17 12		
Manchester Piccadilly 10	d						13 31		13 31							14 31						15 31	
Gloucester 7	d	14 42	14 42														16 58					17 58	
Bristol Parkway 7	d				16 09										17 09						18 09		
Newport (South Wales)	d	15 37	15 37		16 31			16 38	16 39		16 54				17 32	17 37	17 52				18 31	18 39	18 52
Cardiff Central 7	d	16 04	16 04	16 18	16 50			17 04	17 04		17 17			17 38	17 50	18 04	18 18				18 50	19 04	19 15
Pontyclun	d			16 30							17 29						18 30					19 28	
Llanharan	d			16 35							17 34						18 35					19 33	
Pencoed	d			16 39							17 38						18 39					19 37	
Bridgend	d	16 24	16 24	16 46	17 10			17 25	17 25		17 44			17 58	18 10	18 25	18 46				19 10	19 24	19 46
Wildmill	d			16 49							17 47						18 49					19 48	
Sarn	d			16 52							17 50						18 52					19 51	
Tondu	d			16 55							17 53						18 55					19 55	
Garth (Mid Glamorgan)	d			17 05							18 03						19 05					20 04	
Maesteg (Ewenny Road)	d			17 07							18 05						19 07					20 07	
Maesteg	a			17 10							18 08						19 11					20 09	
Pyle	d	16 32	16 32					17 32	17 32					18 06		18 33						19 31	
Port Talbot Parkway	d	16 40	16 40		17 23			17 40	17 41					18 14	18 23	18 41						19 23	19 39
Baglan	d							17 42	17 43					18 18								19 42	
Briton Ferry	d							17 46	17 47					18 21								19 45	
Neath	d	16 48	16 48		17 31			17 50	17 51					18 25	18 32	18 49					19 31	19 49	
Skewen	d							17 54	17 55					18 29								19 54	
Llansamlet	d							17 58	17 59					18 33								19 58	
Swansea	a	17 01	17 01		17 43			18 05	18 06	18 05				18 44	18 46	19 02					19 43	20 05	
Gowerton	d	17 06	17 06		17 50	17 59	18 11		18 10	18 11			18 17	18 17		19 05					19 40	20 13	
Llanelli	a	17 23	17 23		18 07	18 16		18 27	18 28		18 34	18 35				19 23					19 58	20 30	
Pembrey & Burry Port	d	17 30	17 30		18 15	18 24		18 36	18 38							19 30					20 06	20 37	
Kidwelly	d	17 36	17 36		18 23	18 32		18 43	18 44								20 x 13					20 x 37	
Ferryside	d	17 42	17 42		18 29	18 38		18 49	18 53								20 x 19					20 x 37	
Carmarthen	a	17 55	17 55		18 47	18 54		19 01	19 05							19 51					20 35	20 57	
Whitland	a	18 12	18 18					19 05	19 09							19 58						21 00	21 07
Narberth	d	18 13	18 19					19 21	19 25							20 13						21 15	21 23
Kilgetty	d							19 31	19 35													21 24	21 33
Saundersfoot	d							19 43	19 47													21 35	21 42
Tenby	a							19 53	19 57													21 43	21 52
Penally	d							19 53	19 57													21 44	21 52
Manorbier	d							19 56	20 00													21 46	21 52
Lamphey	d							20 03	20 07													21 52	22 00
Pembroke	d							20 10	20 14													22 00	22 03
Pembroke Dock	a							20 13	20 17													22 03	22 18
Clunderwen	d	18 x 20	18 x 26					20 25	20 29							20 x 20							
Clarbeston Road	d	18 x 27	18 x 33													20 x 28							21 x 37
Haverfordwest	d															20 36							
Johnston	d															20 x 44							
Milford Haven	a															20 59							
Fishguard & Goodwick	a	18 46	18 52																				21 56
Fishguard Harbour 8 0	a	18 54	19 00																				22 04
Rosslare Harbour	a																						23 45
																							04 00

A until 7 September

B from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Sundays

19 May to 8 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	GW	AW	AW	GW	AW	GW	AW	AW	
	◇	▣		◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
	A		B	B		C	B																	
London Paddington 1.5	d													08 45		09 45								
Reading 7	d													09 14		10 12								
Manchester Piccadilly 1.0	d																							
Gloucester 7	d																							
Bristol Parkway 7	d													10 16		11 04								
Newport (South Wales)	d													10 36	10 58	11 25						12 11		
Cardiff Central 7	d				07 10									09 33		11 19	11 45	12 05	12 05	12 30				
Pontyclun	d													09 56	11 03	11 19	11 45	12 05	12 18	12 18				
Llanharan	d													10 08				12 23	12 23					
Pencoed	d													10 13				12 28	12 28					
Bridgend	d				07 32									10 18				12 28	12 28					
Wildmill	d													10 25	11 23	11 39	12 06	12 35	12 35	13 13				
Sarn	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d													10 33				12 43	12 43					
Port Talbot Parkway	d				07 46									10 40				12 51	12 54					
Baglan	d														11 36	11 53	12 19	12 51	12 54					
Briton Ferry	d																							
Neath	d				07 54									10 48										
Skewen	d														11 45	12 01	12 26					13 33		
Llansamlet	d																							
Swansea	a				08 07									11 00	11 57	12 14	12 39					13 48		
Gowerton	d	00 04	00 10	08 15		10 45								11 04	11 12	12 16	12 49					14 02	15 03	15 29
Llanelli	a	00 11	00s28	08 33		11 00								11 15	11 20	12 27						14 13	15 39	15 55
Pembrey & Burry Port	d	00 12	00s34	08 41		11 08								11 22	11 27	12 34	13 05	13 23	13 23			14 20	15 19	15 46
Kidwelly	d	00 17	00s41	08x48										11 24		12 35	13 07	13 24	13 26			14 22	15 20	16 03
Ferryside	d	00x24	00s41	08x48										11 30		12 41	13 13	13 30	13 33			14 28	15 27	16 09
	a	00x30	00s47	08x54										11x37		12x47						14x34		
	d													11x43		12x53						14x40		
Carmarthen	a	00 47	01 03	09 07		11 27								11 56		13 09	13 36	13 54	13 59			14 55	15 48	16 32
Whitland	d	00 57	08 20	09 10	09 55	10 19	11 32	11 32						12 06		13 09	13 57	14 05				14 57		16 35
	d	01 17	08 36	09 26	10 11	10 34	11 46	11 48						12 22		13 24	14 12	14 21				15 11		16 51
	d	01 17	08 36	09 26	10 11	10 34	11 47	11 48						12 22		13 25	14 13	14 21				15 12		16 52
Narberth	d			09x35		10x43																15x21		
Kilgetty	d			09x45		10x52																15x31		
Saundersfoot	d			09x47		10x54																15x33		
Tenby	a			09 54		11 01																15 40		
	d			09 56		11 11																15 44		
Penally	d			09x59		11x14																15x47		
Manorbier	d			10 06		11 20																16x01		
Lamphey	d			10x14		11x28																16x04		
Pembroke	d			10 17		11 31																16 04		
Pembroke Dock	a			10 27		11 41																16 17		
Clunderwen	d			08x44		10x19								12x30				14x20	14x29					17x00
Clarbeston Road	d			08x52		10x27		12x00	12x02					12x39		13x38		14x27	14x37					17x08
Haverfordwest	d			09 00		10 35								12 47				14 36	14 45					17 16
Johnston	d			09x09		10x44								12x56				14x44	14x54					17x25
Milford Haven	a			09 20		10 55								13 07				14 59	15 09					17 37
Fishguard & Goodwick	a	02 07				12 18	12 21							13 57										
Fishguard Harbour 30	d	02 12				12 27	12 28							14 05										
Rosslare Harbour	a													13 10										
	a													16 25										

A not 19 May

B until 8 September

C from 15 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Sundays

19 May to 8 December

Cardiff - Maesteg, Swansea and West Wales

	AW	GW	AW	GW	AW	GW	AW	GW	AW	AW	AW	GW	GW	AW	AW	AW	AW	GW	GW	GW	AW	GW				
	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ				
	A	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	B	C	Ⓜ	Ⓜ	Ⓜ	A	B	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ				
	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ				
London Paddington 16	d	12 45		13 45				14 45		15 45				16 45	17 45					18 45	19 12	19 45	20 45			
Reading 7	d	13 12		14 11				15 12		16 10				17 12	18 11					19 12	19 40	20 12	21 15			
Manchester Piccadilly 10	d	10 31				12 32						14 30														
Gloucester 7	d																									
Bristol Parkway 7	d	14 09		15 11				16 11		17 10				18 11	19 13					20 11	20 33	21 11	22 14			
Newport (South Wales)	d	13 32	14 32		15 35	15 50		16 36		17 31	17 39			17 39	18 33	19 35				20 32	20 52	21 30	22 37			
Cardiff Central 7	d	14 05	14 54		16 00	16 14		17 03		17 57	18 10			18 10	18 55	19 55				20 13	20 55	21 16	21 58	22 30	23 00	
Pontyclun	d	14 19				16 26					18 23															
Llanharan	d	14 24				16 31					18 28				18 28											
Pencoed	d	14 28				16 36					18 32				18 32											
Bridgend	d	14 35	15 15		16 20	16 43		17 24		18 17	18 39			18 39	19 16	20 16				20 33	21 16	21 37	22 19	22 51	23 21	
Wildmill	d																									
Sarn	d																									
Tondu	d																									
Garth (Mid Glamorgan)	d																									
Maesteg (Ewenny Road)	d																									
Maesteg	a																									
Pyle	d	14 43				16 51					18 47			18 47							20 41					
Port Talbot Parkway	d	14 52	15 28		16 31	16 59		17 35		18 30	18 56			18 56	19 29	20 29					20 49	21 29	21 49	22 32	23 05	23 34
Baglan	d																									
Briton Ferry	d																									
Neath	d	15 00	15 36		16 39	17 07		17 44		18 38	19 04			19 04	19 38	20 38					20 57	21 38	21 58	22 40	23 13	23 42
Skewen	d																									
Llansamlet	d																									
Swansea	a	15 12	15 48		16 54	17 20		17 57		18 51	19 17			19 17	19 51	20 53					21 10	21 51	22 10	22 52	23 25	23 55
	d	15 44		16 38	17 07	17 25		18 37		19 22	19 22			19 22		20 58	20 58				21 18				23 38	
Gowerton	d	15 55		16 49		17 37		18 48		19 33	19 33			19 33		21 09	21 10				21 29				23 49	
Llanelli	a	16 02		16 56	17 24	17 44		18 55		19 40	19 40			19 40		21 16	21 17				21 36				23 56	
	d	16 03		16 58	17 25	17 45		18 57		19 41	19 41			19 41		21 18	21 18				21 37				23 58	
Pembrey & Burry Port	d	16 09		17 04	17 31	17 52		19 03		19 47	19 47			19 47		21 23	21 24				21 43				00 04	
Kidwelly	d			17x11				19x10								21x30	21x31								00x11	
Ferryside	d			17x17				19x16								21x36	21x37								00x17	
Carmarthen	a	16 32		17 30	17 55	18 15		19 29		20 09	20 09			20 09		21 48	21 49				22 06				00 33	
	d	16 35		17 35		18 20		19 32		20 10	20 10			20 10		21 51	21 53				22 10					
Whitland	a	16 51		17 52		18 36		19 48		20 26	20 26			20 26		22 06	22 08				22 26					
	d	16 52		17 52		18 37		19 48		20 30	20 37	20 37		20 37		22 07	22 09				22 26					
Narberth	d			18x01							20x44	20x44														
Kilgetty	d			18x11							20x53	20x53														
Saundersfoot	d			18x13							20x55	20x55														
Tenby	a			18 20							21 02	21 02														
	d			18 23							21 06	21 06														
Penally	d			18x26							21x09	21x09														
Manorbier	d			18 33							21 15	21 15														
Lamphey	d			18x40							21x23	21x23														
Pembroke	d			18 44							21 26	21 26														
Pembroke Dock	a			18 59							21 36	21 36														
Clunderwen	d	17x00				18x45		19x56		20x38	20x38										22x34					
Clarbeston Road	d	17x08				18x53		20x04		20x46	20x46					22x20	22x22				22x42					
Haverfordwest	d	17 16				19 01		20a12		20 54	20 54										22 50					
Johnston	d	17x25				19x10				21x03	21x03										22x59					
Milford Haven	a	17 37				19 25				21 20	21 20										23 10					
Fishguard & Goodwick	a															22 39	22 41									
Fishguard Harbour 80	a															22 47	22 49									
	d																				23 45					
Rosslare Harbour	a																				04 00					

A from 15 September B until 8 September C from 15 September. Ⓜ to Whitland Ⓜ from Whitland

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

20 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Miles	Miles		AW MO	AW MX	AW	GW	AW MX	AW	GW	GW	AW	GW	GW	AW	GW	AW	GW	AW	AW	AW	AW	AW
—	—	Rosslare Harbour	d																			
0	—	Fishguard Harbour	a																			
—	—	Fishguard & Goodwick	d					02 37														06 50
—	0	Milford Haven	d					02 40														06 53
—	4	Johnston	d		00 21																	05 55
—	8½	Haverfordwest	d		00x29																	06x03
15%	14	Clarbston Road	d		00x44			02x59														06x18
22%	—	Clunderwen	d		00x51																	06x25
—	0	Pembroke Dock	d																			
—	2	Pembroke	d																			
—	3½	Lamphey	d																			
—	7	Manorbier	d																			
—	10½	Penaly	d																			
—	11½	Tenby	a																			
—	15½	Saundersfoot	d																			
—	16½	Kilgetty	d																			
—	22	Narberth	d																			
27%	27%	Whitland	a		00 57			03 11														06 31
—	—	Whitland	d		00 57			03 11														06 31
41%	—	Carmarthen	a		01 16			03 29														06 47
—	—	Carmarthen	d			02 59			04 53			05 03				05 46		06 15				06 50
48%	—	Ferryside	d													05x56		06x25				07x00
53	—	Kidwelly	d													06x01		06x30				07x05
58%	—	Pembrey & Burry Port	d					05 12			05 21					06 08		06 37				07 12
62%	—	Llanelli	a			03 21		05 18			05 26					06 13		06 42				07 17
—	—	Llanelli	d			03 21					05 28					06 15		06 44				07 19
68	—	Gowerton	a													06 21		06 50				07 25
73%	—	Swansea	a			03 42										06 35		07 05				07 38
—	—	Swansea	d				03 54			04 58	05 29		05 59	06 29		06 38	06 59	07 07	07 29			07 42
77½	—	Llansamlet	d													06 45						
79%	—	Skewen	d													06 49						
83	—	Neath	d				04 06		05 10	05 41		06 11	06 41		06 53	07 11	07 18	07 41				07 53
84%	—	Briton Ferry	d													06 57						
86%	—	Baglan	d													07 00						
88%	—	Port Talbot Parkway	d				04 14		05 18	05 49	06 01		06 19	06 49		07 04	07 19	07 25	07 49			08 00
94%	—	Pyle	d								06 09					07 12		07 33				08 08
—	0	Maesteg	d													06 44						07 59
—	0½	Maesteg (Ewenny Road)	d													06 46						08 01
—	1¼	Garth (Mid Glamorgan)	d													06 49						08 04
—	5¼	Tondu	d													06 57						08 13
—	6	Sarn	d													07 00						08 16
—	7¼	Wildmill	d													07 03						08 18
100%	8¼	Bridgend	d	00 07			04 27		05 31	06 02	06 16		06 32	07 02	07 07	07 20	07 32	07 41	08 02	08 07	08 15	08 22
104%	—	Pencoed	d								06 22					07 13	07 26				08 13	08 28
—	107	Llanharan	d								06 26					07 18		07 48			08 23	08 35
—	110	Pontyclun	d								06 31					07 23	07 35				08 21	08 35
—	121	Cardiff Central	a	00 34			05 12		05 52	06 22	06 45		06 53	07 23	07 37	07 49	07 53	08 04	08 23	08 34	08 40	08 48
—	—	Newport (South Wales)	a				05 31		06 07	06 38	07 03		07 08	07 38			08 08	08 18	08 38		09 03	
—	—	Bristol Parkway	a				06 01		06 30	07 01			07 32	08 01			08 31		09 01			
—	—	Gloucester	a																			
—	—	Manchester Piccadilly	a								10 11							11 12				12 13
—	—	Reading	a				07 02		07 25	08 02			08 57				09 25		10 00			
—	—	London Paddington	a				07 31		07 59	08 32			08 56	09 25			09 55		10 37			

A The Capitals United- Restaurant for customers joining to Swindon

B ◊ from Reading ■ to Reading

C Y Cymro - The Welshman

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Table T128-R

Mondays to Fridays

20 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	GW	AW	AW	AW	AW		GW	AW	AW	AW	GW	AW	AW	AW	AW		GW	AW	AW	AW	AW	GW				
	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇				
	Ⓜ	Ⓜ	A	Ⓜ	Ⓜ	Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ					
Rosslare Harbour	d																						08 00					
Fishguard Harbour	a																						11 15					
Fishguard & Goodwick	d								07 50											09 54								
Milford Haven	d				07 05				07 53											09 57								
Johnston	d				07x13									09 09														
Haverfordwest	d				07 20									09x17														
Clarbeston Road	d				07x28				08x11					09x32						10x17								
Clunderwen	d				07x35				08x19					09x40						10x25								
Pembroke Dock	d				06 59																							
Pembroke	d				07 07																							
Lamphey	d				07x10																							
Manorbier	d				07 18																							
Penally	d				07x23																							
Tenby	a				07 26																							
	d				07 29																							
Saundersfoot	d				07x34																							
Kilgetty	d				07x36																							
Narberth	d				07x45																							
Whitland	a				07 41	07 53			08 23					09 46						10 06			10 31					
	d				07 41	07 53			08 24					09 46						10 07			10 32					
Carmarthen	a				07 55	08 12			08 43					10 05						10 24			10 49					
	d				07 30	08 01	08 15		09 00					10 08						10 31								
Ferryside	d				07 43	08x11	08x24		09x10														11 03					
Kidwelly	d				07 50	08x16	08x29		09x15														11x13					
Pembrey & Burry Port	d				07 58	08 23	08 35		09 18					10 25						10 50			11 24					
Llanelli	a				08 03	08 28	08 40		09 24					10 31						10 56			11 30					
	d				07 45	08 05	08 30	08 41	09 25	09 39				10 32						10 57			11 31					
Gowerton	d				07 54	08 36			09 35	09 46										11 04			11 38					
Swansea	a				08 08	08 22	08 49	09 03	09 51	10 01				10 49						11 23			11 50					
	d	07 59			08 29	08 53			09 29	09 55	10 08			10 29	10 55					11 10			11 55	12 29				
Llansamlet	d								09 17											11 17								
Skewen	d								09 21											11 21								
Neath	d	08 11			08 41	09 04			09 41	10 06				10 41	11 06					11 25			12 06	12 41				
Briton Ferry	d								09 29											11 28								
Baglan	d								09 32											11 32								
Port Talbot Parkway	d	08 19			08 49	09 11			09 36	09 45				10 49	11 13					11 36			12 13	12 49				
Pyle	d								09 45											11 44								
Maesteg	d												10 16							11 15				12 17				
Maesteg (Ewenny Road)	d												10 18							11 17				12 19				
Garth (Mid Glamorgan)	d												10 21							11 20				12 22				
Tondu	d												10 30							11 29				12 31				
Sarn	d												10 33							11 32				12 34				
Wildmill	d												10 35							11 34				12 36				
Bridgend	d	08 32			09 02	09 24			09 39	09 53			10 02	10 26						10 39	11 02	11 26	11 38	11 55	12 02	12 26	12 40	13 02
Pencoed	d								09 45					10 45						11 44					12 46			
Llanharan	d								09 49					10 49						11 48					12 50			
Pontyclun	d								09 53					10 53						11 52					12 54			
Cardiff Central	a	08 52			09 22	09 48			10 07	10 18			10 22	10 48	11 10	11 12	11 22	11 48	12 08	12 18			12 22	12 48	13 08	13 22		
Newport (South Wales)	a	09 08			09 38	10 18			10 23	10 34			10 38	11 03						11 38	12 18	12 27		12 38	13 04	13 28	13 38	
Bristol Parkway	a	09 31			10 01				11 01					12 01						12 01			13 01		13 28	14 01		
Gloucester	a								11 20											13 20					14 22			
Manchester Piccadilly	a				13 13									14 13						15 13					16 13			
Reading	a	10 32			11 05				12 00					13 02						13 57					15 02			
London Paddington	a	11 00			11 37				12 30					13 32						14 30					15 30			

A The Red Dragon

B The St. David

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Table T128-R

Mondays to Fridays

20 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW
Rosslare Harbour	d																			
Fishguard Harbour	a																			
Fishguard & Goodwick	d																			
Milford Haven	d	11 10																		15 08
Johnston	d	11x18																		15x16
Haverfordwest	d	11 25																		15 23
Clarbeston Road	d	11x33																		15x31
Clunderwen	d	11x40																		15x38
Pembroke Dock	d				11 09															13 09
Pembroke	d				11 17															13 17
Lamphey	d				11x20															13x20
Manorbier	d				11 29															13 29
Penally	d				11x34															13x34
Tenby	a				11 37															13 37
Saundersfoot	d				11 43															13 41
Kilgetty	d				11x51															13x49
Narberth	d				12x03															13x51
Whitland	a	11 46			12 11					13 24		13 44								14 09
Carmarthen	a	11 46			12 11					13 24		13 44								14 09
Ferryside	d	12 02			12 29					13 40		14 00								14 27
Kidwelly	d	12 08			12 33					13 47		14 05								14 40
Pembrey & Burry Port	d				13 02															15 02
Llanelli	d				13x12															15x12
Gowerton	d	12 26			12 52		13 23					14 23								15x17
Swansea	a	12 31			12 58		13 29			14 09		14 28								15 05
Llansamlet	d	12 33		12 45	12 59		13 30	14 04		14 09		14 30								15 05
Neath	d	12 39		12 52	13 37	14 11						14 36								15 37
Briton Ferry	d	12 52		13 04	13 22		13 49	14 25				14 49								15 24
Port Talbot Parkway	d	12 56		13 10	13 29	13 55				14 29	14 55									15 10
Pyle	d			13 17																15 17
Maesteg	d			13 21																15 21
Maesteg (Ewenny Road)	d			13 25		13 41	14 06					14 41	15 06							15 25
Garth (Mid Glamorgan)	d			13 29																15 28
Tondu	d			13 32																15 32
Sarn	d			13 36		13 49	14 13			14 43	14 49	15 13								15 36
Wildmill	d			13 45																15 44
Bridgend	d	13 25	13 38	13 53		14 02	14 26			14 38	15 02	15 26	15 41	15 53		16 02	16 26	16 38	17 02	17 14
Pencoed	d									14 44			15 47							16 44
Llanharan	d									14 48			15 51							16 48
Pontyclun	d									14 52			15 55							16 52
Cardiff Central	a	13 49	14 07	14 15		14 23	14 47			15 06	15 19	15 22	15 47	16 09	16 14	16 22	16 47	17 06	17 23	17 35
Newport (South Wales)	a	14 18				14 38	15 03			15 26	15 38	16 03	16 24	16 34	16 34	16 38	17 03	17 26	17 38	18 04
Bristol Parkway	a					15 01					16 01					17 01				18 01
Gloucester	a									16 21			17 19							18 20
Manchester Piccadilly	a	17 13					18 13					19 13					20 19			21 06
Reading	a					15 58					17 02					17 57				19 03
London Paddington	a					16 32					17 30					18 30				19 36

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Table T128-R

Mondays to Fridays

20 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	GW	AW	AW	AW	GW	AW	AW		AW	AW	GW	GW	AW	AW	AW	AW	GW		GW	AW	AW	AW
	Ⓜ	◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇		◇	◇	◇		◇	◇	◇	◇
Rosslare Harbour	d																							
Fishguard Harbour	a																							
Fishguard & Goodwick	d																							
Milford Haven	d																							
Johnston	d																							
Haverfordwest	d																							
Clarbeston Road	d																							
Clunderwen	d																							
Pembroke Dock	d	15 09																						
Pembroke	d	15 17																						
Lamphey	d	15x20																						
Manorbier	d	15 29																						
Penally	a	15x34																						
Tenby	a	15 37																						
	d	15 41																						
Saundersfoot	d	15x49																						
Kilgetty	d	15x51																						
Narberth	d	16x01																						
Whitland	a	16 09																						
	d	16 09																						
Carmarthen	a	16 27																						
	d	16 31																						
Ferryside	d																							
Kidwelly	d																							
Pembrey & Burry Port	d	16 50																						
Llanelli	a	16 56																						
	d	16 45																						
Gowerton	d	17 04																						
Swansea	a	17 02																						
	d	17 12																						
Llansamlet	d	17 19																						
Skewen	d	17 23																						
Neath	d	17 27																						
Briton Ferry	d	17 30																						
Baglan	d	17 34																						
Port Talbot Parkway	d	17 38																						
Pyle	d	17 46																						
Maesteg	d																							
Maesteg (Ewenny Road)	d																							
Garth (Mid Glamorgan)	d																							
Tondu	d																							
Sarn	d																							
Wildmill	d																							
Bridgend	d	17 56																						
Pencoed	d																							
Llanharan	d																							
Pontyclun	d																							
Cardiff Central	a	18 16																						
Newport (South Wales)	a	18 34																						
Bristol Parkway	a																							
Gloucester	a																							
Manchester Piccadilly	a																							
Reading	a																							
London Paddington	a																							

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Table T128-R

Mondays to Fridays

20 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	AW	AW	AW	AW	AW												
		◇	◇	◇	◇			◇												
Rosslare Harbour	d																			
Fishguard Harbour	a																			
Fishguard & Goodwick	d								22 14											
Milford Haven	d	20 38							22 17											
Johnston	d	20x46																		
Haverfordwest	d	20 53																		
Clarbeston Road	d	21x01							22x36											
Clunderwen	d	21x08							22x43											
Pembroke Dock	d		21 09						22 27											
Pembroke	d		21 17						22 35											
Lamphey	d		21x20						22x38											
Manorbier	d		21 29						22 46											
Penally	d		21x34						22x52											
Tenby	a		21 37						22 54											
Saundersfoot	d		21 53						22 55											
Kilgetty	d		22x01						23x03											
Narberth	d		22x03						23x05											
Whitland	a	21 14	22 21						22 50	23 22	23 56									
Carmarthen	a	21 14	22 21						22 50	23 25	23 56									
Ferryside	d		21 34	22 43					23 08	23 44	00 16									
Kidwelly	d								23 10											
Pembrey & Burry Port	d								23x21											
Llanelli	d								23x27											
Gowerton	d								23 34											
Swansea	a								23 40											
Llansamlet	d								22 01											
Skewen	d								22 08											
Neath	d								22 22											
Briton Ferry	d								22 32											
Baglan	d								22 39											
Port Talbot Parkway	d								22 43											
Pyle	d								22 47											
Maesteg	d								22 51											
Maesteg (Ewenny Road)	d								22 54											
Garth (Mid Glamorgan)	d								22 58											
Tondu	d								23 07											
Sarn	d								22 15	22 15										
Wildmill	d								22 17	22 17										
Bridgend	d								22 20	22 20										
Pencoed	d								22 29	22 29										
Llanharan	d								22 32	22 32										
Pontyclun	d								22 34	22 34										
Cardiff Central	a								22 38	22 38	23 15									
Newport (South Wales)	a								22 44	22 44										
Bristol Parkway	a								22 48	22 48										
Gloucester	a								22 52	22 52										
Manchester Piccadilly	a								23 08	23 08	23 40									
Reading	a								23 34	23 39										
London Paddington	a								00 31	00 39										

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

25 May to 14 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	GW	AW	GW	GW	AW	GW	GW		AW	AW	GW	AW	GW	AW	AW	GW		GW	AW	AW	AW
Rosslare Harbour		◇	◇		◇	◇	◇	◇	◇		◇		◇					◇		◇	◇	◇	◇
Fishguard Harbour																							
Fishguard & Goodwick				02 37													06 50						
Milford Haven	00 21			02 40												05 54						07 06	
Johnston	00x29															06x02						07 21	
Haverfordwest	00 36															06 09						07 14	
Clarbeston Road	00x44			02x59												06x17	07a14					07x29	
Clunderwen	00x51															06x24						07x36	
Pembroke Dock																							06 59
Pembroke																							07 07
Lamphey																							07x10
Manorbier																							07 17
Penally																							07x23
Tenby																							07 26
																							07 29
Saundersfoot																							07x34
Kilgetty																							07x36
Narberth																							07x45
Whitland	a 00 57			03 11												06 30							07 42
	d 00 57			03 11												06 30							07 42
Carmarthen	a 01 16			03 29												06 46							07 53
	d 02 44						05 04				05 55		06 20		06 49								08 01
Ferryside											06x05	06x30	06x59										08 14
Kidwelly											06x10	06x35	07x04										08x24
Pembrey & Burry Port							05 22				06 17	06 42	07 11										08x30
Llanelli	a 03 06						05 27				06 22	06 47	07 16										08 28
	d 03 06						05 29				06 24	06 48	07 18										08 40
Gowerton											06 30	06 55	07 24										08 30
Swansea	a 03 29										06 43	07 08	07 37										08 36
	d 03 59			04 59	05 29		05 59	06 29			06 48	06 59	07 11	07 29	07 41					07 59			08 49
Llansamlet																							08 54
Skewen																							
Neath				04 11	05 11	05 41		06 11	06 41		07 00	07 11	07 26	07 41	07 52								08 11
Briton Ferry																							08 41
Baglan																							09 06
Port Talbot Parkway				04 19	05 19	05 49	06 02	06 19	06 49		07 08	07 19	07 37	07 49	07 59								08 19
Pyle							06 09				07 15	07 45	08 07										08 49
Maesteg											06 46												09 13
Maesteg (Ewenny Road)											06 48												09 19
Garth (Mid Glamorgan)											06 51												09 22
Tondu											07 00												09 31
Sarn											07 03												09 34
Wildmill											07 05												09 36
Bridgend				04 31	05 32	06 02	06 17	06 32	07 02		07 09	07 23	07 32	07 53	08 02	08 14							09 40
Pencoed							06 23				07 15		08 08		08 20								09 46
Llanharan							06 26				07 30		08 12		08 30								09 50
Pontyclun							06 31				07 22		08 16		08 27								09 54
Cardiff Central	a 04 52			05 52	06 22	06 44	06 52	07 23			07 36	07 46	07 52	08 36	08 22	08 41							10 07
Newport (South Wales)	a 05 07			06 08	06 38	07 05	07 09	07 38			08 03	08 08	08 38	09 04									10 24
Bristol Parkway	a 05 36			06 30	07 00		07 30	08 00			08 30		09 00										10 30
Gloucester	a																						11 20
Manchester Piccadilly	a						10 13				11 13				12 13								13 13
Reading	a			07 13	07 28	07 58	08 32	08 58			09 32		09 57										10 32
London Paddington	a			07 41	07 59	08 30	08 59	09 30			10 01		10 29										11 01

A from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

25 May to 14 December

West Wales, Swansea and Maesteg - Cardiff

	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	GW	GW	AW	AW	AW
	◇	◇	◇	◇	A	◇	◇	◇	◇	◇	B	A	◇	◇	◇	◇	B	C	◇	◇
	⊞	⊞	⊞	⊞		⊞	⊞	⊞			⊞	⊞		⊞	⊞		⊞	⊞	⊞	⊞
Rosslare Harbour	d																08 00			
Fishguard Harbour	a																11 15			
Fishguard & Goodwick	d			07 50												09 53				
Milford Haven	d			07 53												09 56				
Johnston	d							09 08												11 08
Haverfordwest	d							09x16												11x16
Clarbeston Road	d							09 23												11 23
Clunderwen	d			08x11				09x31								10x14				11x31
Pembroke Dock	d			08x19				09x38								10x22				11x38
Pembroke	d			08x35						09x09										10x01
Lamphey	d			08x43						09x17										10x11
Manorbier	d			08x46						09x20										10x24
Penally	d			08x55						09x29										10x24
Tenby	a			09x00						09x34										10x33
Saundersfoot	d			09x03						09x37										10x37
Kilgetty	d			09x08						09x45										10x47
Narberth	d			09x16						09x47										
	d			09x18						09x57										
	d			09x28																
Whitland	a			08 23	09x38			09 44		10x05			10 28							11x07
	d			08 24				09 44		10x05	10x05		10 29							11x08
Carmarthen	a			08 43				10 02		10x23	10x23		10 46							11x26
	d			09 00			09 38	10 04		10x27	10x27					11 09				11x35
Ferryside	d			09x10												11x19				11x35
Kidwelly	d			09x15												11x24				12 05
Pembrey & Burry Port	d			09 21			09 59	10 24		10x47	10x47					11x24				11x35
Llanelli	a			09 27			10 04	10 29		10x53	10x53					11x24				11x35
	d			08 55	09 28		10 06	10 31		10x53	10x53					11 37				12 01
Gowerton	d			09 04	09 35					11x01	11x01					11 44				12 01
Swansea	a			09 22	09 50		10 23	10 48		11x19	11x19					11 56				12 01
	d	09 10	09 29	09 33	09 54		10 29	10 55		11 10			11 29			12 00				12 01
Llansamlet	d	09 17								11 17						12 00				12 01
Skewen	d	09 21								11 21						12 00				12 01
Neath	d	09 25	09 41	09 45	10 06		10 41	11 06		11 25			11 41			12 11				12 01
Briton Ferry	d	09 29								11 28						12 11				12 01
Baglan	d	09 32								11 32						12 11				12 01
Port Talbot Parkway	d	09 36	09 49	09 52	10 13		10 49	11 13		11 36			11 49			12 18				12 01
Pyle	d	09 45		10 01	10 20			11 21		11 44						12 18				12 01
Maesteg	d						10 15			11 15						12 18				13 15
Maesteg (Ewenny Road)	d						10 17			11 17						12 20				13 17
Garth (Mid Glamorgan)	d						10 20			11 20						12 23				13 20
Tondu	d									11 29						12 32				13 29
Sarn	d						10 32			11 32						12 35				13 32
Wildmill	d						10 34			11 34						12 37				13 34
Bridgend	d	09 53	10 02	10 10	10 28		10 38	11 02	11 28	11 38	11 52				12 02				12 31	13 02
Pencoed	d						10 44			11 44						12 47				13 02
Llanharan	d						10 48			11 48						12 51				13 02
Pontyclun	d						10 52			11 52						12 55				13 02
Cardiff Central	a	10 16	10 22	10 33	10 48		11 06	11 23	11 48	12 06	12 15				12 22				13 09	13 22
Newport (South Wales)	a	10 34	10 38		11 08		11 33	11 38	12 08	12 23					12 38				13 08	13 38
Bristol Parkway	a		11 00					12 00							13 00				13 34	13 38
Gloucester	a									13 21									14 00	14 00
Manchester Piccadilly	a			14 14						15 15										14 00
Reading	a		11 58					12 58							13 57				14 57	14 59
London Paddington	a		12 29					13 31							14 29				15 29	15 30

A until 7 September B from 14 September C until 7 September. The Pembroke Coast Express

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

25 May to 14 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	GW	AW	GW
	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
	A	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B
Rosslare Harbour	d																					
Fishguard Harbour	a																					
Fishguard & Goodwick	d					12 43																
Milford Haven	d					12 46																
Johnston	d							13 08										15 08				
Haverfordwest	d							13x16										15x16				
Clarbeston Road	d							13 23										15 23				
Clunderwen	d					13x05		13x31										15x31				
Pembroke Dock	d	11x09												13 09								14x55
Pembroke	d	11x17												13 17								15x05
Lamphey	d	11x20												13x20								15x08
Manorbier	d	11x29												13 29								15x20
Penally	d	11x34												13x34								15x26
Tenby	a	11x37												13 37								15x30
Saundersfoot	d	11x40												13 42								15x35
Kilgetty	d	11x48	11x43											13x50								15x45
Narberth	d	11x50	11x49											13x52								15x47
Whitland	d	12x00	12x01											14x02								15x56
Whitland	a	12x10	12x10				13 17	13 44						14 10				15 44				16x08
Carmarthen	d	12x10	12x11				13 17	13 44						14 11				15 44				16x09
Ferryside	d	12x28	12x28				13 32	13 58						14 28				16 00				16x27
Kidwelly	d	12x32	12x33				13 36	14 05						14 33				16 05				16x31
Pembrey & Burry Port	d	12x51	12x52	13 02			13 32	14 05						14 52	15 03			16 23				16x58
Llanelli	a	12x57	12x58	13x12			13x47	14 04						14 58	15x13			16 28				17x03
Gowerton	d	12x58	12x59	13x17			13x52	14 05						14 58	15x18			16 30	16 47			17x05
Swansea	a	13x19	13x19	13 29	13 29	13 37	13 49	14 00						15 20	15 38			16 36				17x05
Llansamlet	d			13 29	14 00									15 51	15 51			16 49				17x22
Skewen	d			14 29	14 55				15 10					15 29	15 55			16 29	16 58			17x29
Neath	d			14 41	15 06				15 17					15 41	16 06			16 41	17 09			17 18
Briton Ferry	d			14 41	15 06				15 21					15 41	16 06			16 41	17 09			17 22
Baglan	d			14 41	15 06				15 25					15 41	16 06			16 41	17 09			17 26
Port Talbot Parkway	d			14 41	15 06				15 28					15 41	16 06			16 41	17 09			17 29
Pyle	d			14 41	15 06				15 32					15 41	16 06			16 41	17 09			17 33
Maesteg	d			14 33	14 49	15 13			15 36					15 49	16 13			16 49	17 16			17 37
Maesteg (Ewenny Road)	d			14 33	14 49	15 13			15 44					16 21				16 49	17 16			17 45
Garth (Mid Glamorgan)	d			14 15					15 17									16 15				17 15
Tondu	d			14 17					15 19									16 17				17 17
Sarn	d			14 20					15 22									16 20				17 20
Wildmill	d			14 29					15 30									16 29				17 29
Bridgend	d			14 32					15 33									16 32				17 32
Pencoed	d			14 34					15 36									16 34				17 34
Llanharan	d			14 02	14 31	14 38	15 02	15 26	15 39	15 53				16 02	16 28	16 38	17 02	17 31	17 38	17 53		18x02
Pontyclun	d			14 44					15 45					16 02	16 28	16 38	17 02	17 31	17 38	17 53		18x02
Cardiff Central	a			14 48					15 49					16 02	16 28	16 38	17 02	17 31	17 38	17 53		18x02
Newport (South Wales)	a			14 52	15 05	15 09	15 22	15 51	16 06	16 16				16 02	16 49	17 06	17 22	17 52	18 05	18 20		18x22
Bristol Parkway	a			14 38	15 08	15 22	15 38	16 08	16 22	16 32				16 38	17 08	17 25	17 38	18 09	18 22			18x38
Gloucester	a			15 01			16 00		16 14					17 00		18 00		18 00				19x00
Manchester Piccadilly	a			16 19			17 19		17 19							18 18		19 20				19x00
Reading	a			18 15			19 15		19 15							20 13		21 15				19x58
London Paddington	a			15 58			16 58		17 58					17 58		18 58		19 58				20x30
London Paddington	a			16 29			17 29		18 29					18 31		19 29		20 29				20x30

A from 14 September

B until 7 September

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Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

25 May to 14 December

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	AW	AW	AW	GW	AW		AW	AW	AW	AW	AW	AW	GW	AW	AW		AW	AW	AW	AW	AW	AW
	◇ A	◇ A	◇ B	◇	◇ B	◇ B	◇ A	◇ B	◇	◇	◇ B	◇ A	◇ A	◇ B	◇				◇	◇	◇	◇ A	◇ B	
Rosslare Harbour	d																		18 10					
Fishguard Harbour	a																		21 25					
Fishguard & Goodwick	d																		19 02					
Milford Haven	d																		19 05					
Johnston	d																							
Haverfordwest	d																							
Clarbeston Road	d																							
Clunderwen	d																		19x24					
Pembroke Dock	d																							
Pembroke	d																							
Lamphey	d																							
Manorbier	d																							
Penally	d																							
Tenby	a																							
Saundersfoot	d																							
Kilgetty	d																							
Narberth	d																							
Whitland	a																							
Carmarthen	a																							
Ferryside	d																							
Kidwelly	d																							
Pembrey & Burry Port	d																							
Llanelli	a																							
Gowerton	d																							
Swansea	a																							
Llansamlet	d																							
Skewen	d																							
Neath	d																							
Briton Ferry	d																							
Baglan	d																							
Port Talbot Parkway	d																							
Pyle	d																							
Maesteg	d																							
Maesteg (Ewenny Road)	d																							
Garth (Mid Glamorgan)	d																							
Tondu	d																							
Sarn	d																							
Wildmill	d																							
Bridgend	d																							
Pencoed	d																							
Llanharan	d																							
Pontyclun	a																							
Cardiff Central	a																							
Newport (South Wales)	a																							
Bristol Parkway	a																							
Gloucester	a																							
Manchester Piccadilly	a																							
Reading	a																							
London Paddington	a																							

A from 14 September

B until 7 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Sundays

19 May to 8 December

West Wales, Swansea and Maesteg - Cardiff

	AW	GW	AW	GW	AW	AW	GW	AW	AW		GW	AW	AW	AW	AW	AW	GW	AW	GW		AW	AW	AW	GW
		◇	□	◇	A	B	◇	A	B		◇	◇	A	◇	A		□	□	□		◇	◇	□	
	Ⓜ	Ⓜ		Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ	Ⓜ
Rosslare Harbour	d		08 00																					
Fishguard Harbour	a		11 15																					
Fishguard & Goodwick	d	02 17																						12 40
Milford Haven	d	02 22																						12 43
Johnston	d												09 28											11 23
Haverfordwest	d												09x36											11x31
Clarbeston Road	d												09 43											11 38
Clunderwen	d												09x52											11x47
Pembroke Dock	d												09x59											11x54
Pembroke	d																							12 00
Lamphey	d																							12 08
Manorbier	d																							12x11
Penally	d																							12 20
Tenby	a																							12x25
Saundersfoot	d																							11 08
Kilgetty	d																							11 13
Narberth	d																							11x21
Whitland	a	03 12																						11x23
Carmarthen	a	03 12																						11x33
Ferryside	d				08 45	09 34																		12 01
Kidwelly	d												09x50	09x53										12 03
Pembrey & Burry Port	d				09 04	09 52							09x56	09x59										13 00
Llanelli	a				09 10	09 57							10 03	10 06										13 14
Gowerton	d				09 12	09 58							10 09	10 12										12 21
Swansea	a				09 30	10 16							10 10	10 13										13 20
Llansamlet	d				09 30	10 16							10 17	10 20										13 30
Skewen	d				09 30	10 16							10 32	10 36										13x36
Neath	d				07 53								11 18	11 16										13 30
Briton Ferry	d				09 24	09 34							11 04	11 04										13 36
Baglan	d				08 05								11 18	11 16										14 00
Port Talbot Parkway	d				09 04	09 52							10 54	10 55										12 59
Pyle	d				09 12	09 58							10 56	10 57										13 50
Maesteg	d				09 30	10 16							11 04	11 04										14 00
Maesteg (Ewenny Road)	d				09 30	10 16							11 18	11 16										13 58
Garth (Mid Glamorgan)	d				07 53								11 18	11 16										14 16
Tondu	d				09 24	09 34							11 31	11 32										14 24
Sarn	d				08 05								11 31	11 32										14 36
Wildmill	d				09 36	09 45							11 42	11 43										14 36
Bridgend	d				08 12								11 49	11 50										14 44
Pencoed	d				08 12								11 56	11 57										14 56
Llanharan	d				09 43	09 52							12 04	12 05										14 23
Pontyclun	d				09 43	09 52							12 10	12 11										14 27
Cardiff Central	a				09 52	10 07							12 14	12 15										14 31
Newport (South Wales)	a				10 18	10 30							12 19	12 20										14 31
Bristol Parkway	a				10 18	10 30							12 33	12 34										14 48
Gloucester	a				08 47								12 33	12 34										15 07
Manchester Piccadilly	a				09 06								12 53	12 53										15 18
Reading	a				09 35								13 32	13 32										15 32
London Paddington	a				11 00								14 00	14 00										16 01
					14 17								16 14	16 14										18 18
					10 32								15 02	15 02										17 01
					10 59								15 29	15 29										17 29

A until 8 September

B from 15 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Sundays

19 May to 8 December

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	GW	AW	AW	GW	AW	GW	AW	GW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
	Ⓜ	Ⓜ	◇	◇	◇	Ⓜ	Ⓜ	◇	◇	◇	◇	◇	◇	Ⓜ	◇	◇	◇	◇	◇	◇	◇	◇
	Ⓜ	Ⓜ	◇	◇	◇	Ⓜ	Ⓜ	◇	◇	◇	◇	◇	◇	Ⓜ	◇	◇	◇	◇	◇	◇	◇	◇
Rosslare Harbour	d													18 10								
Fishguard Harbour	a													21 25								
Fishguard & Goodwick	d				14 22																23 03	
Milford Haven	d				14 25																23 06	
Johnston	d	13 18					15 13						17 40			19 38			21 35			23 15
Haverfordwest	d	13x24					15x21						17x48			19x46			21x42			23x23
Clarbeston Road	d	13 31					15 28						17 55			19 53			21 50			23 30
Clunderwen	d	13x40			14x44		15x37						18x03			20x01			21x58		23x25	23x39
Pembroke Dock	d	13x47					15x44						18x10			20x08			22x06			23x46
Pembroke	d									16 25						19 01					21 46	
Lamphey	d									16 33						19 09					21 54	
Manorbier	d									16x36						19x12					21x57	
Penally	d									16 45						19 21					22 06	
Tenby	a									16x50						19x26					22x11	
Saundersfoot	d									16 53						19 29					22 14	
Kilgetty	d									16 53						19 29					22 14	
Narberth	d									17x01						19x37					22x22	
Whitland	a	13 54			14 56		15 51			17 21			18 16			19 57	20 14		22 12	22 42	23 37	23 53
Carmarthen	d	13 57			14 57		15 54			17 24			18 16			20 00	20 17		22 13	22 45	23 38	23 53
Ferryside	d	14 15			15 14		16 11			17 42			18 35			20 17	20 36		22 30	23 06	23 54	00 14
Kidwelly	d	14 25	14 58				16 16	16 55		17 47				19 03		20 21			21 15	22 35	23 57	
Pembrey & Burry Port	d				15x51		16x26			17x57						20x31					22x44	
Llanelli	d	14 44	15 18		16 04		16 40	17 15	18 11				19 23			20 45			21 34	22 57		
Gowerton	d	14 50	15 25		16 10		16 46	17 21	18 17				19 29			20 51			21 40	23 03		
Swansea	a	14 51	15 27	15 41	16 10		16 49	17 22	18 18				19 30	20 04		20 52			21 41	23 04		
Llansamlet	d	14 59	15 50	16 16			16 58	18 26					20 11			21 00			21 48	23 12		
Skewen	d	15 16	15 43	16 03	16 35		17 15	17 39	18 46				19 47	20 25		21 19			22 04	23 26		
Neath	d	15 24	15 34	15 51			16 51	17 30	17 51			18 51		19 55	20 40				22 10	23 31		
Briton Ferry	d																					
Baglan	d																					
Port Talbot Parkway	d	15 43	15 52	16 10			17 10	17 48	18 10			19 10		20 14	20 58					22 28	23 50	
Pyle	d	15 59					17 55													22 37	23 58	
Maesteg	d																					
Maesteg (Ewenny Road)	d																					
Garth (Mid Glamorgan)	d																					
Tondu	d																					
Sarn	d																					
Wildmill	d																					
Bridgend	d	15 56	16 07	16 23			17 23	18 03	18 23			19 23		20 28	21 14					22 45	00 07	
Pencoed	d	16 13					18 09															
Llanharan	d	16 17					18 13															
Pontyclun	d	16 22					18 18															
Cardiff Central	a	16 18	16 38	16 45			17 45	18 32	18 45			19 45		20 49	21 37					23 10	00 34	
Newport (South Wales)	a	16 31	16 53	17 01			18 01	18 53	19 01			20 02		21 07						23 36		
Bristol Parkway	a	17 00					18 30		19 30			20 30		21 32								
Gloucester	a																					
Manchester Piccadilly	a	20 16					22 19															
Reading	a	18 01	18 32				19 32	20 32	21 30			22 34										
London Paddington	a	18 29	19 00				20 00	20 59	22 09			23 24										

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line